

M 60m

60m - WR			
M 35	6.47	Kim Collins SKN 38	17/02/15 Łódz, POL
M 40	6.56	Kim Collins SKN 40	01/02/17 Düsseldorf, GER
M 45	6.97	Mario Longo ITA 45	09/01/10 Ancona, ITA
M 50	7.04	Mario Longo ITA 51	29/03/16 Ancona, ITA
M 55	7.34	William Collins USA 55	18/03/06 Linz, AUT
M 60	7.52	Oscar Peyton USA 60	23/03/13 Landover, USA
M 65	7.69	William Collins USA 65	05/03/16 Albuquerque, USA
M 70	8.09	Glyn Sutton GBR 70	23/01/16 Ancona, ITA
M 75	8.44	Robert Lida USA 77	13/01/14 Wichita, USA
M 80	8.88	Melvin Larsen USA 80	05/03/05 Ames, USA
M 85	9.77	Hiroo Tanaka JPN 86	21/03/17 Daegu, KOR
M 90	10.91	Vittorio Colo ITA 90	02/02/02 Torino, ITA
M 95	14.09	Pekka Penttilä FIN 95	27/03/19 Toruń, POL
M100	17.52	Giuseppe Ottaviani ITA 100	20/05/16 Ancona, ITA

60m - SR				
M 35	6.83	Stefan Tärnhuvud-85	2020-02-22	Växjö
M 40	6.92	Lion Martinez-78	2019-03-26	Torun, POL
M 45	7.16	Mattias Sunneborn-70	2015-03-24	Torun, POL
M 50	7.40	Mattias Sunneborn-70	2020-01-25	Malmö
M 55	7.75	Jörgen Åberg-62	2020-01-11	Varberg
M 60	7.79	Jan Erlandsson-58	2020-02-29	Malmö
M 65	8.27	Curt Carlsson-32	1998-02-08	Eskilstuna
M 70	8.64	Lars Wennblom-34	2004-02-07	Västerås
M 75	9.03	Arnold Mullaert-24	1999-03-05	Malmö
M 80	9.34	Lars Wennblom-34	2014-01-11	Sätra
M 85	10.37	Herbert Liedtke-16	2001-01-21	Sätra
M 90	10.96	Herbert Liedtke-16	2006-03-18	Linz AUT

M 200m

200m - WR			
M 35	20.59	Douglas Turner GBR 35	17/02/02 Birmingham, GBR
M 40	21.71	Darren Scott GBR 40	07/02/10 Birmingham, GBR
M 45	22.52	Darren Scott GBR 46	27/03/15 Toruń, POL
M 50	22.99	William Collins USA 51	30/03/02 (null)
M 55	23.36	William Collins USA 55	16/03/06 Linz, AUT
M 60	24.32	William Collins USA 60	06/03/11 Albuquerque, USA
M 65	24.94	William Collins USA 65	06/03/16 Albuquerque, USA
M 70	26.11	Charles Allie USA 71	29/03/19 Toruń, POL
M 75	27.64	Robert Lida USA 75	05/04/12 Jyväskylä, FIN
M 80	29.15	Robert Lida USA 80	23/03/17 Daegu, KOR
M 85	33.76	Hiroo Tanaka JPN 86	23/03/17 Daegu, KOR
M 90	40.19	Herbert Müller GER 90	09/02/20 Düsseldorf, GER
M 95	54.77	Charles Eugster GBR 95	27/03/15 Toruń, POL
M100	1:40.94	Orville Rogers USA 100	18/03/18 Landover, USA

200m - SR				
M 35	21.11	Johan Wissman -82	2017-02-26	Växjö
M 40	22.27	Mattias Sunneborn-70	2014-03-28	Budapest HUN
M 45	22.80	Mattias Sunneborn-70	2015-02-07	Göteborg
M 50	23.46	Mattias Sunneborn-70	2021-03-13	Torun POL
M 55	24.93	Jörgen Åberg-62	2019-12-14	Malmö
M 60	26.58	Uno Niklasson-44	2005-02-13	Bollnäs
M 65	27.36	Göte Lindblad-23	1991-03-16	Göteborg
M 70	28.69	Bertil Hedström-34	2004-02-08	Västerås
M 75	29.95	Göte Lindblad-23	1999-03-07	Malmö
M 80	31.84	Lars Wennblom-34	2014-11-29	Örebro
M 85	36.19	Herbert Liedtke -16	2001-02-11	Bollnäs
M 90	39.63	Herbert Liedtke -16	2006-03-15	Linz AUT

M 400m

400m - WR			
M 35	47.45	Pierre-Marie Hilaire FRA 35	16/02/01 Lievin, FRA
M 40	48.95	Enrico Saraceni ITA 43	22/03/08 Clermont-Ferrand, FRA
M 45	49.89	Fred Sowerby USA 45	29/01/94 New York, USA
M 50	51.73	Roland Gröger GER 52	25/03/17 Daegu, KOR
M 55 a	53.20	Alston Brown JAM 55	21/03/04 New York, USA
M 55 b	53.20	Charles Allie USA 56	21/03/04 New York, USA
M 60	55.62	Harold Morioka CAN 60	29/03/03 Boston, USA
M 65	56.63	Guido Müller GER 65	02/08/04 Fürth, GER
M 70	59.43	Charles Allie USA 70	23/03/18 New York, USA
M 75	1:03.12	Guido Müller GER 75	02/03/14 Fürth, GER
M 80	1:10.20	Robert Lida USA 80	25/03/17 Daegu, KOR
M 85	1:20.65	Radnaa Tseren MGL 85	26/03/19 Toruń, POL
M 90	1:30.75	Earl Fee CAN 90	23/03/19 Grinnell, USA
M 95	2:24.51	Orville Rogers USA 95	22/03/13 Landover, USA
M100	4:16.90	Orville Rogers USA 100	16/03/18 Landover, USA

400m - SR				
M 35	47.89	Johan Wissman -82	2017-02-11	Baerum NOR
M 40	49.57	Mattias Sunneborn-70	2014-03-30	Budapest HUN
M 45	50.95	Mattias Sunneborn-70	2015-01-24	Malmö
M 50	52.35	Mattias Sunneborn-70	2021-03-13	Torun POL
M 55	56.78	Mats Olsson-65	2020-02-29	Malmö
M 60	1:01.16	Tor Trondset-35	1997-03-23	Göteborg
M 65	1:03.74	Kenneth Ivehag -43	2008-03-02	Reykjavik ISL
M 70	1:07.58	Anthony Treacher*-39	2010-02-13	Bollnäs
M 75	1:09.59	Göte Lindblad -23	1999-03-07	Malmö
M 80	1:14.41	Tor Trondset-35	2015-03-07	Borås
M 85	1:29.29	Herbert Liedtke-16	2001-01-21	Sätra
M 90	1:42.33	Herbert Liedtke -16	2006-03-05	Malmö

