

Results

Westinghouse Gurkspel 2020

Plats & datum: Westinghouse Arena, 2020-01-18 - 2020-01-19

Arrangör: Västerås FK

Tävlingsledare: Per Tunander

M 60 m

2020-01-19

Försök 1

Tot

| | | | | | |
|---|-----------------------|----|---------------------|--------|----|
| 1 | Patric Hjort | 93 | Västerås FK | 7.22 q | 2 |
| 2 | Viktor Palmén | 02 | Karlskoga Friidrott | 7.33 q | 4 |
| 3 | Tim Singmandeewised | 02 | Västerås FK | 7.43 q | 5 |
| 4 | Gustav Vennerholm | 01 | Gefle IF | 7.50 q | 7 |
| 5 | Alfred Kristoffersson | 01 | Upsala IF | 7.63 q | 8 |
| 6 | Patrick Neuendorff | 66 | IFK Märsta | 8.48 | 13 |
| 7 | Albin Janderberg | 99 | Västerås FK | 10.63 | 14 |

Försök 2

Tot

| | | | | | |
|---|--------------------|----|------------------|--------|----|
| 1 | Lukas Nordén | 98 | Västerås FK | 7.19 q | 1 |
| 2 | Rickard Willman | 94 | Västerås FK | 7.25 q | 3 |
| 3 | Leo Johansson | 01 | IFK Kristinehamn | 7.47 q | 6 |
| 4 | Markus Åskag | 02 | Råby-Rekarne FI | 7.68 | 9 |
| 5 | Philip Wilhelmsson | 01 | KFUM Örebro | 7.71 | 10 |
| 6 | Gabriel Axelsson | 02 | Upsala IF | 7.82 | 11 |
| 7 | Pontus Gustavsson | 02 | Västerås FK | 7.90 | 12 |

M 60 m

2020-01-19

Final

Tot

| | | | | | |
|---|-----------------------|----|---------------------|------|---|
| 1 | Lukas Nordén | 98 | Västerås FK | 7.17 | 1 |
| 2 | Rickard Willman | 94 | Västerås FK | 7.24 | 2 |
| 3 | Tim Singmandeewised | 02 | Västerås FK | 7.32 | 3 |
| 4 | Viktor Palmén | 02 | Karlskoga Friidrott | 7.41 | 4 |
| 5 | Leo Johansson | 01 | IFK Kristinehamn | 7.46 | 5 |
| 6 | Gustav Vennerholm | 01 | Gefle IF | 7.56 | 6 |
| 7 | Alfred Kristoffersson | 01 | Upsala IF | 7.64 | 7 |
| - | Patric Hjort | 93 | Västerås FK | DNS | - |

M 200 m

2020-01-19

Försök 1

Tot

| | | | | | |
|---|-----------------------|----|-----------------|-------|---|
| 1 | Vincent Johnson | 01 | Matfors SK | 24.06 | 2 |
| - | Alfred Kristoffersson | 01 | Upsala IF | DNS | - |
| - | Markus Åskag | 02 | Råby-Rekarne FI | DQ | - |

Försök 2

Tot

| | | | | | |
|---|--------------------|----|----------------|-------|---|
| 1 | Pierre Nordqvist | 83 | Linköpings GIF | 25.04 | 5 |
| 2 | Henrik Tegnér | 70 | Spårvägens FK | 25.35 | 6 |
| - | Patrick Neuendorff | 66 | IFK Märsta | DNS | - |

Försök 3

Tot

| | | | | | |
|---|--------------------|----|-----------------|-------|---|
| 1 | Frans Ingelstam | 02 | Upsala IF | 23.57 | 1 |
| 2 | Sebastian Eriksson | 03 | Alunda SK | 24.41 | 3 |
| 3 | Olle Ek | 02 | Råby-Rekarne FI | 24.56 | 4 |

Results

M Kula

7.26kg

2020-01-19

| | | | | | Tot | | |
|------------|-------------------|-------|---------------|-------|------|-------|--|
| 1 | Ali Alsaadi | 95 | Eskilstuna FI | 14.31 | 1 | | |
| 2 | Hunter S Mabon | 69 | Danderyds SK | 12.02 | 2 | 6 kg | |
| 3 | Sebastian Nilsson | 71 | Hanvikens SK | 8.19 | 3 | | |
| A. Alsaadi | x | x | 14.07 | 14.31 | x | x | |
| S. Nilsson | 7.77 | 8.19 | x | 7.02 | 7.65 | 7.71 | |
| H. Mabon | 12.02 | 11.79 | 11.66 | x | x | 11.51 | |

M Vikt

15.88kg

2020-01-19

| | | | | | Tot | | |
|-------------|------------------|----|-----------------|-------|-----|---|--|
| 1 | Johannes Nilsson | 98 | Västerås FK | 14.44 | 1 | | |
| - | Patrick Lindfors | 70 | Mälärhöjdens IK | DNS | - | | |
| P. Lindfors | | | | | | | |
| J. Nilsson | 13.83 | x | 14.44 | 14.26 | x | x | |

P19 400 m

2020-01-19

Försök 1

| | | | | | Tot | | |
|---|-----------------|----|-------------|-------|-----|--|--|
| 1 | Vincent Johnson | 01 | Matfors SK | 53.97 | 2 | | |
| 2 | David Rindetoft | 03 | Västerås FK | 54.93 | 6 | | |
| 3 | Leon Bodén | 05 | Motala AIF | 63.13 | 7 | | |

Försök 2

| | | | | | Tot | | |
|---|------------------|----|---------------|-------|-----|--|--|
| 1 | Henrik Franzén | 03 | KFUM Örebro | 52.94 | 1 | | |
| 2 | Kevin Bodén | 02 | Motala AIF | 54.28 | 3 | | |
| 3 | Dennis Holmstedt | 02 | IK Westmannia | 54.43 | 4 | | |
| 4 | August Kallin | 02 | Västerås FK | 54.72 | 5 | | |

P19 1500 m

2020-01-19

Försök

| | | | | | Tot | | |
|---|-----------------|----|---------------|---------|-----|--|--|
| 1 | Jimmy Öhman | 01 | Gefle IF | 4:10.98 | 1 | | |
| 2 | Kevin Bodén | 02 | Motala AIF | 4:24.47 | 2 | | |
| 3 | Erik Bungerfelt | 01 | Hässelby SK | 4:37.91 | 3 | | |
| 4 | Tamas Szüts | 02 | Västerås FK | 4:55.85 | 4 | | |
| 5 | Albin Carlerud | 02 | Spårvägens FK | 4:57.72 | 5 | | |

P19 Kula

6.0kg

2020-01-19

| | | | | | Tot | | |
|---------------|-------------------|----|--------------|-------|-----|-------|--|
| 1 | Karl Ludvik | 02 | Turebergs FK | 12.91 | 1 | | |
| 2 | Gabriel Axelsson | 02 | Upsala IF | 12.38 | 2 | | |
| 3 | Alfons Haals | 02 | Västerås FK | 12.33 | 3 | | |
| - | Gustav Vennerholm | 01 | Gefle IF | DNS | - | | |
| G. Vennerholm | | | | | | | |
| K. Ludvik | 12.36 | x | x | 12.91 | x | 11.94 | |
| A. Haals | 12.33 | - | - | - | - | - | |
| G. Axelsson | 12.38 | x | x | x | x | x | |

Results

P19 Vikt

15.88kg

2020-01-19

| | | | | | Tot | | |
|--------------|-----------------|-------|-----------------|-------|-------|-------|--|
| 1 | Karl Ludvik | 02 | Turebergs FK | 17.10 | 1 | | |
| 2 | Alfons Haals | 02 | Västerås FK | 13.88 | 2 | | |
| - | Anton Harrysson | 02 | Mälarhöjdens IK | DNS | - | | |
| A. Haals | x | 12.47 | 12.27 | 13.25 | x | 13.88 | |
| A. Harrysson | | | | | | | |
| K. Ludvik | 15.49 | 16.33 | 17.10 | 16.86 | 16.96 | x | |

P17 60 m

2020-01-19

Försök 1

| | | | | | Tot | | |
|---|--------------------|----|-------------------|--------|-----|--|--|
| 1 | Noa Skomorowski | 03 | Kvarnsvedens GoIF | 7.58 q | 2 | | |
| 2 | Oscar Niklasson | 04 | Hanvikens SK | 7.59 q | 3 | | |
| 3 | Theodor Ranhem | 03 | Västerås FK | 7.81 q | 4 | | |
| 4 | Jacob Vestman | 04 | Huddinge AIS | 7.94 | 9 | | |
| 5 | David Höglund | 04 | Huddinge AIS | 7.97 | 11 | | |
| 6 | Joel Borrman | 04 | Huddinge AIS | 8.04 | 13 | | |
| 7 | Hampus Gull-Åhlund | 04 | Bålsta IK | 8.44 | 14 | | |
| 8 | Ludvig Schönning | 04 | Hanvikens SK | 9.16 | 15 | | |

Försök 2

| | | | | | Tot | | |
|---|----------------------|----|-----------------|--------|-----|--|--|
| 1 | Philip Tennhed | 04 | Råby-Rekarne FI | 7.46 q | 1 | | |
| 2 | Rikard Throgen-Hedin | 03 | SK Bore | 7.83 q | 5 | | |
| 3 | Ludvig Granberg | 04 | Huddinge AIS | 7.84 q | 6 | | |
| 4 | Felix Johansson | 04 | Huddinge AIS | 7.90 q | 7 | | |
| 5 | David Axelsson | 04 | Uppsala IF | 7.93 q | 8 | | |
| 6 | Adam Eriksson | 04 | Hanvikens SK | 7.97 | 10 | | |
| 7 | Josef Malsher | 04 | Alunda SK | 8.04 | 12 | | |
| - | Lucas Ulegård | 03 | Västerås FK | DQ | - | | |

P17 60 m

2020-01-19

Final

| | | | | | Tot | | |
|---|----------------------|----|-------------------|------|-----|--|--|
| 1 | Philip Tennhed | 04 | Råby-Rekarne FI | 7.39 | 1 | | |
| 2 | Noa Skomorowski | 03 | Kvarnsvedens Golf | 7.54 | 2 | | |
| 3 | Oscar Niklasson | 04 | Hanvikens SK | 7.54 | 3 | | |
| 4 | Rikard Throgen-Hedin | 03 | SK Bore | 7.80 | 4 | | |
| 5 | Theodor Ranhem | 03 | Västerås FK | 7.80 | 5 | | |
| 6 | Ludvig Granberg | 04 | Huddinge AIS | 7.80 | 6 | | |
| 7 | David Axelsson | 04 | Uppsala IF | 7.93 | 7 | | |
| 8 | Felix Johansson | 04 | Huddinge AIS | 7.97 | 8 | | |

P17 200 m

2020-01-19

Försök 1

| | | | | | Tot | | |
|---|--------------------|----|-----------|----|-----|------------|--|
| - | Alvin Rask | 04 | Alunda SK | DQ | - | linjetramp | |
| - | Hampus Gull-Åhlund | 04 | Bålsta IK | DQ | - | linjetramp | |

Försök 2

| | | | | | Tot | | |
|---|----------------|----|-----------------|-------|-----|--|--|
| 1 | Lucas Ulegård | 03 | Västerås FK | 23.84 | 1 | | |
| 2 | Philip Tennhed | 04 | Råby-Rekarne FI | 24.18 | 2 | | |
| 3 | Theodor Ranhem | 03 | Västerås FK | 25.68 | 3 | | |

Results

P17 1500 m

2020-01-19

Försök

| | | | | | Tot |
|---|-----------------|----|------------------|---------|-----|
| 1 | Albin Wallenius | 03 | Västerås FK | 4:12.48 | 1 |
| 2 | Vidar Arvidsson | 03 | Upsala IF | 4:22.22 | 2 |
| 3 | Linus Jansson | 04 | Hässelby SK | 4:24.75 | 3 |
| 4 | Noel Edvinsson | 04 | IF Göta Karlstad | 4:35.45 | 4 |
| 5 | Axel Månsson | 04 | Hanvikens SK | 4:48.71 | 5 |

P17 Höjd

2020-01-19

| | | | | | Tot |
|---|----------------------|----|--------------|-----|-----|
| 1 | Ludvig Jaasund | 04 | Västerås FK | 185 | 1 |
| 2 | Ludvig Granberg | 04 | Huddinge AIS | 176 | 2 |
| 2 | Felix Johansson | 04 | Huddinge AIS | 176 | 2 |
| 4 | David Sjöblom | 03 | Västerås FK | 171 | 4 |
| 5 | Rikard Throgen-Hedin | 03 | SK Bore | 171 | 5 |
| 6 | William Larsson | 04 | Västerås FK | 161 | 6 |
| - | Hugo Sturebrant | 04 | Västerås FK | - | - |

151 156 161 166 171 176 179 182 185 188

| | | | | | | | | | |
|------------------|---|---|---|-----|-----|-----|-----|---|-------|
| R. Throgen-Hedin | | o | o | o | xxo | xxx | | | |
| L. Jaasund | | | | o | - | o | xo | o | o xxx |
| H. Sturebrant | | | | | | | | | |
| W. Larsson | o | o | o | xxx | | | | | |
| L. Granberg | | o | o | o | o | xxo | xxx | | |
| D. Sjöblom | | o | o | o | xo | xxx | | | |
| F. Johansson | | o | o | o | o | xxo | xxx | | |

P17 Stav

2020-01-19

| | | | | | Tot |
|---|------------------|----|----------------------|-----|------|
| 1 | Noa Skomorowski | 03 | Kvarnsvedens Golf | 368 | 1 |
| 2 | Erik Zetterlund | 04 | KFUM Örebro | 348 | 2 SB |
| 3 | Josef Külen | 04 | Tjalve IF Norrköping | 338 | 3 PB |
| 4 | Ludvig Jaasund | 04 | Västerås FK | 328 | 4 |
| 5 | David Axelsson | 04 | Upsala IF | 318 | 5 |
| - | Oliver Ellström | 03 | IF Göta Karlstad | - | - |
| - | Pontus Lindell | 03 | Upsala IF | - | - |
| - | Oliver Lundström | 03 | KFUM Örebro | - | - |

