

IVSM Tidsprogram Lördag 13 november

	60m	400m	1500m	Höjd A	Stav	Kula		
09:00	M45 fö (11)					K50 (13)	09:00	
09:05							09:05	
09:10	M55 fö (11)						09:10	
09:15							09:15	
09:20	K45 Fö (18)				M60-M75 (1+1+1+3)		09:20	
09:25							09:25	
09:30	K35 Final (5)						09:30	
09:35	K40 Final (8)						09:35	
09:40	K55 Final (4)						09:40	
09:45	K60 Final (4)						09:45	
09:50	K65-K70 Final (4+1)						09:50	
09:55	K75-K80 Final (3+1)						09:55	
10:00	M80-M85 Final (3+1)						10:00	
10:05	M50 Final (8)					K35 (7)	10:05	
10:10	M35 Final (4)						10:10	
10:15	M40 Final (8)						10:15	
10:20	K50 Final (5)						10:20	
10:25	M45 Final						10:25	
10:30	M55 Final						10:30	
10:35	K45 Final						10:35	
10:40	M60 Final (8)						10:40	
10:45	M65 Final (6)						10:45	
10:50	M70 Final (6)				K35-K50 (1+2+2+1)		10:50	
10:55	M75 Final (7)					K55-K80 (3+6+2+1+0+1)	10:55	
11:00							11:00	
11:05							11:05	
11:10	Prisutdelning						11:10	
11:15							11:15	
11:20							11:20	
11:25							11:25	
11:30							11:30	
11:35							11:35	
11:40							11:40	
11:45							11:45	
11:50							11:50	
11:55							11:55	
12:00	INVIGNING							12:00
12:05							12:05	
12:10				M65-M75 (3+3+3)		K40 (9)	12:10	
12:15							12:15	
12:20		M35 (2)			M45-M55 (5+2+3)		12:20	
12:25		M40 (7)					12:25	
12:30							12:30	
12:35		M45 (7)					12:35	
12:40							12:40	
12:45		M50 (4)					12:45	
12:50		M55 (6)					12:50	
12:55							12:55	
13:00		M60 (8)					13:00	
13:05							13:05	
13:10		M65 (3)				M70-M85 (6+5+1+1)	13:10	
13:15		M70 (4)					13:15	
13:20		M80 (3)					13:20	
13:25							13:25	
13:30		K35-K40 (2+2)					13:30	
13:35		K45 (6)					13:35	
13:40							13:40	
13:45		K50-K55 (2+2)					13:45	
13:50		K60 (2)					13:50	
13:55		K65 (4)					13:55	
14:00		K75 (3)		M40-M45 (4+5)			14:00	
14:05		K80 (2)					14:05	
14:10		M75 (4)					14:10	

14:15	Prisutdelning						14:15
14:20						K45 (11)	14:20
14:25							14:25
14:30							14:30
14:35							14:35
14:40							14:40
14:45							14:45
14:50	Stafett 4x200m						14:50
14:55	K35-K50						14:55
15:00							15:00
15:05	K55-K80						15:05
15:10							15:10
15:15	M35-M50						15:15
15:20							15:20
15:25	M55-M80						15:25
15:30				K35+M50-M60 (1+1+4+3)		M35+M45 (1+12)	15:30
15:35							15:35
15:40							15:40
15:45							15:45
15:50							15:50
15:55							15:55
16:00	Prisutdelning						16:00
16:05							16:05
16:10							16:10
16:15							16:15
16:20			M35 (7)				16:20
16:25							16:25
16:30			M40 (8)				16:30
16:35							16:35
16:40			M45 B-heat (12*)			M50 (12)	16:40
16:45							16:45
16:50			M45 A-heat				16:50
16:55							16:55
17:00			M50 (8)				17:00
17:05							17:05
17:10			M55 (6)				17:10
17:15					K60-K75 (3+1+0+2)		17:15
17:20			M60 (5)				17:20
17:25							17:25
17:30			M65 (3)				17:30
17:35							17:35
17:40			M70 (5)				17:40
17:45						M40+M55 (6+10)	17:45
17:50			M75-M80 (3+3)				17:50
17:55							17:55
18:00			K35-K45 (1+1+4)				18:00
18:05							18:05
18:10			K50-K55 (4+3)				18:10
18:15							18:15
18:20			K60-K80 (2+2+1+1)				18:20
18:25	Prisutdelning						18:25
18:30							18:30
18:35							18:35
18:40					K40-K50 (2+5)		18:40
18:45							18:45
18:50						M60-M65 (6+7)	18:50
18:55							18:55
19:00							19:00
19:05							19:05
19:10							19:10
19:15							19:15
19:20							19:20
19:25							19:25
19:30	Prisutdelning						19:30