M 800m

800m - WR			
M 35	1:48.92	Nico Motchebon GER 35	29/01/05 Stuttgart, GER
M 40	1:48.81	Johnny Gray USA 40	02/03/01 Atlanta, USA
M 45	1:52.96	Anthony Whiteman GBR 45	11/02/17 Sheffield, GBR
M 50	1:59.62	Anselm LeBourne USA 52	28/01/12 Boston, USA
M 55	2:06.87	Joaquin Joyas Albertus ESP 55	09/02/14 Sabadell, ESP
M 60	2:11.20	Anselm LeBourne USA 60	28/02/20 New York, USA
M 65	2:16.65	Joe Gough IRL 65	22/02/18 Dublin, IRL
M 70	2:20.45	Earl Fee CAN 70	28/03/99 Boston, USA
M 75	2:32.47	Earl Fee CAN 75	28/03/04 Boston, USA
M 80	2:52.57	Earl Fee CAN 81	28/03/10 Boston, USA
M 85	3:08.06	Manuel Alonso Domingo ESP 85	21/03/21 Madrid, ESP
M 90	3:42.52	Earl Fee CAN 90	23/03/19 Grinnell, USA
M 95	5:42.52	Antonio Nacca ITA	95 24/02/19 Ancona, ITA
M100	9:56.44	Orville Rogers USA	100 18/03/18 Landover, USA

800m - SR				
M 35	1.50.72	Rizak Dirshe-72	2009-02-22	Karlskrona
M 40	1.55.7m	Birger Ohlsson-68	2009-01-22	New York USA
M 45	2.01.14	Gunnar Durén-63	2012-04-04	Jyväskylä FIN
M 50	1.59.99	Gunnar Durén-63	2013-02-21	Stockholm
M 55	2.10.43	Anders Toll-61	2019-03-28	Torun, POL
M 60	2.22.89	Hans Södergren-51	2012-02-12	Malmö
M 65	2.27.17	Kenneth Ivehag-43	2008-04-05	Örebro
M 70	2.33.26	Magnus Säveros-46	2016-03-06	Bollnäs
M 75	2.47.35	Rune Bergman-24	2000-03-11	Göteborg
M 80	3.08.88	Rune Bergman-24	2005-03-13	Eskilstuna
M 85	3.30.95	Holger Josefsson-18	2004-02-08	Västerås

M 1500m

1500m - WR			
M 35	3:35.49	Bernard Lagat USA 35	20/02/10 Birmingham, GBR
M 40	3:40.20	Bernard Lagat USA 40	14/02/15 New York, USA
M 45	3:54.94	Anthony Whiteman GBR 45	07/02/17 Sheffield, GBR
M 50	4:07.01	Sean Wade USA 50	28/02/16 Boston, USA
M 55	4:13.77	Anselm LeBourne USA 55	01/03/15 Boston, USA
M 60	4:26.62	Brian Lynch IRL 60	30/03/14 Budapest, HUN
M 65	4:43.01	Cees Stolwijk NED 65	14/02/15 Apeldorn, NED
M 70	4:53.53	Cees Stolwijk NED 70	01/02/20 Apeldorn, NED
M 75	5:20.04	Edward Whitlock CAN 75	17/02/07 Toronto, CAN
M 80	5:47.84	Jean-Louis Esnault FRA 80	21/02/20 Nantes, FRA
M 85	6:28.30	Manuel Domingo ESP 85	27/03/21 Madrid, ESP
M 90	8:33.37	Antonio Nacca ITA 90	08/03/14 Ancona, ITA
M95	10:55.35	Antonio Nacca ITA 95	23/02/19 Ancona, ITA
M100	20:00.91	Orville Rogers USA 100	17/03/18 Landover, USA

1500m - SR				
M 35	3.41.57	Rizak Dirshe-72	2007-02-03	Stuttgart GER
M 40	3.57.28	Bill Krohn-58	1999-01-23	Sätra
M 45	4.10.15	Sören Persson-65	2010-01-24	Karlstad
M 50	4.12.61	Gunnar Durén-63	2014-03-30	Budapest HUN
M 55	4.24.99	William Krohn-58	2013-03-24	Huddinge
M 60	4.36.9m	Håkan Eriksson-61	2021-10-24	Falun
M 65	4.55.25	Rune Bergman-24	1992-03-22	Örebro
M 70	5.10.19	Magnus Säveros-46	2016-03-05	Bollnäs
M 75	5.34.06	Åke Kant-25	2000-02-05	Sätra
M 80	6.29.95	Rune Bergman -24	2005-03-13	Eskilstuna
M 85	7.18.32	Holger Josefsson-18	2004-02-07	Västerås

M 3000m

3000m - WR			
M 35	7:34.71	Bernard Lagat USA 38	02/02/13 Karlsruhe, GER
M 40	7:37.92	Bernard Lagat USA 40	25/02/15 Metz, FRA
M 45	8:22.54	Davide Raineri ITA 47	31/01/21 Padona, ITA
M 50	8:43.63	Sean Wade USA 50	13/02/16 Boston, USA
M 55	8:58.7	Gunther Hasselmann GER 55	14/12/80 Dortmund, GER
M 60	9:41.24	Thomas Hughes IRL 60	08/03/20 Athlone, IRL
M 65	10:02.56	Cees Stolwijk NED 65	23/03/15 Toruń, POL
M 70	10:41.80	Cees Stolwijk NED 70	08/02/20 Apeldorn, NED
M 75	11:17.21	Edward Whitlock CAN 75	03/03/07 Toronto, CAN
M 80	12:00.88	Edward Whitlock CAN 80	19/03/11 Kamloops, CAN
M 85	13:41.96	Edward Whitlock CAN 85	19/03/16 Kamloops, CAN
M 90	18:06.97	Antonio Nacca ITA 90	08/03/14 Ancona, ITA
M 95	22:52.15	Antonio Nacca ITA 95	22/02/19 Ancona, ITA

3000m - SR				
M 35	7.49.27	Erik Sjöqvist-72	2007-02-20	Stockholm
M 40	8.28.56	Fredrik Uhrbom-77	2017-01-28	Norrköping
M 45	8.54.89	Göran Sander-67	2012-02-04	Göteborg
M 50	9.13.18	Stig Jonsson-43	1994-02-13	Örebro
M 55	9.21.11	Håkan Eriksson -61	2019-11-16	Örebro
M 60	9.56.66	Svenn Eriksen-34	1994-03-05	Göteborg
M 65	10.17.02	Rune Bergman-24	1990-03-17	Göteborg
M 70	11.05.23	Rune Bergman-24	1994-03-05	Göteborg
M 75	11.48.60	Anders Hansson-44	2019-03-31	Örebro
M 80	13.43.00	Greger Ahnlund-39	2019-02-03	Malmö
M 85	15.45.20	Gunnar Nilsson -33	2018-03-02	Västerås

M 60m häck

60m Häck - WR			
M 35	7.40	Colin Jackson GBR 35	02/03/02 Wien, AUT
M 40	7.85	Vincent Clarico FRA 40	19/03/06 Linz, AUT
M 45	8.15	Derek Pye USA 49	18/02/17 Albuquerque, USA
M 50	8.24	Derek Pye USA 50	17/03/18 Landover, USA
M 55	8.56	Karl Smith JAM 57	18/02/17 Albuquerque, USA
M 60	8.85	Courtland Gray USA 60	10/03/04 Sindelfingen, GER
M 65	9.17	Tyrone Brown USA 65	27/03/10 Boston, USA
M 70	9.44	Tyrone Brown USA 70	21/03/15 Winston-Salem, USA
M 75	10.09	Melvin Larsen USA 76	19/01/01 Ames, USA
M 80	10.86	Anthony Bowman GBR 80	12/03/16 London, GBR
M 85	13.16	Bruno Sobrero ITA 85	19/03/06 Linz, AUT
M 90	15.84	Ralph Maxwell USA 90	26/03/10 Boston, USA