288 298 308 318 328 338 348 358 368 378

| | | | | | | | | | |
|----------------|----|---|---|-----|-----|-----|---|-----|-----|
| L. Jaasund | | | | xxo | xxx | | | | |
| O. Ellström | | | | | | | | xxx | |
| J. Külen | | | | o | o | xxx | | | |
| P. Lindell | | | | | | | | | |
| N. Skomorowski | | | | | | | o | o | xxx |
| D. Axelsson | xo | o | o | xo | xxx | | | | |
| E. Zetterlund | | | | | o | xxo | o | xxx | |
| O. Lundström | | | | | | | | | |

Results

P17 Längd

2020-01-19

| | | | | | Tot | |
|------------------|----------------------|------|-----------------|------|------|------|
| 1 | Birck Wärnström | 03 | Falu IK | 6.58 | 1 | |
| 2 | Oscar Niklasson | 04 | Hanvikens SK | 6.36 | 2 | SB |
| 3 | Henrik Silva Skoog | 04 | Västerås FK | 6.28 | 3 | PB |
| 4 | Douglas Goldén | 04 | Katrineholms SK | 6.22 | 4 | PB |
| 5 | Ludvig Jaasund | 04 | Västerås FK | 5.95 | 5 | |
| 6 | Sebastian Eriksson | 03 | Alunda SK | 5.85 | 6 | |
| 7 | Rikard Throgen-Hedin | 03 | SK Bore | 5.76 | 7 | |
| 8 | Jacob Vestman | 04 | Huddinge AIS | 5.56 | 8 | |
| 9 | David Axelsson | 04 | Uppsala IF | 5.53 | 9 | |
| 10 | Ludvig Granberg | 04 | Huddinge AIS | 5.51 | 10 | |
| 11 | Josef Malsher | 04 | Alunda SK | 5.34 | 11 | |
| 12 | Alvin Rask | 04 | Alunda SK | 5.24 | 12 | |
| 13 | Hampus Gull-Åhlund | 04 | Bålsta IK | 4.69 | 13 | |
| 14 | Axel Månsson | 04 | Hanvikens SK | 4.17 | 14 | |
| 15 | Ludvig Schönning | 04 | Hanvikens SK | 3.83 | 15 | PB |
| 16 | Adam Eriksson | 04 | Hanvikens SK | 2.91 | 16 | |
| - | William Larsson | 04 | Västerås FK | DNS | - | |
| - | David Höglund | 04 | Huddinge AIS | | - | |
| - | Hugo Sturebrant | 04 | Västerås FK | DNS | - | |
| - | Joel Borrman | 04 | Huddinge AIS | | - | |
| R. Throgen-Hedin | 5.60 | 5.43 | 5.49 | x | x | 5.76 |
| H. Gull-Åhlund | 4.63 | 4.69 | x | | | |
| J. Borrman | x | x | x | | | |
| D. Goldén | 5.64 | x | x | x | 6.22 | x |
| L. Granberg | 5.51 | 5.43 | 5.28 | | | |
| S. Eriksson | 5.79 | x | x | x | 5.76 | 5.85 |
| J. Malsher | 5.34 | 5.09 | x | | | |
| W. Larsson | | | | | | |
| L. Schönning | 3.83 | 3.14 | 3.75 | | | |
| A. Eriksson | x | x | x | x | 2.91 | |
| D. Höglund | x | x | x | x | x | x |
| L. Jaasund | 5.83 | 5.67 | 5.95 | 5.74 | 5.72 | 5.76 |
| H. Sturebrant | | | | | | |
| A. Rask | 5.24 | 4.97 | x | | | |
| O. Niklasson | 6.23 | 2.05 | 6.36 | - | - | - |
| J. Vestman | 5.46 | 5.56 | 5.32 | x | - | x |
| H. Silva Skoog | 4.63 | 5.83 | 6.10 | 5.93 | 6.28 | 6.15 |
| A. Månsson | 3.96 | 4.17 | x | | | |
| B. Wärnström | 5.88 | 6.23 | 6.12 | 6.14 | x | 6.58 |
| D. Axelsson | 5.18 | 5.07 | 5.53 | | | |

P17 Tresteg

2020-01-19

| | | | | | Tot | |
|----------------|--------------------|-------|-----------------|-------|-------|-------|
| 1 | Douglas Goldén | 04 | Katrineholms SK | 12.84 | 1 | PB |
| 2 | Melker Andersson | 04 | Västerås FK | 11.71 | 2 | |
| 3 | Philip Tennhed | 04 | Råby-Rekarne FI | 11.65 | 3 | |
| 4 | Joel Borrman | 04 | Huddinge AIS | 11.42 | 4 | |
| 5 | Josef Malsher | 04 | Alunda SK | 10.78 | 5 | |
| - | Henrik Silva Skoog | 04 | Västerås FK | DNS | - | |
| J. Malsher | 10.78 | x | 10.18 | 10.32 | 10.56 | 10.35 |
| H. Silva Skoog | | | | | | |
| M. Andersson | 11.64 | 11.43 | 10.80 | 11.35 | 11.43 | 11.71 |
| J. Borrman | 11.42 | 11.21 | 11.12 | x | 11.18 | 9.67 |
| P. Tennhed | 11.65 | 11.64 | x | - | - | - |
| D. Goldén | 12.82 | 12.69 | x | 12.84 | - | 12.39 |

Results

P17 Kula

5.0kg

2020-01-19

| | | | | Tot | | |
|------------------|----------------------|-------|-------------------|-------|-------|-------|
| 1 | Jesper Ahlin | 03 | Turebergs FK | 18.03 | 1 | |
| 2 | Teo Paganus | 03 | Turebergs FK | 13.99 | 2 | |
| 3 | Tushar Nyqvist | 03 | Råby-Rekarne FI | 13.68 | 3 | |
| 4 | Oscar Niklasson | 04 | Hanvikens SK | 13.61 | 4 | |
| 5 | Oliver Ellström | 03 | IF Göta Karlstad | 12.15 | 5 | |
| 6 | Adam Hellbom | 04 | Falu IK | 12.09 | 6 | |
| 7 | Rikard Throgen-Hedin | 03 | SK Bore | 10.45 | 7 | |
| 8 | David Höglund | 04 | Huddinge AIS | 8.49 | 8 | |
| - | Fredrik Frunck | 03 | Turebergs FK | | - | |
| - | Noa Skomorowski | 03 | Kvarnsvedens Golf | DNS | - | |
| - | David Axelsson | 04 | Uppsala IF | DNS | - | |
| R. Throgen-Hedin | 9.92 | 9.53 | 10.45 | x | x | x |
| F. Frunck | x | x | x | | | |
| A. Hellbom | x | x | 11.66 | 11.20 | x | 12.09 |
| O. Ellström | 12.15 | - | - | | | |
| T. Nyqvist | 12.97 | x | 13.14 | x | 13.68 | 13.45 |
| D. Höglund | 8.38 | x | x | x | x | 8.49 |
| T. Paganus | 12.77 | 13.28 | 13.75 | 13.99 | 13.43 | 13.85 |
| N. Skomorowski | | | | | | |
| D. Axelsson | | | | | | |
| J. Ahlin | 16.99 | 17.15 | 17.19 | x | x | 18.03 |
| O. Niklasson | 13.61 | 12.95 | 13.11 | 13.10 | 13.55 | 13.35 |

P17 Vikt

11.34kg

2020-01-19

| | | | | Tot | | |
|-------------|----------------|-------|-----------------|-------|-------|-------|
| 1 | Leo Bystedt | 03 | Västerås FK | 19.79 | 1 | |
| 2 | Fredrik Frunck | 03 | Turebergs FK | 18.10 | 2 | |
| 3 | Tushar Nyqvist | 03 | Råby-Rekarne FI | 14.17 | 3 | |
| 4 | Adam Hellbom | 04 | Falu IK | 12.64 | 4 | |
| 5 | David Höglund | 04 | Huddinge AIS | 10.78 | 5 | |
| - | David Axelsson | 04 | Uppsala IF | DNS | - | |
| - | Jesper Ahlin | 03 | Turebergs FK | DNS | - | |
| A. Hellbom | x | x | x | 12.28 | x | x |
| D. Axelsson | | | | | | |
| L. Bystedt | x | 18.58 | x | x | 19.67 | 19.79 |
| F. Frunck | 18.10 | 17.82 | x | 17.34 | 17.92 | x |
| T. Nyqvist | x | x | x | 14.07 | x | 14.17 |
| D. Höglund | x | x | 10.78 | 10.14 | x | x |
| J. Ahlin | | | | | | |

P15 60 m

2020-01-19

| | | | | Tot | |
|---|-------------------|----|-----------------|------|---|
| 1 | Viktor Rahm | 05 | Västerås FK | 7.75 | 1 |
| 2 | Ethan Chalon | 05 | Uppsala IF | 7.89 | 2 |
| 3 | Alexander Engblom | 05 | Uppsala IF | 7.91 | 3 |
| 4 | Brando Abda | 05 | Eskilstuna FI | 8.11 | 4 |
| 5 | Axel Nilsson | 05 | Bålsta IK | 8.27 | 5 |
| 6 | Jonathan Hurtig | 05 | Hanvikens SK | 8.41 | 6 |
| 7 | William Klacksell | 05 | Råby-Rekarne FI | 8.43 | 7 |
| 8 | Oskar Lambertz | 05 | Åkersberga SK | 8.54 | 8 |

Results

P15 200 m

2020-01-19

Försök 1

Tot

| | | | | | |
|---|----------------|----|---------------|-------|---|
| 1 | Leon Bodén | 05 | Motala AIF | 27.59 | 5 |
| - | Axel Nilsson | 05 | Bålsta IK | DNS | - |
| - | Oskar Lambertz | 05 | Åkersberga SK | DQ | - |

Försök 2

Tot

| | | | | | |
|---|--------------------|----|-----------------|-------|---|
| 1 | Ethan Chalon | 05 | Uppsala IF | 25.09 | 1 |
| 2 | William Brändeborn | 05 | Råby-Rekarne FI | 25.35 | 2 |
| 3 | Alexander Engblom | 05 | Uppsala IF | 26.23 | 3 |
| 4 | Linus Fondin | 05 | Hanvikens SK | 27.03 | 4 |

P15 1000 m

2020-01-19

Försök

Tot

| | | | | | |
|---|-------------------|----|--------------|---------|---|
| 1 | Markus Andersson | 05 | Västerås FK | 2:56.08 | 1 |
| 2 | Marcus Julin | 05 | Hanvikens SK | 3:04.52 | 2 |
| 3 | Ethan Chalon | 05 | Uppsala IF | 3:20.59 | 3 |
| 4 | Joel Holst | 05 | Västerås FK | 3:21.08 | 4 |
| 5 | Alexander Engblom | 05 | Uppsala IF | 3:23.64 | 5 |

P15 Höjd

2020-01-19

Tot

| | | | | | | |
|---|-----------------|----|---------------|-----|---|----|
| 1 | Alex Eriksson | 05 | Alunda SK | 159 | 1 | |
| 2 | Rasmus Berg | 05 | Hedesunda IF | 159 | 2 | |
| 3 | Teodor Nyman | 05 | Hanvikens SK | 156 | 3 | PB |
| 4 | Jonathan Hurtig | 05 | Hanvikens SK | 146 | 4 | |
| - | Albin Gyhlenius | 05 | KFUM Örebro | - | - | |
| - | Jacob Nilsson | 05 | Spårvägens FK | - | - | |

141 146 151 156 159 162

A. Gyhlenius

J. Hurtig

o o xxx

R. Berg

xxo xxo xxx

A. Eriksson

o o o o xo xxx

J. Nilsson

T. Nyman

o xo o xxo xxx

P15 Stav

2020-01-19

Tot

| | | | | | | |
|---|--------------------------|----|----------------------|-----|---|----|
| 1 | Linus Jönsson | 05 | Tjalve IF Norrköping | 410 | 1 | PB |
| 2 | Viktor Rahm | 05 | Västerås FK | 378 | 2 | |
| 3 | Alfons Elmgren-Hallinger | 05 | KFUM Örebro | 348 | 3 | |
| 4 | Axel Nilsson | 05 | Bålsta IK | 328 | 4 | |
| 5 | Marcus Julin | 05 | Hanvikens SK | 268 | 5 | |
| - | Albin Gyhlenius | 05 | KFUM Örebro | - | - | |

258 268 288 328 338 348 358 368 378 398 410 420

M. Julin

o o xxx

L. Jönsson

o - xo - o o xxx

A. Nilsson

xxo - xxx

V. Rahm

o - o o xxx

A. Gyhlenius

xxx

A. Elmgren-Halling

xo xo xxx

Results

P15 Längd

2020-01-19

| | | | | | Tot | |
|------------|--------------------|------|-----------------|------|------|-----------|
| 1 | Gabriel Dag | 05 | Västerås FK | 6.09 | 1 | |
| 2 | William Brändeborn | 05 | Råby-Rekarne FI | 5.21 | 2 | |
| 3 | Brando Abda | 05 | Eskilstuna FI | 5.19 | 3 | |
| 4 | William Klacksell | 05 | Råby-Rekarne FI | 4.71 | 4 | |
| 5 | Oskar Lambertz | 05 | Åkersberga SK | 4.37 | 5 | |
| - | Jacob Nilsson | 05 | Spårvägens FK | DNS | - | |
| - | Rasmus Berg | 05 | Hedesunda IF | DNS | - | |
| - | Axel Nilsson | 05 | Bålsta IK | DNS | - | |
| J. Nilsson | | | | | | |
| | W. Klacksell | 4.17 | x | x | 4.62 | 4.71 x |
| R. Berg | | | | | | |
| A. Nilsson | | | | | | |
| | B. Abda | 5.06 | 4.92 | 4.79 | 5.07 | 5.02 5.19 |
| | O. Lambertz | 4.02 | x | 4.14 | 4.35 | 4.37 x |
| | G. Dag | 5.16 | 5.96 | 6.09 | 4.73 | 4.83 6.05 |
| | W. Brändeborn | 5.10 | 4.92 | 5.05 | 5.08 | - 5.21 |