60m Häck - SR				
M 35	7.56	Robert Kronberg-76	2011-08-19	Göteborg
M 40	8.03	Robert Kronberg-76	2016-06-06	Lerum
M 45	8.47	Mattias Sunneborn-70	2015-02-07	Göteborg
M 50	8.89	Mattias Sunneborn-70	2020-02-15	Sätra
M 55	9.42	Ulf Sjöberg-61	2016-02-07	Nyköping
M 60	9.66	Jan Söderström -42	2006-03-19	Linz AUT
M 65	9.43	Jan Söderström -42	2009-01-18	Sätra
M 70	9.98	Jan Söderström -42	2012-01-28	Huddinge
M 75	10.62	Jan Söderström -42	2018-01-14	Sätra
M 80	11.82	Tor Trondset-35	2015-02-14	Nyköping
M 85	15.79	Axel Magnusson-21	2007-03-25	Helsingfors FIN

M Höjdhopp

Höjdhopp - WR			
M 35	2.30	Dragutin Topić SRB 36	07/02/08 Novi Sad, SBR
M 40 a	2.10	Dwight Stones USA 40	25/03/94 Columbia, USA
M 40 b	2.10	Dalton Grant GBR 41	05/02/08 Bánska Bystrica, SLO
M 45	2.04	Dennis Lewis USA 46	11/02/06 Ypsilanti, USA
M 50	2.00	Thomas Zacharas GER 50	02/03/97 Birmingham, GBR
M 55	1.88	Bruce McBarnette USA 55	23/03/13 Landover, USA
M 60	1.78	Oleg Fedorko UKR 63	19/03/18 Madrid, ESP
M 65	1.68	Dušan Prezelj SLO 66	22/02/15 Istanbul, TUR
M 70	1.59	Carl-Erik Särndal SWE 71	27/03/09 Ancona, ITA
M 75	1.52	Carl-Erik Särndal SWE 75	20/01/13 Malmö, SWE
M 80	1.40	Carl-Erik Särndal SWE 81	03/03/19 Malmö, SWE
M 85	1.22	Nils-Bertil Nevrup SWE 85	07/04/12 Jyväskylä, FIN
M 90	1.07	Emmerich Zensch AUT 90	06/03/10 Kamloops, CAN
M 95	0.96	Leland McPhie USA 95	22/03/09 Landover, USA

Höjdhopp - SR				
M 35	2.23	Stefan Karlsson -58	1993-02-21	Malmö
M 40	2.03	Stefan Holm-76	2016-02-06	Karlstad
M 45	1.94	Ola Carlsson-75	2020-02-09	Antequera ESP
M 50	1.84	Stefan Karlsson -58	2008-02-10	Huddinge
M 55	1.74	Peter Höglund-59	2014-03-22	Örebro
M 60	1.63	Mats Nagle-60	2020-01-06	Eskilstuna
M 65	1.59	Carl-Erik Särndal-37	2005-02-27	Sätra
M 70	1.59	Carl-Erik Särndal-37	2009-03-27	Ancona, ITA
M 75	1.52	Carl-Erik Särndal-37	2013-01-20	Malmö
M 80	1.40	Carl-Erik Särndal-37	2019-03-03	Malmö
M 85	1.22	Nils-Bertil Nevrup-26	2012-04-07	Jyväskylä, FIN
M 90	1.02	Axel Magnusson-21	2011-02-19	Helsingborg

M Stavhopp

Stavhopp - WR			
M 35	5.90	Björn Otto GER 35	30/01/13 Cottbus, GER
M 40	5.36	Patrick Manson USA 40	04/01/08 Reno, USA
M 45	5.14	Paul Babits USA 47	24/02/08 Fort Wayne, USA
M 50	4.75	Paul Babits USA 52	23/02/13 Fort Wayne, USA
M 55	4.52	Paul Babits USA 55	04/09/16 Fort Wayne, USA
M 60	4.16	Wolfgang Ritte GER 62	31/01/15 Ludwigshafen, GER
M 65	3.96	Wolfgang Ritte GER 65	20/03/18 Madrid, ESP
M 70	3.35	Arthur Parry USA 70	28/08/16 Fort Collins, USA
M 75	3.00	Zoltan Kurunczi HUN 75	27/03/14 Budapest, HUN
M 80	2.77	Donald Isett USA 80	17/01/20 Reno, USA
M 85	2.44	William Bell Sr USA 85	23/03/07 Boston, USA
M 90	1.82	Donald Pellmann USA 90	04/09/05 Fort Collins, USA

Stavhopp - SR				
M 35	5.55	Oscar Jansson-75	2010-02-02	Göteborg
M 40	5.23	Oscar Jansson-75	2017-02-26	Växjö
M 45	5.07	Oscar Jansson-75	2020-02-23	Växjö
M 50	4.18	Hans Lagerqvist-40	1994-02-09	Solna
M 55	4.20	Hans Lagerqvist-40	1997-03-22	Göteborg
M 60	3.50	Hans Lagerqvist-40	2000-03-18	Sätra
M 65	3.22	Hans Lagerqvist-40	2008-03-20	Clermont FRA
M 70	3.05	Hans Lagerqvist-40	2010-03-05	Kamloops CAN
M 75	2.74	Inge Hermansson-45	2020-02-16	Sätra
M 80	2.61	Lars Wennblom-34	2014-01-11	Sätra
M 85	2.20	Olaf Johansson-26	2011-02-06	Göteborg

M Längdhopp

Längdhopp - WR			
M 35	7.98	Bogdan Tudor ROU 35	13/02/05 Bucharest, ROU
M 40	7.59	Mattias Sunneborn SWE 42	03/02/13 Stockholm, SWE
M 45	6.98	Antonio Palacios USA 46	15/12/12 Chicago, USA
M 50	6.75	Gianni Becatti ITA 51	28/02/15 Ancona, ITA
M 55	6.34	Stig Bäcklund FIN 55	19/03/95 Oulu, FIN
M 60	5.93	Adrian Neagu ROU 60	29/03/14 Budapest, HUN
M 65	5.48	Klemens Grißmer GER 65	24/03/17 Daegu, KOR
M 70	5.22	Vladimir Popov RUS 71	20/03/04 Moscow, RUS
M 75	4.70	Wolfgang Reuter GER 75	11/03/05 Eskilstuna, SWE
M 80	4.09	Robert Hewitt USA 80	08/03/14 Boston, USA
M 85	3.60	Aate Lehtimäki FIN 85	12/02/05 Jyväskylä, FIN
M 90	3.15	Max Springer USA 90	26/03/04 Boston, USA
M 95	2.05	Emmerich Zensch AUT 95	24/03/15 Toruń, POL
M 100	1.16	Giuseppe Ottaviani ITA 100	25/02/17 Ancona, ITA

Längdhopp - SR				
M 35	7.40	Mattias Sunneborn-70	2008-02-03	Sätra
M 40	7.59	Mattias Sunneborn-70	2013-02-03	Sätra
M 45	6.77	Mattias Sunneborn-70	2015-03-26	Torun POL
M 50	6.02	Mattias Sunneborn-70	2020-02-28	Malmö
M 55	6.05	Anders Olsson-56	2011-03-18	Gent BEL
M 60	5.76	Anders Olsson-56	2016-04-01	Ancona ITA
M 65	4.99	Sture Holmberg -51	2018-03-25	Örebro
M 70	4.62	Lars Wennblom -34	2004-03-20	Drammen NOR
M 75	4.13	Tord Trondset -35	2010-02-13	Bollnäs
M 80	3.91	Tor Trondset-35	2015-01-10	Sätra
M 85	3.71	Bure Elfström -31	2016-01-30	Malmö
M 90	2.61	Axel Magnusson-21	2011-01-14	Lund

M Tresteg

Tresteg - WR			
M 35	17.44	Jonathan Edwards GBR 36	21/02/03 Birmingham ,GBR
M 40	17.13	Fabrizio Donato ITA 40	05/03/17 Belgrade, SRB
M 45	14.82	Milan Tiff USA 46	26/02/95 Reno, USA
M 50	14.11	Wolfgang Knabe GER 50	23/01/10 Hannover, GER
M 55	13.49	Wolfgang Knabe GER 55	28/02/15 Erfurt, GER
M 60	12.53	Stig Bäcklund FIN 60	13/11/99 Porvoo, FIN
M 65	11.93	Klemens Grißmer GER 66	21/03/18 Madrid, ESP
M 70	10.88	Pertti Ahomäki FIN 70	02/04/16 Ancona, ITA
M 75	9.69	Stig Bäcklund FIN 75	08/03/15 Jyväskylä, FIN
M 80	8.65	Edwin Lukens USA 81	30/03/03 Boston, USA
M 85	7.72	Aatos Sainio FIN 85	30/01/11 Tampere, FIN
M 90	6.52	Vittorio Colo ITA 91	08/03/03 San Sebastian, ESP
M 95	5.31	Emmerich Zensch AUT 95	27/03/15 Toruń, POL
M 100	2.18	Giuseppe Ottaviani ITA 101	21/03/18 Madrid, ESP

Tresteg - SR				
M 35	16.97	Arne Holm-61	1996-02-22	Borlänge
M 40	14.73	Mattias Sunneborn-70	2013-02-10	Karlskrona
M 45	13.78	Mattias Sunneborn-70	2015-02-14	Nyköping
M 50	13.12	Mattias Sunneborn-70	2020-02-07	Uppsala
M 55	11.47	Vaclav Bartl-26	1985-03-16	Malmö
M 60	11.39	Vaclav Bartl-26	1987-03-07	Göteborg
M 65	10.10	Gunnar Ekstedt -43	2008-01-20	Sätra
M 70	9.99	Vaclav Bartl-26	1996-03-23	Göteborg
M 75	9.03	Werner Magnusson-34	2009-02-15	Huddinge
M 80	7.54	Werner Magnusson-34	2014-02-07	Huddinge
M 85	6.32	Wiktor Burgren-12	1998-03-07	Göteborg
M 90	4.47	Axel Magnusson-21	2011-02-19	Helsingborg

M Kula

Kula - WR			
M 35 7.26k	21.04	Gheorghe Guset ROU 36	18/02/06 Bucharest, ROU
M 40 7.26k	20.07	Brian Oldfield USA 40	17/01/86 Los Angeles, USA
M 45 7.26k	20.40	Ivan Ivancic YUG 45	20/02/83 Budapest, HUN
M 50 6k	17.98	Yngve Wahlander SWE 51	24/01/10 Borås, SWE
M 55 6k	16.02	Patrick Chala FRA 59	02/02/08 Eaubonne, FRA
M 60 5k	16.80	Patrick Chala FRA 61	27/03/09 Ancona, ITA
M 65 5k	15.83	Quenton Torbert USA 65	05/02/17 Colorado Springs, USA
M 70 4k	15.39	Gerald Vaughn USA 70	26/02/06 Colorado Springs, USA
M 75 4k	14.48	Karl-Heinz Marg GER 75	26/03/14 Budapest, HUN
M 80 3k	13.68	Leo Saarinen FIN 80	20/03/10 Jyväskylä, FIN
M 85 3k	12.50	Östen Edlund SWE 85	11/01/20 Sätra, SWE
M 90 3k	9.68	Toimi Ahvenjärvi FIN 90	06/04/12 Jyväskylä, FIN
M 95 3k	6.90	Leland McPhie USA 95	21/03/09 Landover, USA
M100 3k	4.43	Giuseppe Ottaviani ITA 100	20/05/16 Ancona, ITA

Kula - SR				
M 35 7.26k	19.16	Sören Tallhem-64	2000-02-12	Sätra
M 40 7.26k	15.44	Stig-Lennart Eriksson-41	1984-02-05	Göteborg
M 45 7.26k	16.07	Bengt Petersson-61	2010-02-28	Sätra
M 50 6k	17.98	Yngve Wahlander-58	2010-01-24	Borås
M 55 6k	15.76	Bengt Petersson-61	2018-01-13	Sätra
M 60 5k	14.89	Torsten von Wachenfeldt-27	1989-03-04	Malmö
M 65 5k	14.70	Torsten von Wachenfeldt-27	1992-02-15	Lund
M 70 4k	14.39	Torsten von Wachenfeldt-27	1998-03-21	Karlstad
M 75 4k	13.62	Bernhard Karlsson-33	2008-04-05	Örebro
M 80 3k	13.16	Östen Edlund-34	2014-11-29	Huddinge
M 85 3k	12.50	Östen Edlund-34	2020-01-11	Sätra
M 90 3k	8.00	Axel Magnusson-21	2011-01-29	Malmö
M 95 3k	6.32	Gunnar Kulleskog-23	2018-03-04	Västerås

M Vikt

Vikt - WR				
M 35	15.88k	24.21	Lance Deal USA 36	28/02/98 Atlanta, USA
M 40	15.88k	22.52	Edward Burke USA 43	08/01/84 (null)
M 45	15.88k	19.58	Harold Connolly USA 45	08/01/77 Nampa, USA
M 50	11.34k	22.10	Stephen Whyte GBR 50	27/03/14 Budapest, HUN
M 55	11.34k	19.79	James Wetenhall USA 55	14/02/10 Toronto, CAN
M 60	9.08k	22.82	Thomas Gage USA 60	26/03/04 Boston, USA
M 65	9.08k	19.33	George Mathews USA 65	23/01/09 Pullman, USA
M 70	7.26k	21.08	Lawrence Hart USA 71	17/02/17 Albuquerque, USA
M 75	7.26k	19.38	Edward Burke USA 76	04/03/16 Albuquerque, USA
M 80	5.45k	17.51	Östen Edlund SWE 80	29/11/14 Huddinge, SWE
M 85	5.45k	15.75	Östen Edlund SWE 85	18/12/19 Sollentuna, SWE
M 90	5.45k	10.98	Howard West CAN 90	28/03/03 Saskatoon, CAN
M 95	5.45k	7.11	Trent Lane USA 96	18/02/07 Baton Rouge, USA
M100	5.45k	5.10	Everett Hosack USA 100	22/03/02 Boston, USA