P15 Tresteg

2020-01-19

| | | | | | Tot | |
|-------------|-------------------|-------|-----------------|-------|-------|-------------|
| 1 | Alex Eriksson | 05 | Alunda SK | 11.08 | 1 | |
| 2 | Rasmus Berg | 05 | Hedesunda IF | 10.95 | 2 | |
| 3 | Teodor Nyman | 05 | Hanvikens SK | 10.51 | 3 | |
| 4 | Gustav Rydåker | 05 | Alunda SK | 10.43 | 4 | |
| 5 | William Klacksell | 05 | Råby-Rekarne FI | 10.19 | 5 | |
| - | Jacob Nilsson | 05 | Spårvägens FK | DNS | - | |
| R. Berg | | | | | | |
| | J. Nilsson | 10.95 | 10.77 | - | 10.66 | - x |
| A. Eriksson | | | | | | |
| | T. Nyman | x | x | 9.71 | 10.44 | 10.95 11.08 |
| | G. Rydåker | 10.11 | 9.74 | 9.77 | 9.93 | 10.51 10.41 |
| | W. Klacksell | 9.58 | 10.03 | x | 10.43 | 10.32 x |
| | | 10.19 | 9.74 | x | x | x 9.99 |

P15 Kula

4.0kg

2020-01-19

| | | | | | Tot | |
|---------------|--------------------|-------|-----------------|-------|------|-------------|
| 1 | Gustav Rydåker | 05 | Alunda SK | 12.19 | 1 | |
| 2 | Jonathan Hurtig | 05 | Hanvikens SK | 10.63 | 2 | PB |
| 3 | Oskar Lambertz | 05 | Åkersberga SK | 7.39 | 3 | |
| - | Leon Bodén | 05 | Motala AIF | DNS | - | |
| - | William Brändeborn | 05 | Råby-Rekarne FI | DNS | - | |
| - | Gustav Jansson | 05 | IK Westmannia | DNS | - | |
| - | Jacob Nilsson | 05 | Spårvägens FK | DNS | - | |
| L. Bodén | | | | | | |
| | O. Lambertz | x | x | x | 7.39 | x 6.88 |
| W. Brändeborn | | | | | | |
| | J. Hurtig | 10.38 | 10.59 | 10.61 | 9.93 | 10.63 9.79 |
| | G. Rydåker | x | x | x | x | 11.31 12.19 |
| G. Jansson | | | | | | |
| J. Nilsson | | | | | | |

Results

P15 Vikt

9.08kg

2020-01-19

| | | | | | Tot | | |
|-------------|-----------------|-------|---------------|-------|-------|----|-------|
| 1 | Gustav Rydåker | 05 | Alunda SK | 13.46 | 1 | | |
| 2 | Oliver Sandberg | 06 | Huddinge AIS | 10.66 | 2 | PB | |
| 3 | Ludvig Ellgren | 07 | Turebergs FK | 8.02 | 3 | | |
| - | Leo Marcus | 06 | Huddinge AIS | DNS | - | | |
| - | Gustav Jansson | 05 | IK Westmannia | DNS | - | | |
| - | Jacob Nilsson | 05 | Spårvägens FK | DNS | - | | |
| L. Ellgren | 8.02 | 6.96 | 6.35 | 7.18 | x | | x |
| L. Marcus | | | | | | | |
| G. Jansson | | | | | | | |
| J. Nilsson | | | | | | | |
| O. Sandberg | 10.31 | 10.59 | 9.84 | 10.33 | 9.34 | | 10.66 |
| G. Rydåker | x | x | x | 13.19 | 13.44 | | 13.46 |

P14 60 m

2020-01-19

Försök 1

| | | | | | Tot | | |
|---|-------------------|----|-----------------|--------|-----|--|--|
| 1 | Tinh Lundström | 06 | Leksands FIK | 8.22 q | 1 | | |
| 2 | Ludvig Danielsson | 06 | Hanvikens SK | 8.57 q | 6 | | |
| 3 | Ali Diakte | 06 | Hanvikens SK | 8.64 q | 8 | | |
| 4 | Hannes Erlingsson | 06 | Bålsta IK | 8.65 | 9 | | |
| 5 | Edvin Tögenmark | 06 | Upsala IF | 8.69 | 10 | | |
| 6 | Gustav Malmkvist | 06 | Katrineholms SK | 9.53 | 19 | | |
| 7 | Ivan Nilsson | 07 | Bålsta IK | 9.61 | 20 | | |

Försök 2

| | | | | | Tot | | |
|---|--------------------|----|-------------------|--------|-----|--|--|
| 1 | Robin Andersson | 06 | Nyköpings BIS | 8.32 q | 3 | | |
| 2 | Valter Löwkvist | 06 | Västerås FK | 8.50 q | 5 | | |
| 3 | Max Edwall | 06 | Åkersberga SK | 8.59 q | 7 | | |
| 4 | Folke Eriksson | 06 | Thorengruppen TFC | 8.69 | 11 | | |
| 5 | Hilding Hanberg | 06 | Västerås FK | 8.70 | 12 | | |
| 6 | Wilhelm Wetterblad | 06 | Nyköpings BIS | 9.09 | 16 | | |
| 7 | Melvin Dahlén | 06 | Västerås FK | 9.17 | 17 | | |

Försök 3

| | | | | | Tot | | |
|---|-----------------|----|-----------------|--------|-----|--|--|
| 1 | Sigge Bergentz | 06 | KFUM Örebro | 8.24 q | 2 | | |
| 2 | Felix Johnsson | 06 | Upsala IF | 8.44 q | 4 | | |
| 3 | Max Holm | 06 | Råby-Rekarne FI | 8.75 | 13 | | |
| 4 | Jack Forsberg | 06 | Västerås FK | 8.93 | 14 | | |
| 5 | Mattias Nilsson | 06 | Hanvikens SK | 9.08 | 15 | | |
| 6 | Oskar Dahlén | 06 | Västerås FK | 9.47 | 18 | | |
| 7 | Marcus Gangstad | 06 | Västerås FK | 9.79 | 21 | | |

P14 60 m

2020-01-19

Final

| | | | | | Tot | | |
|---|-------------------|----|---------------|------|-----|--|--|
| 1 | Sigge Bergentz | 06 | KFUM Örebro | 7.98 | 1 | | |
| 2 | Tinh Lundström | 06 | Leksands FIK | 8.15 | 2 | | |
| 3 | Robin Andersson | 06 | Nyköpings BIS | 8.33 | 3 | | |
| 4 | Valter Löwkvist | 06 | Västerås FK | 8.40 | 4 | | |
| 5 | Max Edwall | 06 | Åkersberga SK | 8.58 | 5 | | |
| 6 | Felix Johnsson | 06 | Upsala IF | 8.60 | 6 | | |
| 7 | Ali Diakte | 06 | Hanvikens SK | 8.66 | 7 | | |
| 8 | Ludvig Danielsson | 06 | Hanvikens SK | 8.66 | 8 | | |

Results

P14 200 m

2020-01-19

Försök 1

Tot

| | | | | | |
|---|-------------------|----|-----------|-------|---|
| 1 | Edvin Tögenmark | 06 | Upsala IF | 28.77 | 6 |
| 2 | Hannes Erlingsson | 06 | Bålsta IK | 29.09 | 8 |
| 3 | Viktor Norrby | 06 | Upsala IF | 30.70 | 9 |

Försök 2

Tot

| | | | | | |
|---|----------------|----|-------------------|-------|---|
| 1 | Folke Eriksson | 06 | Thorengruppen TFC | 27.89 | 3 |
| 2 | Felix Johnsson | 06 | Upsala IF | 28.07 | 4 |
| 3 | Max Holm | 06 | Råby-Rekarne FI | 28.51 | 5 |
| 4 | Ali Diakte | 06 | Hanvikens SK | 28.87 | 7 |

Försök 3

Tot

| | | | | | | |
|---|-----------------|----|--------------|-------|---|------------|
| 1 | Valter Löwkvist | 06 | Västerås FK | 27.64 | 1 | PB |
| 2 | Ivar Sundberg | 07 | Upsala IF | 27.88 | 2 | |
| - | Sigge Bergentz | 06 | KFUM Örebro | DQ | - | tjuvstart |
| - | Tinh Lundström | 06 | Leksands FIK | DQ | - | linjetramp |

P14 1000 m

2020-01-19

Försök

Tot

| | | | | | |
|---|----------------|----|-------------|---------|---|
| 1 | Felix Johnsson | 06 | Upsala IF | 3:09.90 | 1 |
| 2 | Nils Hammar | 06 | Västerås FK | 3:22.12 | 2 |

P14 Höjd

2020-01-19

Tot

| | | | | | | |
|---|-------------------|----|-----------------|-----|---|----|
| 1 | Gustav Malmkvist | 06 | Katrineholms SK | 162 | 1 | |
| 2 | Hugo Aronsson | 06 | Åkersberga SK | 156 | 2 | |
| 3 | Hannes Erlingsson | 06 | Bålsta IK | 151 | 3 | |
| 4 | Edvin Tögenmark | 06 | Upsala IF | 151 | 4 | PB |
| 5 | Ludvig Danielsson | 06 | Hanvikens SK | 141 | 5 | |
| 6 | Jack Forsberg | 06 | Västerås FK | 136 | 6 | |
| 7 | Oliver Sandberg | 06 | Huddinge AIS | 136 | 7 | |
| 8 | Melvin Dahlén | 06 | Västerås FK | 131 | 8 | |

131 136 141 146 151 156 162 167

| | | | | | | | | | |
|---------------|----|-----|-----|-----|-----|-----|-----|-----|--|
| J. Forsberg | o | o | xxx | | | | | | |
| H. Erlingsson | o | o | o | o | xo | xxx | | | |
| E. Tögenmark | o | o | o | xo | xxo | x- | | | |
| H. Aronsson | | | o | o | o | o | xxx | | |
| L. Danielsson | | xo | xxo | xxx | | | | | |
| M. Dahlén | o | xxx | | | | | | | |
| G. Malmkvist | | | | o | o | o | xxo | xxx | |
| O. Sandberg | xo | o | xxx | | | | | | |

Results

P14 Stav

2020-01-19

| | | | | Tot | | |
|---|-------------------|----|--------------|-----|---|----|
| 1 | Oliver Sandberg | 06 | Huddinge AIS | 288 | 1 | PB |
| 2 | Valter Löwkvist | 06 | Västerås FK | 258 | 2 | |
| 3 | Jack Forsberg | 06 | Västerås FK | 248 | 3 | |
| 4 | Hannes Erlingsson | 06 | Bålsta IK | 248 | 4 | |
| 5 | Ivan Nilsson | 07 | Bålsta IK | 208 | 5 | |
| - | Hugo Engkvist | 06 | Upsala IF | | - | |
| - | Levi Back | 08 | Turebergs FK | | - | |

188 208 218 228 238 248 258 268 278 288 298

| | | | | | | | | | | | | | | | | | | | |
|---------------|--|----|----|-----|----|----|----|-----|-----|-----|-----|--|--|--|--|--|--|--|--|
| I. Nilsson | | o | xo | | | | | | | | | | | | | | | | |
| V. Löwkvist | | o | xo | o | o | o | o | o | xo | xxx | | | | | | | | | |
| H. Engkvist | | | | xxx | | | | | | | | | | | | | | | |
| J. Forsberg | | xo | o | o | xo | o | o | xxx | | | | | | | | | | | |
| H. Erlingsson | | | o | o | o | o | xo | xxx | | | | | | | | | | | |
| O. Sandberg | | | | xxo | o | xo | o | xo | xxo | xxo | xxx | | | | | | | | |
| L. Back | | | | xxx | | | | | | | | | | | | | | | |

P14 Längd

2020-01-19

| | | | | Tot | | |
|----|--------------------|----|-----------------|------|----|-----------|
| 1 | Robin Andersson | 06 | Nyköpings BIS | 4.79 | 1 | PB |
| 2 | Nils Hammar | 06 | Västerås FK | 4.45 | 2 | |
| 3 | Hugo Aronsso | 06 | Åkersberga SK | 4.42 | 3 | |
| 4 | Hannes Erlingsson | 06 | Bålsta IK | 4.40 | 4 | 4,39 4,39 |
| 5 | Viktor Norrby | 06 | Upsala IF | 4.40 | 5 | 4,39 4,33 |
| 6 | Felix Johnsson | 06 | Upsala IF | 4.33 | 6 | |
| 7 | Gustav Malmkvist | 06 | Katrineholms SK | 4.25 | 7 | |
| 8 | Edvin Tögenmark | 06 | Upsala IF | 4.19 | 8 | |
| 9 | Max Edwall | 06 | Åkersberga SK | 4.18 | 9 | |
| 10 | Oskar Jansson | 06 | Alunda SK | 4.13 | 10 | |
| 11 | Mattias Nilsson | 06 | Hanvikens SK | 4.12 | 11 | |
| 12 | Tinh Lundström | 06 | Leksands FIK | 4.06 | 12 | |
| 13 | Ludvig Danielsson | 06 | Hanvikens SK | 3.97 | 13 | |
| 14 | Wilhelm Wetterblad | 06 | Nyköpings BIS | 3.96 | 14 | |
| 15 | Oskar Dahlén | 06 | Västerås FK | 3.67 | 15 | |
| 16 | Marcus Gangstad | 06 | Västerås FK | 3.54 | 16 | |
| - | Ivan Nilsson | 07 | Bålsta IK | DNS | - | |
| - | Jonathan Windahl | 06 | Västerås FK | DNS | - | |

| | | | | | | |
|---------------|------|------|------|------|------|------|
| L. Danielsson | 3.36 | 3.60 | 3.97 | | | |
| H. Erlingsson | 4.39 | 4.20 | 4.32 | 4.32 | 4.39 | 4.40 |
| M. Nilsson | x | x | 4.12 | | | |
| O. Dahlén | 3.67 | x | 3.43 | | | |
| N. Hammar | 4.42 | 4.41 | 4.45 | 4.43 | 4.30 | 4.42 |
| O. Jansson | 4.13 | 4.05 | 4.00 | | | |
| J. Windahl | | | | | | |
| W. Wetterblad | 3.83 | 3.85 | 3.96 | | | |
| H. Aronsso | 4.36 | 4.20 | 4.42 | 4.35 | 4.26 | 4.41 |
| F. Johnsson | 4.03 | 4.30 | 4.33 | 4.10 | 3.94 | 4.02 |
| M. Edwall | 4.06 | 4.18 | 4.12 | | | |
| T. Lundström | 4.06 | 3.77 | x | | | |
| R. Andersson | 4.24 | 4.47 | 4.29 | 4.64 | 4.79 | 3.74 |
| E. Tögenmark | 3.80 | 4.19 | 2.89 | | | |
| M. Gangstad | 3.54 | x | 3.22 | | | |
| V. Norrby | 4.33 | 4.39 | 4.23 | 4.30 | 4.26 | 4.40 |
| I. Nilsson | | | | | | |
| G. Malmkvist | 4.08 | 4.25 | 4.08 | x | 4.12 | 3.57 |

Results

P14 Tresteg

2020-01-19

| | | | | Tot | | |
|--------------|------------------|-------|-----------------|-------|------|-------|
| 1 | Felix Johnsson | 06 | Upsala IF | 10.27 | 1 | PB |
| 2 | Viktor Norrby | 06 | Upsala IF | 10.10 | 2 | |
| 3 | Max Holm | 06 | Råby-Rekarne FI | 9.38 | 3 | |
| 4 | Gustav Malmkvist | 06 | Katrineholms SK | 9.30 | 4 | |
| 5 | Oskar Jansson | 06 | Alunda SK | 9.25 | 5 | |
| 6 | Oskar Tennhed | 07 | Råby-Rekarne FI | 9.24 | 6 | |
| 7 | Oskar Dahlén | 06 | Västerås FK | 8.26 | 7 | |
| 8 | Ivan Nilsson | 07 | Bålsta IK | 8.18 | 8 | |
| - | Marcus Gangstad | 06 | Västerås FK | | - | |
| - | Jonathan Windahl | 06 | Västerås FK | DNS | - | |
| G. Malmkvist | 9.30 | x | 8.84 | 8.60 | - | - |
| V. Norrby | 9.84 | 9.71 | 9.94 | 9.83 | 9.88 | 10.10 |
| I. Nilsson | 7.88 | 8.18 | 7.79 | 8.04 | 7.90 | 7.78 |
| M. Holm | 9.38 | 9.12 | 9.20 | 9.02 | 9.36 | x |
| O. Dahlén | 8.26 | x | - | - | - | - |
| O. Jansson | 9.02 | 9.16 | x | 8.74 | 9.25 | 9.06 |
| F. Johnsson | x | 10.09 | 9.89 | 9.47 | 9.75 | 10.27 |
| M. Gangstad | x | x | x | | | |
| O. Tennhed | 9.24 | 8.63 | 9.23 | 9.15 | 8.05 | x |
| J. Windahl | | | | | | |

P14 Kula

4.0kg

2020-01-19

| | | | | Tot | | |
|---------------|-------------------|------|---------------|------|------|------|
| 1 | Max Edwall | 06 | Åkersberga SK | 9.97 | 1 | |
| 2 | Oskar Kruse | 06 | Turebergs FK | 8.29 | 2 | PB |
| 3 | Hugo Aronsson | 06 | Åkersberga SK | 8.28 | 3 | PB |
| 4 | Mattias Nilsson | 06 | Hanvikens SK | 8.16 | 4 | |
| 5 | Melvin Dahlén | 06 | Västerås FK | 8.05 | 5 | |
| 6 | Viktor Norrby | 06 | Upsala IF | 7.40 | 6 | |
| - | Hannes Erlingsson | 06 | Bålsta IK | DNS | - | |
| - | Leo Marcus | 06 | Huddinge AIS | DNS | - | |
| - | Oliver Sandberg | 06 | Huddinge AIS | DNS | - | |
| - | Samir Fekari | 06 | Bålsta IK | DNS | - | |
| M. Edwall | 9.89 | 9.97 | 9.17 | x | 9.17 | 9.32 |
| O. Kruse | 8.01 | 8.03 | x | 8.29 | x | 7.75 |
| V. Norrby | 7.40 | x | x | 7.17 | x | 6.18 |
| H. Erlingsson | | | | | | |
| M. Dahlén | 8.05 | 7.84 | 7.83 | 7.73 | 7.77 | 7.90 |
| L. Marcus | | | | | | |
| O. Sandberg | | | | | | |
| S. Fekari | | | | | | |
| M. Nilsson | x | x | x | 8.16 | x | 7.34 |
| H. Aronsson | 7.96 | 8.28 | 7.76 | 7.85 | 6.23 | 7.77 |

Results

P13 60 m

2020-01-18

Försök 1

Tot

| | | | | | |
|---|---------------------|----|--------------|--------|----|
| 1 | Ivar Hjorton-Vessby | 07 | Uppsala IF | 9.10 q | 9 |
| 2 | Erik Karlsson | 07 | Ludvika FFI | 9.42 q | 15 |
| 3 | Viktor Rudin | 07 | Västerås FK | 9.52 | 18 |
| 4 | Oscar Halkonen | 07 | Ludvika FFI | 9.58 | 22 |
| 5 | Birger Viirman | 07 | Uppsala IF | 9.88 | 23 |
| 6 | Benjamin Thisner | 07 | Enköpings AI | 9.89 | 24 |
| 7 | Jonathan Danielsson | 07 | Säters IF | 10.97 | 27 |

Försök 2

Tot

| | | | | | |
|---|-----------------|----|---------------|--------|----|
| 1 | Ivar Sundberg | 07 | Uppsala IF | 8.38 q | 2 |
| 2 | Sebastian Alin | 07 | IFK Mora FIK | 8.76 q | 4 |
| 3 | William Hed | 07 | IK Westmannia | 9.17 q | 11 |
| 4 | Lucas Ohlsson | 07 | Västerås FK | 9.38 q | 14 |
| 5 | Liam Dovander | 07 | Turebergs FK | 9.45 | 17 |
| 6 | Gustav Fabretto | 07 | Västerås FK | 10.21 | 25 |

Försök 3

Tot

| | | | | | |
|---|--------------------------|----|-----------------|--------|----|
| 1 | Oskar Tennhed | 07 | Råby-Rekarne FI | 8.56 q | 3 |
| 2 | Olle Willner | 07 | Mälarhöjdens IK | 8.87 q | 5 |
| 3 | Theo Lundman | 07 | Estuna IF | 9.13 q | 10 |
| 4 | Pontus Enger | 07 | Kungsängen FK | 9.54 | 19 |
| 5 | Maxim De Castro Dynesius | 07 | Kungsängen FK | 9.54 | 20 |
| 6 | Erik Håkansson | 07 | Turebergs FK | 9.56 | 21 |
| 7 | Steve Klasmark | 07 | Åkersberga SK | 10.30 | 26 |

Försök 4

Tot

| | | | | | |
|---|-------------------|----|---------------|--------|----|
| 1 | Leon Khunsunon | 07 | Enköpings AI | 8.11 q | 1 |
| 2 | Jonathan Melke | 07 | Kungsängen FK | 8.88 q | 6 |
| 3 | Alfred Gunnarsson | 07 | Kungsängen FK | 9.03 q | 7 |
| 4 | Oskar Hallberg | 07 | Kungsängen FK | 9.05 q | 8 |
| 5 | Theodor Öhman | 07 | Enköpings AI | 9.25 q | 12 |
| 6 | Max Wiman | 07 | Bålsta IK | 9.36 q | 13 |
| 7 | Oscar Fabretto | 07 | Västerås FK | 9.43 q | 16 |

Results

P13 60 m

2020-01-18

Final 1

| | | | | Tot | |
|---|---------------------|----|---------------|------|----|
| 1 | Theo Lundman | 07 | Estuna IF | 9.08 | 7 |
| 2 | Ivar Hjorton-Vessby | 07 | Upsala IF | 9.21 | 10 |
| 3 | William Hed | 07 | IK Westmannia | 9.28 | 11 |
| 4 | Theodor Öhman | 07 | Enköpings AI | 9.28 | 12 |
| 5 | Max Wiman | 07 | Bålsta IK | 9.35 | 13 |
| 6 | Erik Karlsson | 07 | Ludvika FFI | 9.39 | 14 |
| - | Lucas Ohlsson | 07 | Västerås FK | DNS | - |
| - | Oscar Fabretto | 07 | Västerås FK | DNS | - |

Final 2

| | | | | Tot | |
|---|-------------------|----|-----------------|------|---|
| 1 | Leon Khunsunon | 07 | Enköpings AI | 8.13 | 1 |
| 2 | Ivar Sundberg | 07 | Upsala IF | 8.35 | 2 |
| 3 | Oskar Tennhed | 07 | Råby-Rekarne FI | 8.58 | 3 |
| 4 | Sebastian Alin | 07 | IFK Mora FIK | 8.67 | 4 |
| 5 | Jonathan Melke | 07 | Kungsängen FK | 8.82 | 5 |
| 6 | Olle Willner | 07 | Mälärhöjdens IK | 8.92 | 6 |
| 7 | Oskar Hallberg | 07 | Kungsängen FK | 9.14 | 8 |
| 8 | Alfred Gunnarsson | 07 | Kungsängen FK | 9.15 | 9 |

P13 800 m

2020-01-18

Försök

| | | | | Tot | |
|---|----------------------------|----|---------------|---------|---|
| 1 | Måns Norell | 07 | Enköpings AI | 2:40.95 | 1 |
| 2 | Ivar Hjorton-Vessby | 07 | Upsala IF | 2:42.88 | 2 |
| 3 | Oskar Hallberg | 07 | Kungsängen FK | 2:45.37 | 3 |
| 4 | Birger Viirman | 07 | Upsala IF | 2:57.49 | 4 |
| 5 | Samuel Wiklund | 07 | Västerås FK | 3:01.04 | 5 |
| 6 | Max Wiman | 07 | Bålsta IK | 3:06.69 | 6 |
| 7 | Wilton Alfredsson Mattsson | 07 | Estuna IF | 3:31.31 | 7 |
| - | Jonathan Melke | 07 | Kungsängen FK | DNF | - |

Results

P13 Längd

zon

2020-01-18

| | | | Tot | | | |
|-------------------|---------------------|------|-----------------|------|------|------|
| 1 | Leon Khunsunon | 07 | Enköpings AI | 4.94 | 1 | PB |
| 2 | Ivar Sundberg | 07 | Upsala IF | 4.88 | 2 | PB |
| 3 | Sebastian Alin | 07 | IFK Mora FIK | 4.86 | 3 | |
| 4 | Ivar Hjorton-Vessby | 07 | Upsala IF | 4.61 | 4 | PB |
| 5 | Erik Karlsson | 07 | Ludvika FFI | 4.33 | 5 | |
| 6 | Alfred Gunnarsson | 07 | Kungsängen FK | 4.25 | 6 | |
| 7 | Theodor Öhman | 07 | Enköpings AI | 4.21 | 7 | PB |
| 8 | Samuel Wiklund | 07 | Västerås FK | 4.19 | 8 | |
| 9 | Liam Dovander | 07 | Turebergs FK | 4.17 | 9 | |
| 10 | Benjamin Thisner | 07 | Enköpings AI | 4.13 | 10 | |
| 11 | Oskar Tennhed | 07 | Råby-Rekarne FI | 4.12 | 11 | |
| 12 | Max Wiman | 07 | Bålsta IK | 4.09 | 12 | PB |
| 13 | Viktor Rudin | 07 | Västerås FK | 4.07 | 13 | |
| 14 | Theo Lundman | 07 | Estuna IF | 4.06 | 14 | |
| 15 | Erik Håkansson | 07 | Turebergs FK | 4.05 | 15 | |
| 16 | Jonathan Melke | 07 | Kungsängen FK | 4.02 | 16 | |
| 17 | William Hed | 07 | IK Westmannia | 3.93 | 17 | |
| 18 | Felix Hjertström | 07 | Västerås FK | 3.89 | 18 | |
| 19 | Pontus Enger | 07 | Kungsängen FK | 3.84 | 19 | |
| 20 | Casper Johansson | 07 | Sätters IF | 3.78 | 20 | |
| 21 | Oscar Halkonen | 07 | Ludvika FFI | 3.31 | 21 | |
| 22 | Filip Tiderman | 07 | Kungsängen FK | 3.29 | 22 | |
| 23 | Jonathan Danielsson | 07 | Sätters IF | 3.11 | 23 | |
| - | Lucas Ohlsson | 07 | Västerås FK | DNS | - | |
| - | Steve Klasmark | 07 | Åkersberga SK | DNS | - | |
| - | Ludvig Sjöblom | 07 | Kungsängen FK | DNS | - | |
| J. Danielsson | 3.11 | 3.10 | 2.82 | | | |
| L. Sjöblom | | | | | | |
| J. Melke | 3.61 | 4.02 | 3.93 | | | |
| T. Öhman | 4.03 | 3.99 | 4.21 | 3.97 | 3.92 | 4.15 |
| C. Johansson | 3.67 | 3.78 | 3.76 | | | |
| P. Enger | 3.84 | 3.83 | 3.78 | | | |
| V. Rudin | 4.07 | 3.72 | 3.35 | | | |
| I. Hjorton-Vessby | 4.61 | 4.28 | 4.44 | 4.45 | 4.44 | 4.41 |
| L. Ohlsson | | | | | | |
| M. Wiman | 4.09 | 4.02 | 3.98 | | | |
| O. Tennhed | 4.12 | 3.19 | x | | | |
| T. Lundman | 4.06 | 3.84 | 3.84 | | | |
| L. Dovander | 4.17 | 4.12 | 4.10 | | | |
| O. Halkonen | 3.24 | 3.31 | 3.19 | | | |
| F. Hjertström | 3.63 | 3.89 | 3.83 | | | |
| S. Wiklund | 4.19 | 2.76 | 4.19 | 2.94 | 3.85 | 2.83 |
| I. Sundberg | x | 4.88 | 4.68 | x | 4.72 | 4.66 |
| E. Håkansson | 4.04 | 3.94 | 4.05 | | | |
| W. Hed | x | 3.93 | 3.76 | | | |
| S. Klasmark | | | | | | |
| E. Karlsson | 4.33 | 4.24 | 4.20 | x | 3.98 | x |
| F. Tiderman | 3.29 | 3.19 | x | | | |
| B. Thisner | 4.13 | 3.74 | 4.01 | | | |
| A. Gunnarsson | 4.00 | 4.25 | 4.02 | x | 3.80 | 4.09 |
| L. Khunsunon | 4.56 | 4.79 | 4.73 | 4.82 | 4.94 | 4.91 |
| S. Alin | 4.86 | 4.65 | 4.80 | 4.86 | 4.68 | 4.83 |