Vikt - SR				
M 35	15.88k	19.78	Robert Alneroth-84	2019-03-11 Gävle
M 40	15.88k	16.68	Håkan Öberg-61	2001-02-07 Nyköping
M 45	15.88k	16.59	Mikael Leindahl-65	2012-02-12 Huddinge
M 50	11.34k	20.38	Mikael Leindahl-65	2015-01-31 Sätra
M 55	11.34k	17.62	Kenneth Jansson-49	2004-02-07 Västerås
M 60	9.08k	19.56	Kenneth Jansson-49	2009-02-15 Huddinge
M 65	9.08k	18.64	Peter Hackenschmidt-43	IK 2012-02-12 Huddinge
M 70	7.26k	19.56	Peter Hackenschmidt-43	2014-02-08 Huddinge
M 75	7.26k	17.51	Peter Hackenschmidt-43	2018-02-17 Borås
M 80	5.45k	18.76	Östen Edlund-34	2014-02-07 Huddinge
M 85	5.45k	16.15	Östen Edlund-34	2019-01-13 Sätra
M 90	5.45k	8.64	Idolf Sandahl-20	2010-02-14 Bollnäs
M 95	5.45k	6.49	Gunnar Kulleskog-23	2018-01-30 Sätra

K 60m

60m - WR			
K 35	7.01	Merlene Ottey JAM 38	21/02/99 Lievin, FRA
K 40	7.17	Merlene Ottey SLO 42	07/03/03 Linz, AUT
K 45	7.30	Merlene Ottey SLO 46	09/02/07 Leipzig, GER
K 50	8.03	Renee Shepherd USA 50	08/03/15 New York, USA
K 55	8.01	Nicole Barilly Alexis FRA 55	25/03/15 Toruń, POL
K 60	8.56	Karla Del Grande CAN 60	19/01/14 Toronto, CAN
K 65	8.80	Ingrid Meier GER 65	04/04/12 Jyväskylä, FIN
K 70	9.21	Kathy Bergen USA 70	27/03/10 Boston, USA
K 75	9.40	Carol LaFayette-Boyd CAN 75	10/02/18 Regina, CAN
K 80	10.02	Kathy Bergen USA 80	16/02/20 Houston, USA
K 85	12.28	Irene Obera USA 85	27/03/19 Toruń, POL
K 90	15.14	Olga Kotelko CAN 91	02/03/10 Kamloops, CAN
K 95	16.53	Olga Kotelko CAN 95	26/03/14 Budapest, HUN
W100	24.79	Julia Hawkins USA 102	17/03/18 Landover, USA

60m - SR				
K 35	7.34	Susanna Kallur-81	2016-02-27	Malmö
K 40	8.02	Anna Björkstедt-78	2019-03-27	Torun POL
K 45	8.03	Helen Hermundstad-73	2019-03-27	Torun POL
K 50	8.23	Annelie Bergsjö -69	2019-01-12	Sätra
K 55	8.94	Anna-Lena Lööw-65	2020-01-11	Bollnäs
K 60	9.34	Asta Larsson-31	1992-02-29	Solna
K 65	9.34	Asta Larsson-31	1997-02-01	Malmö
K 70	9.76	Barbro Bobäck-44	2014-02-08	Huddinge
K 75	10.30	Barbro Bobäck-44	2019-03-02	Malmö
K 80	11.68	Gunni Svensson-20	2000-02-06	Lund
K 85	12.57	Nora Wedemo-13	2001-12-21	Sätra

K 200m

200m - WR			
K 35	22.59	Allyson Felix USA 35	21/02/21 Fayetteville, USA
K 40	23.93	Merlene Ottey SLO 42	28/01/03 Wien, AUT
K 45	25.44	Maryvonne Icarre FRA 45	09/01/11 Faubonne, FRA
K 50	25.94	Maryvonne Icarre FRA 50	01/04/16 Ancona, ITA
K 55	26.13	Nicole Barilly Alexis FRA 55	27/03/15 Toruń, POL
K 60	28.23	Karla Del Grande CAN 61	28/03/14 Budapest, HUN
K 65	29.73	Karla Del Grande CAN 66	29/03/19 Toruń, POL
K 70	31.86	Kathy Bergen USA 72	18/03/12 Bloomington, USA
K 75	32.26	Carol LaFayette-Boyd CAN 76	10/03/19 Edmonton, CAN
K 80	35.66	Kathy Bergen USA 80	16/02/20 Houston, USA
K 85	44.18	Irene Obera USA 85	29/03/19 Toruń, POL
K 90	1:00.72	Olga Kotelko CAN 91	03/03/10 Kamloops, CAN
K 95	1:14.14	Olga Kotelko CAN 95	28/03/14 Budapest, HUN

200m - SR				
K 35	24.06	Lena Aruhn-70	2005-02-13	Malmö
K 40	26.42	Helene Bourdin -80	2020-03-01	Malmö
K 45	26.39	Helen Hermundstad-73	2019-03-29	Torun POL
K 50	27.46	Katja Berend*-62	2016-03-12	Örebro
K 55	29.78	Ulla Littenheim-47	2003-02-22	Göteborg
K 60	31.10	Lilly Wizén-55	2015-03-27	Torun, POL
K 65	32.11	Ulla Littenheim-47	2012-01-21	Uddevalla
K 70	33.39	Barbro Bobäck-44	2014-02-09	Huddinge
K 75	37.82	Asta Larsson-31	2006-03-04	Malmö
K 80	43.52	Kristina Carlsson-40	2020-03-01	Malmö
K 85	51.80	Nora Wedemo-13	2001-02-11	Bollnäs

K 400m

400m - WR			
K 35	51.99	Helena Fuchsova CZE 35	18/02/01 Praha, CZE
K 40	56.15	Barbara Akinin FRA 42	22/03/08 Clermont-Ferrand, FRA
K 45	56.99	Marie Kay AUS 48	22/03/08 Clermont-Ferrand, FRA
K 50	1:00.17	Maryvonne Icarre FRA 50	03/04/16 Ancona, ITA
K 55	1:02.11	Caroline Powell GBR 59	09/03/13 London, GBR
K 60	1:04.76	Caroline Powell GBR 60	30/03/14 Budapest, HUN
K 65	1:08.39	Karla Del Grande CAN 65	26/03/19 Toruń, POL
K 70	1:17.74	Riet Jonkers-Slegers NED 70	26/12/13 Gent, BEL
K 75	1:21.28	Jeanne Daprano USA 75	16/03/12 Bloomington, USA
K 80	1:30.37	Kathleen Stewart GBR 80	07/03/20 London, GBR
K 85	1:51.89	Emma Mazzenga ITA 85	26/03/19 Toruń, POL
K 90	3:13.45	Mary Norckauer USA 90	07/03/15 Baton Rouge, USA