Results

P13 Kula

3.0kg

2020-01-18

| | | | | Tot | |
|-------------------|---------------------|------|---------------|------|------|
| 1 | Erik Karlsson | 07 | Ludvika FFI | 9.55 | 1 |
| 2 | Casper Johansson | 07 | Sätters IF | 9.38 | 2 |
| 3 | Oscar Fabretto | 07 | Västerås FK | 9.13 | 3 |
| 4 | Gustav Fabretto | 07 | Västerås FK | 8.95 | 4 |
| 5 | Felix Hjertström | 07 | Västerås FK | 8.58 | 5 |
| 6 | William Hed | 07 | IK Westmannia | 7.94 | 6 |
| 7 | Liam Dovander | 07 | Turebergs FK | 7.90 | 7 |
| | | | | | PB |
| 8 | Carl Karlsson | 07 | Västerås FK | 7.76 | 8 |
| 9 | Max Wiman | 07 | Bålsta IK | 7.46 | 9 |
| | | | | | PB |
| 10 | Sebastian Alin | 07 | IFK Mora FIK | 7.35 | 10 |
| 11 | Ivar Hjorton-Vessby | 07 | Uppsala IF | 7.17 | 11 |
| 12 | Pontus Enger | 07 | Kungsängen FK | 7.01 | 12 |
| 13 | Erik Håkansson | 07 | Turebergs FK | 6.08 | 13 |
| 14 | Oscar Halkonen | 07 | Ludvika FFI | 5.97 | 14 |
| 15 | Jonathan Melke | 07 | Kungsängen FK | 5.50 | 15 |
| 16 | Jonathan Danielsson | 07 | Sätters IF | 5.41 | 16 |
| - | Steve Klasmark | 07 | Åkersberga SK | - | - |
| - | Lowe Wängelin | 07 | Uppsala IF | - | - |
| - | Ludvig Sjöblom | 07 | Kungsängen FK | - | - |
| - | Gustav Karlén | 07 | Västerås FK | - | - |
| P. Enger | 7.01 | 6.55 | 6.58 | | |
| E. Håkansson | 5.77 | x | 6.08 | | |
| E. Karlsson | 8.40 | 9.25 | 8.48 | 9.46 | 9.55 |
| F. Hjertström | 7.43 | 8.12 | 8.01 | 7.88 | 8.04 |
| O. Halkonen | 5.69 | 5.69 | 5.97 | | |
| G. Fabretto | 6.37 | 8.83 | 8.32 | 8.43 | 8.95 |
| O. Fabretto | 7.65 | 7.82 | 8.07 | 8.36 | 9.13 |
| L. Dovander | 7.54 | 7.18 | 7.75 | 7.53 | 7.90 |
| J. Melke | x | 5.50 | x | | |
| G. Karlén | | | | | |
| C. Karlsson | 6.44 | 7.25 | 7.76 | 7.39 | 7.32 |
| L. Sjöblom | | | | | |
| C. Johansson | 8.14 | 8.73 | 8.73 | 9.38 | 9.04 |
| S. Klasmark | | | | | |
| M. Wiman | 7.46 | 7.40 | 7.21 | | |
| W. Hed | 6.77 | 6.56 | 7.62 | 7.52 | 7.14 |
| J. Danielsson | 5.05 | x | 5.41 | | |
| L. Wängelin | | | | | |
| S. Alin | 7.35 | 7.20 | 6.95 | | |
| I. Hjorton-Vessby | 7.02 | 7.17 | 6.70 | | |

Results

P12 60 m

2020-01-18

Försök 1

| | | | | Tot |
|---|-------------------|----|---------------|----------|
| 1 | Evert Östlind | 08 | Åkersberga SK | 8.88 q 4 |
| 2 | Oskar Nylander | 08 | Gefle IF | 8.92 q 5 |
| 3 | Olof Tholén | 08 | Alingsås IF | 9.03 q 6 |
| 4 | David Wallén | 08 | Västerås FK | 9.15 q 7 |
| 5 | Karl Setthammar | 08 | Västerås FK | 9.18 q 8 |
| 6 | Valter Silverhult | 08 | Västerås FK | 9.42 10 |
| 7 | Carl Ridderstråle | 08 | Bålsta IK | 9.87 15 |
| 8 | Anton Halkonen | 08 | Ludvika FFI | 10.45 16 |

Försök 2

| | | | | Tot |
|---|-----------------|----|---------------|----------|
| 1 | Hugo Nowak | 08 | IF Skade | 8.54 q 1 |
| 2 | Edvin Andersson | 08 | Gefle IF | 8.70 q 2 |
| 3 | Ethan Lindström | 08 | Västerås FK | 8.78 q 3 |
| 4 | Allan Schager | 08 | Åkersberga SK | 9.26 9 |
| 5 | Elton Ådemark | 08 | Västerås FK | 9.51 11 |
| 6 | Ricky Wahlberg | 08 | Hammarby IF | 9.53 12 |
| 7 | Alvin Guldbrand | 08 | Åkersberga SK | 9.74 13 |
| 8 | Johan Åkerström | 08 | Kungsängen FK | 9.78 14 |

P12 60 m

2020-01-18

Final

| | | | | Tot |
|---|-----------------|----|---------------|--------|
| 1 | Hugo Nowak | 08 | IF Skade | 8.52 1 |
| 2 | Edvin Andersson | 08 | Gefle IF | 8.73 2 |
| 3 | Ethan Lindström | 08 | Västerås FK | 8.76 3 |
| 4 | Evert Östlind | 08 | Åkersberga SK | 8.95 4 |
| 5 | Oskar Nylander | 08 | Gefle IF | 9.00 5 |
| 6 | Olof Tholén | 08 | Alingsås IF | 9.10 6 |
| 7 | David Wallén | 08 | Västerås FK | 9.20 7 |
| 8 | Karl Setthammar | 08 | Västerås FK | 9.22 8 |

P12 800 m

2020-01-18

Försök

| | | | | Tot |
|---|------------------|----|---------------|-----------|
| 1 | Olof Tholén | 08 | Alingsås IF | 2:32.42 1 |
| 2 | David Wallén | 08 | Västerås FK | 2:32.87 2 |
| 3 | Evert Östlind | 08 | Åkersberga SK | 2:48.43 3 |
| 4 | Gustav Levander | 08 | Kungsängen FK | 2:48.84 4 |
| 5 | Johan Åkerström | 08 | Kungsängen FK | 2:50.79 5 |
| 6 | Kalle Sturebrand | 08 | Västerås FK | 2:58.82 6 |

Results

P12 Höjd

2020-01-18

| | | | | | Tot |
|----|-------------------|----|---------------|-----|-----|
| 1 | Elvin Rahm | 08 | Gefle IF | 146 | 1 |
| 2 | Ethan Lindström | 08 | Västerås FK | 140 | 2 |
| 3 | Oskar Nylander | 08 | Gefle IF | 134 | 3 |
| 4 | Olof Tholén | 08 | Alingsås IF | 131 | 4 |
| 5 | David Wallén | 08 | Västerås FK | 131 | 5 |
| 6 | Valter Silverhult | 08 | Västerås FK | 131 | 6 |
| 7 | Gustav Levander | 08 | Kungsängen FK | 121 | 7 |
| 8 | Johan Åkerström | 08 | Kungsängen FK | 121 | 8 |
| 9 | Kalle Sturebrand | 08 | Västerås FK | 111 | 9 |
| 10 | Anton Halkonen | 08 | Ludvika FFI | 111 | 10 |
| - | Carl Ridderstråle | 08 | Bålsta IK | - | - |

106 111 116 121 126 131 134 137 140 143 146 148

| | | | | | | | | | | | | | | | | | | | |
|-----------------|-----|-----|-----|-----|-----|-----|-----|-----|---|-----|-----|-----|--|--|--|--|--|--|--|
| K. Sturebrand | xxo | o | xxx | | | | | | | | | | | | | | | | |
| J. Åkerström | xo | o | xo | xxo | xxx | | | | | | | | | | | | | | |
| V. Silverhult | | | o | o | xo | xo | xxx | | | | | | | | | | | | |
| A. Halkonen | o | xxo | xxx | | | | | | | | | | | | | | | | |
| D. Wallén | | | | o | xxo | o | xxx | | | | | | | | | | | | |
| G. Levander | xo | o | xxo | o | xxx | | | | | | | | | | | | | | |
| O. Tholén | | | o | o | o | o | xxx | | | | | | | | | | | | |
| C. Ridderstråle | | | | | | | | | | | | | | | | | | | |
| E. Lindström | | | | o | o | o | o | o | o | xxx | | | | | | | | | |
| E. Rahm | | | | | o | o | o | o | o | o | xxo | xxx | | | | | | | |
| O. Nylander | | | o | o | o | xxo | o | xxx | | | | | | | | | | | |

Results

P12 Längd

zon

2020-01-18

| | | | | | Tot | |
|-----------------|-------------------|------|---------------|------|------|------|
| 1 | Edvin Andersson | 08 | Gefle IF | 4.87 | 1 | |
| 2 | Oskar Nylander | 08 | Gefle IF | 4.59 | 2 | |
| 3 | Elvin Rahm | 08 | Gefle IF | 4.58 | 3 | |
| 4 | Ethan Lindström | 08 | Västerås FK | 4.52 | 4 | |
| 5 | Olof Tholén | 08 | Alingsås IF | 4.44 | 5 | SB |
| 6 | David Wallén | 08 | Västerås FK | 4.40 | 6 | |
| 7 | Evert Östlind | 08 | Åkersberga SK | 4.24 | 7 | |
| 8 | Ricky Wahlberg | 08 | Hammarby IF | 4.19 | 8 | |
| 9 | Valter Silverhult | 08 | Västerås FK | 4.06 | 9 | |
| 10 | Hugo Nowak | 08 | IF Skade | 4.01 | 10 | |
| 11 | Elton Ådemark | 08 | Västerås FK | 4.00 | 11 | |
| 12 | Gustav Levander | 08 | Kungsängen FK | 3.88 | 12 | PB |
| 13 | Kalle Sturebrand | 08 | Västerås FK | 3.87 | 13 | |
| 14 | Johan Åkerström | 08 | Kungsängen FK | 3.86 | 14 | |
| 15 | Allan Schager | 08 | Åkersberga SK | 3.83 | 15 | |
| 16 | Carl Ridderstråle | 08 | Bålsta IK | 3.64 | 16 | |
| 17 | Anton Halkonen | 08 | Ludvika FFI | 3.09 | 17 | |
| 18 | Elliot Demettise | 08 | Kungsängen FK | 2.14 | 18 | |
| - | Rami Fakhreddine | 08 | Hässelby SK | DNS | - | |
| - | Erik Jansson | 08 | Kungsängen FK | DNS | - | |
| - | Alvin Gulbrand | 08 | Åkersberga SK | DNS | - | |
| E. Rahm | 4.58 | 4.55 | 4.44 | 4.48 | x | - |
| O. Tholén | 4.38 | 4.44 | 4.27 | 4.31 | 4.31 | 4.17 |
| J. Åkerström | 3.86 | 3.69 | 3.39 | | | |
| V. Silverhult | 4.06 | 4.05 | 3.61 | | | |
| R. Fakhreddine | | | | | | |
| A. Gulbrand | | | | | | |
| O. Nylander | 4.59 | 4.40 | 4.31 | 4.19 | - | - |
| K. Sturebrand | 3.87 | 3.64 | 3.72 | | | |
| G. Levander | 3.88 | 3.69 | x | | | |
| A. Halkonen | 3.05 | 2.97 | 3.09 | | | |
| D. Wallén | 4.40 | 4.37 | 4.22 | 4.36 | 4.36 | 4.35 |
| E. Andersson | 4.87 | 4.66 | x | 4.41 | 4.18 | 4.16 |
| E. Demettise | 2.14 | 1.97 | 2.08 | | | |
| E. Lindström | 4.40 | 4.31 | 4.39 | 4.36 | 4.40 | 4.52 |
| H. Nowak | 4.01 | 3.89 | 4.01 | | | |
| A. Schager | 3.83 | 3.79 | 3.81 | | | |
| C. Ridderstråle | 3.64 | - | - | | | |
| E. Östlind | 4.18 | 3.96 | 3.99 | 4.24 | 4.09 | 4.10 |
| E. Ådemark | 3.85 | 4.00 | 3.77 | | | |
| E. Jansson | | | | | | |
| R. Wahlberg | 3.96 | 4.01 | 4.09 | 4.08 | 4.19 | 4.05 |

Results

P12 Kula

3.0kg

2020-01-18

| | | | | Tot | | |
|-----------------------|-------------------------|------|---------------|------|------|------|
| 1 | Ricky Wahlberg | 08 | Hammarby IF | 9.27 | 1 | PB |
| 2 | Noah Karlsson Hjortborg | 08 | KFUM Örebro | 9.02 | 2 | PB |
| 3 | Oskar Nylander | 08 | Gefle IF | 8.51 | 3 | |
| 4 | Karl Setthammar | 08 | Västerås FK | 7.71 | 4 | |
| 5 | Hugo Nowak | 08 | IF Skade | 7.70 | 5 | |
| 6 | Olof Tholén | 08 | Alingsås IF | 6.83 | 6 | SB |
| 7 | Johan Åkerström | 08 | Kungsängen FK | 6.73 | 7 | |
| 8 | Allan Schager | 08 | Åkersberga SK | 6.52 | 8 | |
| 9 | Carl Ridderstråle | 08 | Bålsta IK | 6.08 | 9 | |
| 10 | Anton Halkonen | 08 | Ludvika FFI | 5.64 | 10 | |
| 11 | Kalle Sturebrand | 08 | Västerås FK | 5.40 | 11 | |
| 12 | Elliot Demettise | 08 | Kungsängen FK | 4.49 | 12 | |
| - | Erik Jansson | 08 | Kungsängen FK | - | - | |
| H. Nowak | 7.70 | 7.56 | 7.60 | 7.47 | 7.06 | 7.33 |
| R. Wahlberg | 8.59 | 8.94 | 8.06 | 8.91 | 9.27 | 9.26 |
| O. Nylander | 7.68 | 8.15 | 8.51 | 7.38 | 8.18 | 7.76 |
| E. Demettise | x | 4.49 | 4.01 | | | |
| J. Åkerström | 6.42 | 6.73 | 5.91 | x | 6.66 | 6.42 |
| A. Halkonen | 5.50 | 5.64 | 5.52 | | | |
| A. Schager | 6.52 | 6.20 | 5.66 | 5.82 | 5.77 | 5.85 |
| K. Sturebrand | 5.40 | 5.28 | 4.86 | | | |
| K. Setthammar | 7.22 | 7.17 | 7.29 | 7.71 | 7.56 | x |
| C. Ridderstråle | 6.08 | 6.06 | 5.95 | | | |
| N. Karlsson Hjortborg | 9.02 | 8.80 | 8.50 | 8.62 | 8.61 | 8.96 |
| O. Tholén | 6.83 | 6.57 | 6.33 | 6.58 | 6.36 | x |
| E. Jansson | | | | | | |

P11 60 m

2020-01-18

Försök 1

| | | | | Tot | |
|---|----------------|----|----------------------|--------|----|
| 1 | William Daun | 09 | Katrineholms SK | 8.98 q | 2 |
| 2 | Ludwig Norell | 09 | Enköpings AI | 9.15 q | 4 |
| 3 | Nils Tholén | 09 | Alingsås IF | 9.77 | 10 |
| 4 | Erik Ahlmalm | 09 | Bromma IF | 10.04 | 12 |
| 5 | Sean Dovander | 09 | Turebergs FK | 10.14 | 14 |
| 6 | Philip Jonsson | 09 | Tjalve IF Norrköping | 10.30 | 15 |

Försök 2

| | | | | Tot | |
|---|-------------------------|----|---------------|--------|----|
| 1 | Gustav Yngström | 09 | Mälare SOK | 8.82 q | 1 |
| 2 | Carl Grindange | 09 | Turebergs FK | 9.25 q | 6 |
| 3 | Kevin Botold Gibney | 09 | Västerås FK | 9.30 q | 7 |
| 4 | Filip Söderlund | 09 | Turebergs FK | 9.33 q | 8 |
| 5 | Oscar Eriksson Stockman | 09 | Åkersberga SK | 10.13 | 13 |
| 6 | Lukas Haraldsson | 09 | Alunda SK | 10.69 | 17 |

Försök 3

| | | | | Tot | |
|---|------------------|----|---------------|--------|----|
| 1 | Wilmer Åkerlund | 09 | Västerås FK | 9.11 q | 3 |
| 2 | Frank Klareus | 09 | Estuna IF | 9.24 q | 5 |
| 3 | Oskar Ahlstrand | 09 | Turebergs FK | 9.38 | 9 |
| 4 | Edvin Wedin | 09 | Turebergs FK | 9.78 | 11 |
| 5 | Charlie Lindberg | 09 | Åkersberga SK | 10.32 | 16 |
| 6 | Mattias Åkerlund | 09 | Estuna IF | 10.76 | 18 |

Results

P11 60 m

2020-01-18

Final

| | | | | | Tot |
|---|---------------------|----|-----------------|------|-----|
| 1 | Gustav Yngström | 09 | Mälare SOK | 8.66 | 1 |
| 2 | William Daun | 09 | Katrineholms SK | 8.79 | 2 |
| 3 | Ludwig Norell | 09 | Enköpings AI | 9.06 | 3 |
| 4 | Wilmer Åkerlund | 09 | Västerås FK | 9.06 | 4 |
| 5 | Frank Klareus | 09 | Estuna IF | 9.15 | 5 |
| 6 | Carl Grindange | 09 | Turebergs FK | 9.19 | 6 |
| 7 | Filip Söderlund | 09 | Turebergs FK | 9.35 | 7 |
| 8 | Kevin Botold Gibney | 09 | Västerås FK | 9.43 | 8 |

P11 600 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|-------------------------|----|---------------|---------|-----|
| 1 | Filip Garbell | 09 | Östhammar FI | 2:08.96 | 7 |
| 2 | Ludwig Norell | 09 | Enköpings AI | 2:11.25 | 8 |
| 3 | Erik Ahlmalm | 09 | Bromma IF | 2:11.91 | 9 |
| 4 | Lukas Haraldsson | 09 | Alunda SK | 2:12.69 | 10 |
| 5 | Oscar Eriksson Stockman | 09 | Åkersberga SK | 2:14.97 | 11 |

Försök 2

| | | | | | Tot |
|---|------------------|----|--------------|---------|-----|
| 1 | Erik Jansson | 09 | Västerås FK | 1:52.48 | 1 |
| 2 | Oskar Ahlstrand | 09 | Turebergs FK | 1:58.89 | 2 |
| 3 | Carl Grindange | 09 | Turebergs FK | 1:59.41 | 3 |
| 4 | Sean Dovander | 09 | Turebergs FK | 1:59.93 | 4 |
| 5 | Nils Tholén | 09 | Alingsås IF | 2:06.12 | 5 |
| 6 | Ivar Byléhn | 09 | Västerås FK | 2:06.21 | 6 |
| 7 | Mattias Åkerlund | 09 | Estuna IF | 2:20.61 | 12 |
| - | Filip Söderlund | 09 | Turebergs FK | DNS | - |

Results

P11 Höjd

2020-01-18

| | | | | | Tot | |
|----|----------------------|----|----------------------|-----|-----|-----|
| 1 | Alexander Brändeborn | 09 | Råby-Rekarne FI | 137 | 1 | |
| 2 | Wilmer Åkerlund | 09 | Västerås FK | 130 | 2 | |
| 3 | Kevin Botold Gibney | 09 | Västerås FK | 130 | 3 | |
| 4 | William Daun | 09 | Katrineholms SK | 127 | 4 | |
| 5 | Oskar Ahlstrand | 09 | Turebergs FK | 127 | 5 | |
| 6 | Carl Grindange | 09 | Turebergs FK | 127 | 6 | |
| 7 | Filip Söderlund | 09 | Turebergs FK | 124 | 7 | |
| 8 | John Svartström | 09 | Västerås FK | 121 | 8 | |
| 8 | Gustav Yngström | 09 | Mälare SOK | 121 | 8 | |
| 10 | Filip Garbell | 09 | Östhammar FI | 121 | 10 | |
| 10 | Frank Klareus | 09 | Estuna IF | 121 | 10 | |
| 12 | Filip Thunell | 09 | IFK Lidingö | 116 | 12 | |
| 13 | Edvin Wedin | 09 | Turebergs FK | 116 | 13 | |
| 14 | Nils Tholén | 09 | Alingsås IF | 111 | 14 | PB |
| 14 | Carl Berggren | 09 | Bålsta IK | 111 | 14 | |
| 16 | Charlie Lindberg | 09 | Åkersberga SK | 111 | 16 | |
| 17 | Sean Dovander | 09 | Turebergs FK | 111 | 17 | |
| 18 | Philip Jonsson | 09 | Tjalve IF Norrköping | 106 | 18 | |
| 19 | Lukas Haraldsson | 09 | Alunda SK | 101 | 19 | PB |
| 19 | Mattias Åkerlund | 09 | Estuna IF | 101 | 19 | |
| 21 | Erik Ahlmalm | 09 | Bromma IF | 96 | 21 | |
| - | Gustaf Carlsson | 09 | Västerås FK | - | - | igf |
| - | Felix Sjögren | 09 | Katrineholms SK | - | - | |
| - | Axel Svanborg | 09 | Turebergs FK | - | - | |
| - | Trausti Mar Dagsson | 09 | Turebergs FK | - | - | |
| - | Ivar Tiberg | 09 | Turebergs FK | - | - | |

| | 96 | 101 | 106 | 111 | 116 | 121 | 124 | 127 | 130 | 133 | 137 | 141 |
|------------------|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| C. Lindberg | o | o | o | xo | xxx | | | | | | | |
| M. Åkerlund | o | o | xxx | | | | | | | | | |
| T. Mar Dagsson | | | | | | | | | | | | |
| J. Svartström | o | o | o | o | o | o | xxx | | | | | |
| A. Svanborg | | | | | | | | | | | | |
| F. Thunell | | o | o | o | o | xxx | | | | | | |
| A. Brändeborn | | | | | o | o | o | o | o | o | o | xxx |
| F. Söderlund | o | o | o | o | o | o | xxo | xxx | | | | |
| S. Dovander | o | xxo | o | xxo | xxx | | | | | | | |
| W. Daun | | | o | o | o | o | o | o | xxx | | | |
| L. Haraldsson | o | o | xxx | | | | | | | | | |
| F. Sjögren | | | | | | | | | | | | |
| C. Grindange | | | | o | o | xo | xo | xo | xxx | | | |
| I. Tiberg | | | | | | | | | | | | |
| W. Åkerlund | | | | o | o | o | o | xo | xo | xxx | | |
| G. Carlsson | | x | | | | | | | | | | |
| E. Wedin | o | o | o | o | xo | xxx | | | | | | |
| O. Ahlstrand | | | o | o | o | o | xo | xo | xxx | | | |
| F. Klareus | | o | o | o | o | xo | xxx | | | | | |
| F. Garbell | | o | o | o | o | xo | xxx | | | | | |
| G. Yngström | | | o | o | o | o | xxx | | | | | |
| N. Tholén | | xo | o | o | xxx | | | | | | | |
| E. Ahlmalm | o | xxx | | | | | | | | | | |
| K. Botold Gibney | | | | o | o | o | o | xxo | xxo | xxx | | |
| P. Jonsson | o | xo | o | xxx | | | | | | | | |
| C. Berggren | | o | xo | o | xxx | | | | | | | |

Results

P11 Längd

zon

2020-01-18

| | | | | Tot | | |
|------------------|----------------------|------|----------------------|------|----|-----------|
| 1 | Oskar Ahlstrand | 09 | Turebergs FK | 4.65 | 1 | |
| 2 | Wilmer Åkerlund | 09 | Västerås FK | 4.58 | 2 | |
| 3 | Gustav Yngström | 09 | Mälare SOK | 4.39 | 3 | |
| 4 | William Daun | 09 | Katrineholms SK | 4.36 | 4 | |
| 5 | Erik Jansson | 09 | Västerås FK | 4.25 | 5 | |
| 6 | Filip Söderlund | 09 | Turebergs FK | 4.06 | 6 | PB |
| 7 | Carl Grindange | 09 | Turebergs FK | 4.03 | 7 | |
| 8 | Edvin Wedin | 09 | Turebergs FK | 3.96 | 8 | 3,95 3,94 |
| 9 | Alexander Brändeborn | 09 | Råby-Rekarne FI | 3.96 | 9 | 3,95 3,91 |
| 10 | Frank Klareus | 09 | Estuna IF | 3.91 | 10 | |
| 11 | Kevin Botold Gibney | 09 | Västerås FK | 3.79 | 11 | |
| 12 | Filip Thunell | 09 | IFK Lidingö | 3.63 | 12 | |
| 13 | Sean Dovander | 09 | Turebergs FK | 3.63 | 13 | PB |
| 14 | Filip Garbell | 09 | Östhammar FI | 3.47 | 14 | |
| 15 | Lukas Haraldsson | 09 | Alunda SK | 3.35 | 15 | PB |
| 16 | Charlie Lindberg | 09 | Åkersberga SK | 3.34 | 16 | |
| 17 | Carl Berggren | 09 | Bålsta IK | 3.23 | 17 | |
| 18 | Erik Ahlmalm | 09 | Bromma IF | 3.10 | 18 | |
| 19 | Philip Jonsson | 09 | Tjalve IF Norrköping | 3.08 | 19 | |
| 20 | Mattias Åkerlund | 09 | Estuna IF | 3.06 | 20 | |
| - | Gustaf Carlsson | 09 | Västerås FK | DNS | - | |
| - | Trausti Mar Dagsson | 09 | Turebergs FK | DNS | - | |
| - | Felix Sjögren | 09 | Katrineholms SK | DNS | - | |
| - | Ivar Tiberg | 09 | Turebergs FK | DNS | - | |
| L. Haraldsson | 3.35 | 3.28 | 3.04 | 3.12 | | |
| F. Sjögren | | | | | | |
| C. Grindange | 3.96 | 4.03 | 4.00 | 3.84 | | |
| E. Jansson | 4.25 | 4.09 | 4.16 | 4.19 | | |
| W. Åkerlund | 4.58 | 4.49 | x | x | | |
| S. Dovander | 3.63 | 3.47 | 3.20 | 3.30 | | |
| O. Ahlstrand | 4.65 | 4.64 | 4.26 | 4.45 | | |
| F. Klareus | 3.91 | 3.47 | 3.28 | 3.54 | | |
| A. Brändeborn | 3.95 | 3.85 | 3.91 | 3.96 | | |
| G. Yngström | 4.35 | 4.33 | 4.28 | 4.39 | | |
| F. Söderlund | 4.06 | 3.85 | 3.87 | 3.94 | | |
| E. Wedin | 3.94 | 3.83 | 3.96 | 3.95 | | |
| C. Berggren | 3.01 | 3.23 | 2.97 | 2.95 | | |
| T. Mar Dagsson | | | | | | |
| I. Tiberg | | | | | | |
| G. Carlsson | | | | | | |
| C. Lindberg | 3.34 | 3.13 | 2.73 | 2.88 | | |
| M. Åkerlund | 3.06 | 2.78 | 1.71 | 2.99 | | |
| F. Garbell | 3.30 | x | 3.24 | 3.47 | | |
| P. Jonsson | 3.03 | 3.08 | 2.76 | 3.03 | | |
| K. Botold Gibney | 3.74 | 3.50 | 3.58 | 3.79 | | |
| F. Thunell | 3.35 | 3.37 | 3.57 | 3.63 | | |
| W. Daun | 4.33 | 4.31 | 4.15 | 4.36 | | |
| E. Ahlmalm | 3.05 | x | 2.81 | 3.10 | | |