400m - SR				
K 35	52.77	Lena Aruhn-70	2005-02-15	Stockholm
K 40	59.35	Eleonore Gävsten-79	2019-03-26	Torun POL
K 45	1:00.76	Elisabet Helger-60	2009-03-26	Ancona ITA
K 50	1:02.97	Marie Cederberg-64	2014-01-11	Örebro
K 55	1:06.78	Karin Wählstedt-60	2015-03-07	Borås
K 60	1:09.39	Karin Wählstedt-60	2020-02-29	Malmö
K 65	1:13.19	Lilly Wizén-55	2020-02-29	Malmö
K 70	1:22.84	Ulla Littenheim -47	2017-02-04	Borås
K 75	1:34.43	Kristina Carlsson-40	2015-03-07	Borås
K 80	1:42.15	Kristina Carlsson-40	2020-02-29	Malmö

K 800m

800m - WR			
K 35	1:58.37	Helena Fuchsova CZE 35	§25/02/01 Lievin, FRA
K 40	2:01.59	Yekaterina Podkopayeva RUS 41	06/02/94 Grenoble, FRA
K 45	2:14.38	Alisa Harvey USA 45	10/02/11 Annapolis, USA
K 50	2:16.73	Eva Trost GER 50	10/02/18 München, GER
K 55	2:20.10	Anne Gilshinan IRL 55	08/03/20 Athlone, IRL
K 60	2:36.57	Lesley Hinz USA 60	18/03/18 Landover, USA
K 65	2:44.35	Kathryn Martin USA 65	19/02/17 Albuquerque, USA
K 70	2:50.57	Sabra Harvey USA 70	28/03/19 Toruń, POL
K 75	3:16.21	Jeanne Daprano USA 75	04/04/12 Jyväskylä, FIN
K 80	3:39.51	Alice Cole CAN 80	28/03/14 Budapest, HUN
K 85	4:09.58	Melitta Czerwenka GER 85	31/03/16 Ancona, ITA
K 90	7:14.89	Mary Norckauer USA 90	07/03/15 Baton Rouge, USA

800m - SR				
K 35	2.08.65	Rebecca Högberg-84	2020-02-09	Helsingfors FIN
K 40	2.16.44	Hanna Lindholm-79	2019-01-26	Huddinge
K 45	2.18.16	Karin Wählstedt-60	2007-03-03	Bollnäs
K 50	2.27.25	Karin Wählstedt-60	2010-02-14	Bollnäs
K 55	2.34.12	Karin Wählstedt-60	2015-03-08	Borås
K 60	2.42.84	Karin Wählstedt-60	2020-03-01	Malmö
K 65	2.56.42	Ulla Karnebäck -53	2018-03-22	Madrid ESP
K 70	3.17.5m	Britta Tibbling-18	1988-02-27	Lidingö
K 75	3.34.11	Monica Lorentzon-45	2020-03-01	Malmö
K 80	4.05.43	Viveka Rüffel-39	2019-03-03	Malmö

K 1500m

1500m - WR			
K 35	4:01.67	Regina Jacobs USA 39	16/03/03 Birmingham, GBR
K 40	4:05.19	Yekaterina Podkopayeva URS 44	09/03/97 Paris, FRA
K 45	4:28.13	Corinne Debaets BEL 45	22/02/09 Gent, BEL
K 50	4:40.07	Clare Elms GBR 50	08/03/14 London, GBR
K 55	4:46.10	Anne Gilshinan IRL 55	22/02/20 Dublin, IRL
K 60	5:10.44	Lidia Zentner GER 60	01/02/14 Ludwigshafen, GER
K 65	5:25.29	Kathryn Martin USA 65	25/03/17 Daegu, KOR
K 70	5:49.12	Angela Copson GBR 70	10/03/18 London, GBR
K 75	6:47.04	Melitta Czerwenka GER 75	20/03/06 Linz, AUT
K 80	7:38.11	Helly Visser CAN 80	01/03/14 Edmonton, CAN
K 85	8:47.83	Melitta Czerwenka GER 85	30/01/16 Ludwigshafen, GER

1500m - SR				
K 35	4.11.52	Ulrika Johansson-75	2010-02-10	Stockholm
K 40	4.33.43	Hanna Lindholm-79	2019-01-27	Huddinge
K 45	4.47.43	Karin Wählstedt-60	2009-03-01	Bollnäs
K 50	4.56.24	Karin Wählstedt-60	2010-02-13	Bollnäs
K 55	5.14.42	Karin Wählstedt-60	2016-01-02	Bollnäs
K 60	5.25.56	Karin Wählstedt-60	2020-02-29	Malmö
K 65	6.05.42	Ann-Katrin Lundqvist-54	2020-02-29	Malmö
K 70	6.31.4m	Monica Lorentzon-45	2016-02-21	Falun
K 75	7.22.6m	Bibbi Lind-44	2019-11-23	Göteborg
K 80	8.06.05	Viveka Rüffel-39	2019-03-02	Malmö

K 3000m

3000m - WR			
K 35	8:39.14	Regina Jacobs USA 35	05/03/99 Maebashi, JPN
K 40	8:58.20	Nuria Fernández Dominguez ESP 40	03/03/17 Belgrade, SRB
K 45	9:11.67	Nicole Leveque FRA 45	11/02/96 Paris, FRA
K 50	9:56.39	Fiona Matheson GBR 50	28/12/11 Glasgow, GBR
K 55	10:13.40	Clare Elms GBR 55	10/03/19 London, GBR
K 60	11:16.54	Lidia Zentner GER 60	18/01/14 Fürth, GER
K 65	11:35.98	Kathryn Martin USA 65	22/03/17 Daegu, KOR
K 70	12:37.45	Angela Copson GBR 70	11/03/18 London, GBR
K 75	13:55.58	Elfriede Hodapp GER 76	03/03/12 Erfurt, GER
K 80	15:57.73	Helly Visser CAN 80	08/02/14 Edmonton, CAN
K 85	18:38.76	Melitta Czerwenka GER 85	13/02/16 Erfurt, GER

3000m - SR				
K 35	9.05.2m	Ulrika Johansson-75	2010-02-20	Birmingham GBR
K 40	9.38.68	Hanna Lindholm-79	2019-02-16	Norrköping
K 45	10.45.57	Linda Take-73	2019-03-24	Torun POL
K 50	10.53.35	Karin Schön-62	2014-03-27	Budapest HUN
K 55	10.58.34	Karin Schön-62	2019-02-02	Göteborg
K 60	12.20.94	Gudrun Fleetwood-43	2003-02-16	Eskilstuna
K 65	12.45.49	Ann-Katrin Lundqvist-54	2020-02-28	Malmö
K 70	13.28.0m	Monica Lorentzon-45	2015-02-08	Falun
K 75	15.13.2m	Monica Lorentzon-45	2020-01-26	Falun
K 80	16.50.55	Viveka Rüffel-39	2019-03-01	Malmö

K 60m häck

60m Häck - WR			
K 35	7.74	Gail Devers USA 36	03/01/03 Boston, USA
K 40	8.71	Monica Pellegrinelli SUI 40	19/03/06 Linz, AUT
K 45	8.79	Christine Müller SUI 45	13/03/04 Sindelfingen, GER
K 50	9.26	Christine Müller SUI 50	28/03/09 Ancona, ITA
K 55	9.48	Neringa Jakstiene USA 55	29/03/19 Toruń, POL
K 60	9.80	Jane Horder GBR 61	03/02/18 Loughborough, GBR
K 65	10.58	Edith Graff BEL 65	25/03/07 Helsinki, FIN
K 70	11.37	Asta Larsson SWE 70	02/02/02 Lund, SWE
K 75	13.17	Riet Jonkers-Slegers NED 75	29/03/19 Toruń, POL
W80	13.76	Irene Obera USA 81	21/03/15 Winston-Salem, USA
W85	24.06	Irene Obera USA 85	30/03/19 Toruń, POL