Results

P11 Kula

2.0kg

2020-01-18

| | | | | Tot | | |
|----|---------------------|----|----------------------|------|----|------|
| 1 | Erik Jansson | 09 | Västerås FK | 7.40 | 1 | |
| 2 | Carl Grindange | 09 | Turebergs FK | 7.37 | 2 | PB |
| 3 | Gustav Yngström | 09 | Mälare SOK | 7.12 | 3 | PB |
| 4 | Oskar Ahlstrand | 09 | Turebergs FK | 7.04 | 4 | |
| 5 | William Daun | 09 | Katrineholms SK | 6.86 | 5 | |
| 6 | Frank Klareus | 09 | Estuna IF | 6.69 | 6 | |
| 7 | Wilmer Åkerlund | 09 | Västerås FK | 6.59 | 7 | |
| 8 | Filip Thunell | 09 | IFK Lidingö | 6.40 | 8 | |
| 9 | John Svartström | 09 | Västerås FK | 6.33 | 9 | |
| 10 | Carl Berggren | 09 | Bålsta IK | 6.32 | 10 | |
| 11 | Ludwig Norell | 09 | Enköpings AI | 6.12 | 11 | |
| 12 | Philip Jonsson | 09 | Tjalve IF Norrköping | 5.82 | 12 | 5,76 |
| 13 | Sean Dovander | 09 | Turebergs FK | 5.82 | 13 | 5,73 |
| 14 | Nils Tholén | 09 | Alingsås IF | 5.54 | 14 | |
| 15 | Erik Ahlmalm | 09 | Bromma IF | 5.32 | 15 | |
| 16 | Lukas Haraldsson | 09 | Alunda SK | 4.75 | 16 | PB |
| - | Ivar Tiberg | 09 | Turebergs FK | | - | |
| - | Trausti Mar Dagsson | 09 | Turebergs FK | | - | |

| | | | | | |
|----------------|------|------|------|------|--|
| T. Mar Dagsson | | | | | |
| S. Dovander | 5.11 | 5.82 | 5.73 | 5.53 | |
| F. Thunell | 5.76 | 6.40 | 6.25 | 6.31 | |
| L. Haraldsson | 4.47 | 4.21 | 4.68 | 4.75 | |
| C. Grindange | 6.26 | 7.37 | 6.80 | 7.10 | |
| O. Ahlstrand | 7.04 | 6.55 | 6.69 | 6.74 | |
| F. Klareus | 6.34 | 5.76 | 5.81 | 6.69 | |
| E. Jansson | 7.40 | 6.75 | 6.70 | 7.07 | |
| C. Berggren | 6.32 | 5.55 | 5.87 | 5.74 | |
| J. Svartström | x | 6.33 | 5.92 | 5.85 | |
| W. Åkerlund | 6.32 | 6.59 | 6.49 | 6.51 | |
| P. Jonsson | 5.82 | 5.76 | 5.54 | 5.61 | |
| L. Norell | 5.87 | 6.12 | 5.41 | 5.21 | |
| G. Yngström | 7.01 | 7.12 | 7.06 | 7.07 | |
| N. Tholén | 5.09 | 5.51 | 5.35 | 5.54 | |
| E. Ahlmalm | 5.17 | 5.32 | 4.66 | 4.78 | |
| I. Tiberg | | | | | |
| W. Daun | 6.86 | 6.00 | 6.39 | 6.72 | |

Results

P10 60 m

2020-01-18

Försök 1

Tot

| | | | | | |
|---|------------------------|----|---------------|--------|----|
| 1 | Oliver Taha | 10 | IFK Lidingö | 9.58 q | 4 |
| 2 | Henrik Östlind | 10 | Åkersberga SK | 9.82 q | 8 |
| 3 | William Björk | 10 | Västerås FK | 10.39 | 17 |
| 4 | Alfred Thorell | 10 | Västerås FK | 10.43 | 19 |
| 5 | Aron Schäder Johansson | 10 | IFK Lidingö | 10.52 | 21 |
| 6 | Melker Abrahamsson | 10 | Enköpings AI | 11.18 | 24 |
| 7 | Jamie Roller | 10 | Kungsängen FK | 11.24 | 25 |

Försök 2

Tot

| | | | | | |
|---|----------------------|----|---------------|---------|----|
| 1 | Alfred Nilsson White | 10 | IFK Lidingö | 9.65 q | 5 |
| 2 | Olof Larsén | 10 | Bromma IF | 9.82 q | 7 |
| 3 | Melker Israelsson | 10 | Eskilstuna FI | 10.06 q | 13 |
| 4 | Oskar Wilén | 10 | Enköpings AI | 10.18 q | 14 |
| 5 | Walter Vikman | 10 | Upsala IF | 10.29 q | 15 |
| 6 | Anton Kruse | 10 | Turebergs FK | 10.65 | 22 |

Försök 3

Tot

| | | | | | |
|---|-----------------|----|---------------|---------|----|
| 1 | Victor Samppala | 10 | Västerås FK | 9.56 q | 3 |
| 2 | Love Lindberg | 10 | Turebergs FK | 9.71 q | 6 |
| 3 | Alexander Edin | 10 | Götlunda IF | 10.38 q | 16 |
| 4 | Elis Forséll | 10 | Enköpings AI | 10.42 | 18 |
| 5 | Vigon Asp | 10 | IK Westmannia | 10.46 | 20 |
| 6 | Edvin Eriksdon | 10 | Rånäs 4H | 10.92 | 23 |
| 7 | Melvin Östberg | 10 | Västerås FK | 11.27 | 26 |

Försök 4

Tot

| | | | | | |
|---|-----------------------|----|---------------|---------|----|
| 1 | Malte Nyqvist | 10 | Västerås FK | 9.35 q | 1 |
| 2 | Alfred Hjorton-Vessby | 10 | Upsala IF | 9.56 q | 2 |
| 3 | Kalle Gunnarsson | 10 | Kungsängen FK | 9.94 q | 9 |
| 4 | Edvin Nilsson | 10 | Estuna IF | 9.98 q | 10 |
| 5 | Viktor Wik | 10 | Västerås FK | 9.99 q | 11 |
| 6 | Loe Asph Hennerdal | 10 | Västerås FK | 10.03 q | 12 |

Results

P10 60 m

2020-01-18

Final 1

| | | | | | Tot |
|---|--------------------|----|---------------|-------|-----|
| 1 | Kalle Gunnarsson | 10 | Kungsängen FK | 9.88 | 9 |
| 2 | Melker Israelsson | 10 | Eskilstuna FI | 10.05 | 10 |
| 3 | Viktor Wik | 10 | Västerås FK | 10.08 | 11 |
| 4 | Loe Asph Hennerdal | 10 | Västerås FK | 10.13 | 12 |
| 4 | Alexander Edin | 10 | Götlunda IF | 10.13 | 12 |
| 6 | Walter Vikman | 10 | Upsala IF | 10.17 | 14 |
| 7 | Oskar Wilén | 10 | Enköpings AI | 10.24 | 15 |
| - | Edvin Nilsson | 10 | Estuna IF | DNS | - |

Final 2

| | | | | | Tot |
|---|-----------------------|----|---------------|------|-----|
| 1 | Malte Nyqvist | 10 | Västerås FK | 9.32 | 1 |
| 2 | Oliver Taha | 10 | IFK Lidingö | 9.33 | 2 |
| 3 | Alfred Nilsson White | 10 | IFK Lidingö | 9.60 | 3 |
| 4 | Alfred Hjorton-Vessby | 10 | Upsala IF | 9.63 | 4 |
| 5 | Victor Samppala | 10 | Västerås FK | 9.72 | 5 |
| 6 | Olof Larsén | 10 | Bromma IF | 9.83 | 6 |
| 7 | Love Lindberg | 10 | Turebergs FK | 9.85 | 7 |
| 8 | Henrik Östlind | 10 | Åkersberga SK | 9.88 | 8 |

P10 600 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|------------------------|----|---------------|---------|-----|
| 1 | Aron Schäder Johansson | 10 | IFK Lidingö | 2:01.20 | 2 |
| 2 | Elias Vikman | 10 | Upsala IF | 2:12.62 | 4 |
| 3 | Jamie Roller | 10 | Kungsängen FK | 2:19.39 | 7 |
| 4 | Erik Wetterholm | 10 | Västerås FK | 2:21.64 | 9 |
| 5 | Elis Forséll | 10 | Enköpings AI | 2:28.76 | 11 |
| 6 | Melker Abrahamsson | 10 | Enköpings AI | 2:43.34 | 13 |

Försök 2

| | | | | | Tot |
|---|----------------------|----|---------------|---------|-----|
| 1 | Oliver Taha | 10 | IFK Lidingö | 1:58.28 | 1 |
| 2 | Alfred Nilsson White | 10 | IFK Lidingö | 2:06.73 | 3 |
| 3 | Love Lindberg | 10 | Turebergs FK | 2:13.00 | 5 |
| 4 | Viktor Wik | 10 | Västerås FK | 2:14.24 | 6 |
| 5 | Oskar Wilén | 10 | Enköpings AI | 2:21.24 | 8 |
| 6 | Elliot Petrén | 10 | Västerås FK | 2:21.83 | 10 |
| 7 | Edvin Eriksson | 10 | Rånäs 4H | 2:31.88 | 12 |
| - | Melker Israelsson | 10 | Eskilstuna FI | DNS | - |
| - | Malte Nyqvist | 10 | Västerås FK | DNS | - |

Results

P10 Höjd

2020-01-18

| | | | | Tot | | |
|----|-----------------------|----|---------------|-----|----|----|
| 1 | William Björk | 10 | Västerås FK | 122 | 1 | |
| 2 | Malte Nyqvist | 10 | Västerås FK | 119 | 2 | |
| 3 | Edvin Eriksdon | 10 | Rånäs 4H | 111 | 3 | |
| 4 | Alfred Hjorton-Vessby | 10 | Uppsala IF | 111 | 4 | |
| 5 | Alfred Thorell | 10 | Västerås FK | 106 | 5 | |
| 5 | Olof Larsén | 10 | Bromma IF | 106 | 5 | PB |
| 7 | Alexander Edin | 10 | Götlunda IF | 101 | 7 | |
| 8 | Knut Lindström | 10 | Västerås FK | 96 | 8 | |
| 9 | Viktor Wik | 10 | Västerås FK | 96 | 9 | |
| 10 | Valter Elenäs | 10 | Örbyhus IF | 86 | 10 | |
| - | Victor Samppala | 10 | Västerås FK | - | - | |
| - | Oliver Taha | 10 | IFK Lidingö | - | - | |
| - | Edvin Nilsson | 10 | Estuna IF | - | - | |
| - | Oskar Wilén | 10 | Enköpings AI | - | - | |
| - | Henrik Östlind | 10 | Åkersberga SK | - | - | |
| - | Loe Asph Hennerdal | 10 | Västerås FK | - | - | |
| - | Melker Abrahamsson | 10 | Enköpings AI | - | - | |
| - | Elis Forséll | 10 | Enköpings AI | - | - | |
| - | Alfred Nilsson White | 10 | IFK Lidingö | - | - | |
| - | Love Lindberg | 10 | Turebergs FK | - | - | |

81 86 91 96 101 106 111 116 119 122 125

| | | | | | | | | | | | |
|-------------------|---|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| K. Lindström | | | o | o | xxx | | | | | | |
| E. Forséll | | | | | | | | | | | |
| L. Asph Hennerdal | | | | | | | | | | | |
| E. Nilsson | | | | | | | | | | | |
| A. Edin | o | o | o | o | xxo | xxx | | | | | |
| L. Lindberg | | | | | | | | | | | |
| W. Björk | | | | | o | xo | o | xxo | o | xo | xxx |
| O. Larsén | | | | o | o | o | xxx | | | | |
| V. Samppala | | | | | | | | | | | |
| E. Eriksdon | | | o | o | o | o | xo | xxx | | | |
| A. Thorell | | | o | o | o | o | xxx | | | | |
| V. Wik | o | xo | o | xxx | | | | | | | |
| O. Wilén | | | | | | | | | | | |
| H. Östlind | | | | | | | | | | | |
| M. Nyqvist | | | o | o | o | o | o | o | xxo | xxx | |
| M. Abrahamsson | | | | | | | | | | | |
| A. Hjorton-Vessby | | | o | o | xo | xo | xxx | | | | |
| A. Nilsson White | | | | | | | | | | | |
| O. Taha | | | | | | | | | | | |
| V. Elenäs | o | o | xxx | | | | | | | | |