60m Häck - SR				
K 35	8.06	Susanna Kallur-81	2017-02-11	Tampere FIN
K 40	9.13	Anita Norr-Ericson-60	2001-03-09	Bordeaux FRA
K 45	9.24	Åsa Thorén-72	2018-03-23	Madrid ESP
K 50	9.99	Anita Norr-Ericson-60	2011-03-27	Örebro
K 55	11.20	Gudrun Kinger-42	1999-02-13	Göteborg
K 60	11.46	Gunnel Tolfes -58	2020-01-22	Sollentuna
K 65	11.43	Ulla Karnebäck-53	2020-01-22	Sollentuna
K 70	11.37	Asta Larsson-31	2002-02-02	Lund
K 75	13.32	Asta Larsson-31	2006-01-15	Lund

K Höjdhopp

Höjdhopp - WR			
K 35	1.98	Ruth Beitia Vila ESP 36	06/03/16 Madrid, ESP
K 40	1.94	Venelina Veneva BUL 40	15/02/15 Bobrich, BUL
K 45	1.67	Alison Wood USA 45	25/03/19 Toruń, POL
K 50	1.60	Petra Bajeat FRA 53	29/03/19 Toruń, POL
K 55	1.55	Wendy Laing GBR 55	21/03/18 Madrid, ESP
K 60	1.50	Frauke Viebahn GER 60	09/02/20 Düsseldorf, GER
K 65	1.39	Weia Reinboud NED 65	13/02/16 Apeldoorn, NED
K 70	1.30	Ursula Stelling GER 70	03/03/12 Erfurt, GER
K 75	1.25	Kathy Bergen USA 76	05/03/16 Albuquerque, USA
K 80	1.20	Kathy Bergen USA 80	16/02/20 Houston, USA
K 85 a	0.90	Florence Meiler USA 85	26/01/20 Providence, USA
K 85 b	0.90	Christel Donley USA 85	22/02/20 Colorado Springs, USA
K 90	0.77	Olga Kotelko CAN 93	16/02/13 Kamloops, CAN
K 95	0.78	Olga Kotelko CAN 95	26/03/14 Budapest, HUN

Höjdhopp - SR				
K 35	1.68	Meike Traxler-62	1997-03-23	Göteborg
K 40	1.58	Ann Karlsson-63	2005-02-12	Bollnäs
K 45	1.57	Catrine Eriksson-73	2019-03-29	Torun POL
K 50	1.46	Kristina Ponton-63	2015-03-08	Borås
K 55	1.38	Kristina Ponton-63	2018-02-17	Malmö
K 60	1.25	Elsa Enarsson-30	1994-03-05	Göteborg
K 65	1.23	Elsa Enarsson-30	1996-02-03	Malmö
K 70	1.20	Elsa Enarsson-30	2000-03-11	Göteborg
K 75	1.15	Barbro Gadle-42	2020-02-29	Malmö
K 80	1.00	Sonja Nilsson-39	2019-02-02	Öllsjö

K Stavhopp

Stavhopp - WR			
K 35	4.85	Jennifer Suhr USA 38	15/02/20 Albuquerque, USA
K 40	4.05	Doris Auer AUT 40	21/01/12 Wien, AUT
K 45	3.55	Irie Hill GBR 45	26/03/14 Budapest, HUN
K 50	3.51	Irie Hill GBR 50	30/03/19 Toruń, POL
K 55	3.02	Brigitte van de Kamp NED 57	03/02/18 Apeldoorn, NED
K 60	3.01	Nadine O'Connor USA 63	26/02/06 Colorado Springs, USA
K 65	2.90	Nadine O'Connor USA 67	21/03/09 Landover, USA
K 70	2.12	Karin Förster GER 70	19/03/17 Münster, GER
K 75	1.95	Florence Meiler USA 76	09/01/11 Hanover, USA
K 80	1.76	Florence Meiler USA 81	10/01/16 Hanover, USA
K 85	1.65	Florence Meiler USA 85	26/01/20 Providence, USA

Stavhopp - SR				
K 35	3.75	Maria Mossberg-71	2006-02-18	Karlskrona
K 40	3.20	Malin Weiland-74	2018-12-08	Haparanda
K 45	3.30	Malin Weiland-74	2020-02-19	Skellefteå
K 50	2.81	Anita Norr-Ericson-60	2010-01-04	Norrköping
K 55	2.60	Carin Thornander-63	2019-03-09	Uppsala
K 60	2.25	Marianne Sullivan-43	2004-03-21	Drammen NOR
K 65	2.11	Marianne Sullivan-43	2008-01-12	Göteborg
K 70	1.95	Marianne Sullivan-43	2014-02-08	Huddinge

K Längdhopp

Länghopp - WR			
K 35	6.86	Heike Drechsler GER 35	27/02/00 Gent, BEL
K 40	6.64	Tatyana Ter RUS 41	05/01/10 St. Petersburg, RUS
K 45	5.75	Phil Raschker USA 47	05/03/94 Chicago, USA
K 50	5.57	Petra Bajeat FRA 53	25/03/19 Toruń, POL
K 55	5.22	Neringa Jakstiene USA 55	25/03/19 Toruń, POL
K 60 a	4.58	Christiane Schmalbruch GER 62	06/03/99 Malmö, SWE
K 60 b	4.58	Maria Escribano Checa ESP 60	26/03/19 Toruń, POL
K 65	4.36	Ingrid Meier GER 65	12/04/12 Jyväskylä, FIN
K 70	3.99	Carol LaFayette-Boyd CAN 70	02/03/13 Hamburg, GER
K 75	3.97	Carol LaFayette-Boyd CAN 75	20/01/18 Edmonton, CAN
K 80	3.28	Christa Bortignon CAN 82	26/03/19 Toruń, POL
K 85	2.04	Irene Obera USA 85	02/03/19 Winston-Salem, USA
K 90	1.70	Olga Kotelko CAN 92	20/03/11 Kamloops, CAN
K 95	1.57	Olga Kotelko CAN 95	27/03/14 Budapest, HUN

Länghopp - SR			
K 35	6.39	Malin Otterling Marmbrandt-85	2021-02-20 Malmö
K 40	5.35	Carina Palmquist-62	2006-03-19 Linz AUT
K 45	5.19	Carina Palmquist-62	2007-03-23 Helsingfors FIN
K 50	4.92	Carina Palmquist-62	2014-03-29 Budapest HUN
K 55	4.29	Gudrun Kinger-42	1999-01-30 Eskilstuna
K 60	4.04	Elsa Enarsson-30	1991-06-01 Lund
K 65	3.92	Asta Larsson-31	1996-11-17 Malmö
K 70	3.57	Asta Larsson-31	2001-02-04 Lund
K 75	3.38	Asta Larsson-31	2006-03-04 Malmö
K 80	2.64	Elsa Enarsson-30	2012-01-21 Malmö

K Tresteg

Tresteg - WR			
K 35	14.82	Yamilé Aldama GBR 39	09/03/12 Istanbul, YUR
K 40	13.95	Yamilé Aldama GBR 40	13/03/13 Göteborg, SWE
K 45	12.41	Murielle Glovil FRA 45	16/03/14 Nantes, FRA
K 50	10.79	Valentyna Krepkina UKR 51	23/03/17 Daegu, KOR
K 55	11.09	Neringa Jakstiene USA 55	28/03/19 Toruń, POL
K 60	10.27	Alicia Hernández Martínez ESP 60	28/02/21 Barcelona, ESP
K 65	9.86	Akiko Ohinata JPN 67	23/03/17 Daegu, KOR
K 70	8.18	Carol Lafayette-Boyd CAN 70	09/02/13 Regina, CAN
K 75	8.46	Carol LaFayette-Boyd CAN 75	21/01/18 Edmonton, CAN
K 80	7.42	Christa Bortignon CAN 80	01/04/17 Kamloops, CAN
K 85	5.15	Christel Donley USA 85	22/02/20 Colorado Springs, USA
K 90	4.14	Olga Kotelko CAN 91	05/03/10 Kamloops, CAN
K 95	3.68	Olga Kotelko CAN 95	29/03/14 Budapest, HUN

Tresteg - SR			
K 35	13.11	Malin Otterling Marmbrandt-85	2021-02-13 Örebro
K 40	11.48	Linda Holmström-79	2019-03-27 Torun POL
K 45	9.74	Carina Palmquist-62	2011-03-06 Karlskrona
K 50	10.01	Annica Sandström	2018-03-05 Västerås
K 55	8.59	Eva-Lena Bergkvist-64	2019-03-03 Malmö
K 60	8.05	Elsa Enarsson-30	1994-03-05 Göteborg
K 65	7.87	Elsa Enarsson-30	1996-03-23 Göteborg
K 70	7.99	Asta Larsson-31	2003-03-09 San Sebastian ESP
K 75	7.15	Asta Larsson-31	2006-03-03 Malmö
K 80	6.33	Elsa Enarsson-30	2011-03-06 Karlskrona

K Kula

Kula - WR			
K 35 4k	21.47	Helena Fibingerova CZE 35	09/02/85 Jablonec, CZE
K 40 4k	19.16	Antonina Ivanova URS 41	24/02/74 Moskva, RUS
K 45 4k	16.49	Zdenka Silhava CZE 45	13/02/00 Praha, CZE
K 50 3k	15.17	Alexandra Marghieva MDA 51	19/03/11 Gent, BEL
K 55 3k	14.53	Mihaela Loghin ROU 58	18/03/11 Gent, BEL
K 60 3k	13.70	Mihaela Loghin ROU 62	23/03/15 Toruń, POL
K 65 3k	12.18	Mihaela Loghin ROU 66	25/03/19 Toruń, POL
K 70 3k	10.82	Evaun Williams GBR 70	18/03/08 Clermont-Ferrand, FRA
K 75 2k	11.39	Anne-Chatrine Rühlow GER 75	03/03/12 Erfurt, GER
K 80 2k	10.44	Susanne Wissinger GER 80	01/03/14 Erfurt, GER
K 85 2k	7.40	Rachel Hanssens BEL 85	23/03/15 Toruń, POL
K 90 2k	5.74	Olga Kotelko CAN 92	19/03/11 Kamloops, CAN
K 95 2k	4.73	Olga Kotelko CAN 95	27/03/14 Budapest, HUN
K100 2k	2.77	Julia Hawkins USA 102	17/03/18 Landover, USA

Kula - SR				
K 35 4k	17.34	Helena Engman -76	2013-03-02	Göteborg
K 40 4k	13.77	Ingrid Miller-41	1984	
K 45 4k	14.88	Ingrid Miller-41	1987-01-31	Lidingö
K 50 3k	12.88	Karin Cronstedt -67	2019-03-03	Malmö
K 55 3k	11.18	Rosmarie Persson-37	1996-03-23	Göteborg
K 60 3k	11.97	Ingrid Miller-41	2003-03-28	Boston USA
K 65 3k	10.19	Rosmarie Persson-37	2002-03-09	Helsingborg
K 70 3k	9.40	Rosmarie Persson-37	2007-01-27	Malmö
K 75 2k	10.46	Rosmarie Persson-37	2013-02-10	Karlskrona
K 80 2k	7.27	Anna-Lisa Lind-36	2016-04-01	Ancona ITA
K 90 2k	3.27	Carna Elfgaard-25	2017-01-22	Jönköping

K Vikt

Vikt - WR				
K 35 9.08k	17.79	Anna Söderberg SWE 36	06/02/10 Göteborg, SWE	
K 40 9.08k	17.12	Oneithea Lewis USA 42	28/03/03 Boston, USA	
K 45 9.08k	16.28	Oneithea Lewis USA 47	28/03/08 Boston, USA	
K 50 7.26k	17.19	Gonny Mik NED 50	20/02/16 Sittard, NED	
K 55 7.26k	16.22	Mirja Kokko FIN 56	17/02/18 Tampere, FIN	
K 60 5.45k	16.70	Inge Faldager DEN 60	18/03/08 Clermont-Ferrand, FRA	
K 65 5.45k	16.91	Myrle Mensey USA 65	29/03/14 Budapest, HUN	
K 70 5.45k	15.47	Myrle Mensey USA 70	13/02/19 Grinnell, USA	
K 75 4.00k	14.34	Gudrun Mellmann GER 75	24/03/17 Daegu, KOR	
K 80 4.00k	12.75	Evaun Williams GBR 81	26/03/19 Toruń, POL	
K 85 4.00k	8.72	Hilja Bakhoff EST 85	05/04/12 Jyväskylä, FIN	
K 90 4.00k	7.51	Olga Kotelko CAN 92	02/03/11 Kamloops, CAN	
K 95 4.00k	6.97	Olga Kotelko CAN 95	30/03/14 Budapest, HUN	

Vikt - SR				
K 35 9.08k	20.25	Tracey Andersson-84	2019-02-16	Norrköping
K 40 9.08k	14.59	Catarina Andersson-77	2019-03-02	Malmö
K 45 9.08k	12.98	Anna Ek-73	2019-03-25	Torun POL
K 50 7.26k	15.09	Ann-Britt Jakobsson-64	2015-02-15	Nyköping
K 55 7.26k	12.42	Gunnevi Magnusson-57	2014-02-09	Huddinge
K 60 5.45k	12.68	Ingrid Miller-41	2004-01-04	Bollnäs
K 65 5.45k	11.72	Rosmarie Persson-37	2006-02-17	Karlskrona
K 70 5.45k	11.23	Rosmarie Persson-37	2008-03-02	Reykjavik ISL
K 75 4.00k	10.46	Rosmarie Persson-37	2013-02-10	Karlskrona
K 80 4.00k	8.80	Anna-Lisa Lind -36	2017-02-05	Borås
K 85 4.00k	4.65	Art Kosol-32	2019-03-02	Malmö