Results

P10 Längd

zon

2020-01-18

| | | | | | Tot |
|----------------------|------------------------|------|---------------|------|-----|
| 1 | Malte Nyqvist | 10 | Västerås FK | 3.89 | 1 |
| 2 | Alfred Nilsson White | 10 | IFK Lidingö | 3.82 | 2 |
| 3 | Oliver Taha | 10 | IFK Lidingö | 3.81 | 3 |
| 4 | Alfred Hjorton-Vessby | 10 | Upsala IF | 3.61 | 4 |
| 5 | Edvin Nilsson | 10 | Estuna IF | 3.60 | 5 |
| 6 | Melker Israelsson | 10 | Eskilstuna FI | 3.54 | 6 |
| 7 | Loe Asph Hennerdal | 10 | Västerås FK | 3.47 | 7 |
| 8 | Olof Larsén | 10 | Bromma IF | 3.44 | 8 |
| 9 | Love Lindberg | 10 | Turebergs FK | 3.37 | 9 |
| 10 | William Björk | 10 | Västerås FK | 3.34 | 10 |
| 11 | Aron Schäder Johansson | 10 | IFK Lidingö | 3.29 | 11 |
| 12 | Elis Forséll | 10 | Enköpings AI | 3.28 | 12 |
| 13 | Kalle Gunnarsson | 10 | Kungsängen FK | 3.27 | 13 |
| 14 | Elias Vikman | 10 | Upsala IF | 3.20 | 14 |
| 15 | Viktor Wik | 10 | Västerås FK | 3.19 | 15 |
| 16 | Alexander Edin | 10 | Götlunda IF | 3.17 | 16 |
| 17 | Alfred Thorell | 10 | Västerås FK | 3.09 | 17 |
| 18 | Edvin Eriksdon | 10 | Rånäs 4H | 3.04 | 18 |
| 19 | Henrik Östlind | 10 | Åkersberga SK | 2.93 | 19 |
| 20 | Melker Abrahamsson | 10 | Enköpings AI | 2.89 | 20 |
| 21 | Vigon Asp | 10 | IK Westmannia | 2.88 | 21 |
| 22 | Anton Kruse | 10 | Turebergs FK | 2.86 | 22 |
| 23 | Erik Wetterholm | 10 | Västerås FK | 2.83 | 23 |
| 24 | Oskar Wilén | 10 | Enköpings AI | 2.76 | 24 |
| 25 | Knut Lindström | 10 | Västerås FK | 2.74 | 25 |
| 26 | Ali Al-Joburi | 10 | Eskilstuna FI | 2.49 | 26 |
| 27 | Valter Elenäs | 10 | Örbyhus IF | 2.39 | 27 |
| 28 | Samuel Johansson | 10 | Sätters IF | 2.31 | 28 |
| - | Melvin Östberg | 10 | Västerås FK | DNS | - |
| E. Eriksdon | 3.04 | 2.89 | 2.94 | x | |
| M. Israelsson | 3.40 | 3.33 | 3.54 | 3.41 | |
| A. Thorell | 3.00 | 2.88 | 3.09 | 3.07 | |
| E. Wetterholm | 2.78 | 2.83 | 2.80 | 2.77 | |
| K. Gunnarsson | x | x | 3.16 | 3.27 | |
| A. Schäder Johansson | x | 3.27 | 3.29 | x | |
| E. Nilsson | 3.39 | 3.60 | 3.27 | 3.57 | |
| V. Wik | 2.98 | 2.85 | 3.19 | x | |
| A. Hjorton-Vessby | 3.38 | 3.51 | 3.49 | 3.61 | |
| V. Asp | 2.88 | x | x | 2.37 | |
| L. Lindberg | 3.37 | 3.10 | 3.17 | 3.33 | |
| A. Kruse | 2.73 | 2.77 | 2.86 | 2.71 | |
| M. Nyqvist | 3.89 | 3.88 | 3.65 | 3.70 | |
| O. Larsén | 3.32 | 3.38 | 3.19 | 3.44 | |
| A. Nilsson White | 3.82 | 3.79 | 3.71 | 3.73 | |
| A. Al-Joburi | 2.49 | 2.39 | 2.40 | x | |
| S. Johansson | 2.26 | 2.27 | 2.31 | - | |
| M. Abrahamsson | 2.89 | 2.79 | 2.65 | 2.54 | |
| A. Edin | 3.14 | 3.17 | 2.94 | 3.06 | |
| H. Östlind | 2.92 | 2.43 | 2.93 | 2.91 | |
| O. Wilén | 2.67 | 2.67 | 2.76 | 2.09 | |
| W. Björk | 3.29 | 3.34 | 3.33 | x | |
| M. Östberg | | | | | |
| E. Forséll | 2.93 | 2.97 | x | 3.28 | |
| V. Elenäs | 2.36 | 2.39 | 1.90 | x | |
| K. Lindström | 2.74 | 2.28 | 2.57 | 2.43 | |
| O. Taha | 3.63 | 3.81 | 3.54 | 3.41 | |
| E. Vikman | 3.06 | 3.11 | 3.20 | 3.06 | |
| L. Asph Hennerdal | 3.47 | 3.19 | 3.45 | 3.31 | |

Results

P10 Kula

2.0kg

2020-01-18

| | | | | Tot | | |
|----|------------------------|----|---------------|------|----|------|
| 1 | Loe Asph Hennerdal | 10 | Västerås FK | 7.99 | 1 | |
| 2 | Edvin Nilsson | 10 | Estuna IF | 7.33 | 2 | |
| 3 | Henrik Östlind | 10 | Åkersberga SK | 6.97 | 3 | |
| 4 | Victor Samppala | 10 | Västerås FK | 6.90 | 4 | |
| 5 | Ali Al-Joburi | 10 | Eskilstuna FI | 6.76 | 5 | |
| 6 | Alfred Nilsson White | 10 | IFK Lidingö | 6.75 | 6 | |
| 7 | Melker Israelsson | 10 | Eskilstuna FI | 6.52 | 7 | |
| 8 | Anton Kruse | 10 | Turebergs FK | 6.39 | 8 | PB |
| 9 | Oskar Wilén | 10 | Enköpings AI | 6.30 | 9 | |
| 10 | Malte Nyqvist | 10 | Västerås FK | 6.23 | 10 | |
| 11 | Valter Elenäs | 10 | Örbyhus IF | 6.15 | 11 | |
| 12 | Love Lindberg | 10 | Turebergs FK | 6.05 | 12 | |
| 13 | Oliver Taha | 10 | IFK Lidingö | 5.81 | 13 | |
| 14 | Walter Vikman | 10 | Uppsala IF | 5.41 | 14 | |
| 15 | Aron Schäder Johansson | 10 | IFK Lidingö | 5.27 | 15 | |
| 16 | Viktor Wik | 10 | Västerås FK | 5.07 | 16 | PB |
| 17 | Elliot Petrén | 10 | Västerås FK | 5.04 | 17 | 5,01 |
| 18 | Edvin Eriksdon | 10 | Rånäs 4H | 5.04 | 18 | |
| 19 | Samuel Johansson | 10 | Sätters IF | 5.02 | 19 | |
| 20 | Alfred Thorell | 10 | Västerås FK | 4.78 | 20 | |

| | | | | |
|----------------------|------|------|------|------|
| L. Lindberg | 5.58 | 6.05 | 5.52 | 5.92 |
| A. Kruse | 5.49 | 6.08 | 6.39 | 6.22 |
| M. Nyqvist | 6.23 | 5.61 | 5.68 | 5.71 |
| M. Israelsson | 6.24 | 6.52 | 6.49 | 6.46 |
| A. Thorell | 4.60 | 4.78 | 4.24 | 4.61 |
| E. Petrén | 4.79 | 4.39 | 5.04 | 5.01 |
| O. Taha | 5.81 | 5.30 | 5.20 | 5.31 |
| W. Vikman | 5.28 | 5.41 | 5.05 | x |
| A. Schäder Johansson | 4.74 | 5.06 | 4.14 | 5.27 |
| S. Johansson | 5.02 | 4.76 | 4.46 | 4.92 |
| V. Elenäs | 5.89 | 6.11 | 6.15 | 5.82 |
| A. Nilsson White | 5.88 | 6.75 | 6.66 | 6.36 |
| V. Wik | 4.74 | 4.98 | 4.75 | 5.07 |
| L. Asph Hennerdal | 7.19 | 7.99 | 7.51 | 7.91 |
| E. Nilsson | 7.33 | 7.04 | 6.63 | 6.86 |
| H. Östlind | 5.63 | 6.97 | 6.70 | 6.63 |
| E. Eriksdon | 4.90 | 4.72 | 4.84 | 5.04 |
| O. Wilén | 6.09 | 5.96 | 5.92 | 6.30 |
| V. Samppala | 6.79 | 6.54 | 6.90 | 6.55 |
| A. Al-Joburi | 6.68 | 6.04 | 6.49 | 6.76 |

Results

P9 60 m

2020-01-18

Försök 1

| | | | | | Tot | |
|---|--------------------|----|---------------|---------|-----|--------|
| 1 | Jonatan Alin | 11 | IFK Mora FIK | 10.44 q | 4 | |
| 2 | Sven Tholén | 11 | Alingsås IF | 10.48 q | 5 | |
| 3 | Troy Johansson | 11 | Kungsängen FK | 11.00 q | 11 | |
| 4 | Edwin Boudville | 11 | Kungsängen FK | 11.49 | 17 | 11,484 |
| 5 | Alfred Häggmark | 11 | Bålsta IK | 11.72 | 18 | |
| 6 | Sebastian Ryttberg | 11 | Åkersberga SK | 11.93 | 22 | |

Försök 2

| | | | | | Tot | |
|---|------------------|----|---------------|---------|-----|----|
| 1 | Love Ahlepil | 11 | Turebergs FK | 10.37 q | 3 | |
| 2 | Vilgot Levander | 11 | Kungsängen FK | 10.60 q | 8 | |
| 3 | Vilgot Eklind | 11 | Västerås FK | 11.07 q | 13 | |
| 4 | Arvid Öryd | 11 | Vallentuna FK | 12.06 | 24 | |
| 5 | Noel Eriksson | 11 | Västerås FK | 12.24 | 26 | PB |
| 6 | Sigge Svartström | 11 | Västerås FK | 12.29 | 27 | |
| 7 | Oliwer Markianos | 11 | Västerås FK | 13.49 | 28 | |

Försök 3

| | | | | | Tot | |
|---|-------------------------|----|-----------------|---------|-----|--------|
| 1 | Olle Egeland | 11 | Katrineholms SK | 10.34 q | 2 | |
| 2 | Henry Aronsson | 11 | Västerås FK | 10.48 q | 5 | PB |
| 3 | Alexander Harning | 11 | Estuna IF | 10.50 q | 7 | |
| 4 | Mikael Fannberg | 11 | Åkersberga SK | 10.80 q | 10 | PB |
| 5 | Herman Anderson | 11 | Västerås FK | 11.49 q | 16 | 11,481 |
| 6 | Ludvig Frisk | 11 | Bålsta IK | 11.73 | 19 | |
| 7 | Oscar Mattsson Åkerlund | 11 | Estuna IF | 12.08 | 25 | |

Försök 4

| | | | | | Tot |
|---|--------------------|----|--------------|---------|-----|
| 1 | Emil Wallberg | 11 | Högbo GIF | 9.99 q | 1 |
| 2 | Sven Jansson | 11 | Enköpings AI | 10.61 q | 9 |
| 3 | Theo Narvåg Ahlsén | 11 | Bålsta IK | 11.03 q | 12 |
| 4 | Philip Watson | 11 | Västerås FK | 11.10 q | 14 |
| 5 | Neo Modig | 11 | Västerås FK | 11.20 q | 15 |
| 6 | Leo Von Liewen | 11 | Västerås FK | 11.79 | 20 |
| 7 | Shayan Majed | 11 | Västerås FK | 11.86 | 21 |
| 8 | Elmer Hallgren | 11 | Enköpings AI | 11.98 | 23 |

Results

P9 60 m

2020-01-18

Final 1

| | | | | Tot | |
|---|--------------------|----|---------------|-------|----|
| 1 | Sven Jansson | 11 | Enköpings AI | 10.51 | 5 |
| 2 | Vilgot Eklind | 11 | Västerås FK | 10.68 | 9 |
| 3 | Mikael Fannberg | 11 | Åkersberga SK | 10.79 | 10 |
| 4 | Philip Watson | 11 | Västerås FK | 10.86 | 12 |
| 5 | Troy Johansson | 11 | Kungsängen FK | 10.86 | 13 |
| 6 | Theo Narvåg Ahlsén | 11 | Bålsta IK | 11.10 | 14 |
| 7 | Herman Anderson | 11 | Västerås FK | 11.25 | 15 |
| 8 | Neo Modig | 11 | Västerås FK | 11.42 | 16 |

Final 2

| | | | | Tot | |
|---|-------------------|----|-----------------|-------|----|
| 1 | Emil Wallberg | 11 | Högbo GIF | 9.93 | 1 |
| 2 | Love Ahlepil | 11 | Turebergs FK | 10.21 | 2 |
| 3 | Olle Egeland | 11 | Katrineholms SK | 10.31 | 3 |
| 4 | Sven Tholén | 11 | Alingsås IF | 10.41 | 4 |
| 5 | Vilgot Levander | 11 | Kungsängen FK | 10.55 | 6 |
| 6 | Alexander Harning | 11 | Estuna IF | 10.57 | 7 |
| 7 | Jonatan Alin | 11 | IFK Mora FIK | 10.59 | 8 |
| 8 | Henry Aronsson | 11 | Västerås FK | 10.85 | 11 |

P9 600 m

2020-01-18

Försök 1

| | | | | Tot | |
|---|--------------------|----|---------------|---------|----|
| 1 | Didrik Petrén | 11 | Västerås FK | 2:09.01 | 1 |
| 2 | Theo Narvåg Ahlsén | 11 | Bålsta IK | 2:20.88 | 6 |
| 3 | Ludvig Frisk | 11 | Bålsta IK | 2:27.00 | 8 |
| 4 | Troy Johansson | 11 | Kungsängen FK | 2:31.73 | 10 |
| 5 | Edwin Boudville | 11 | Kungsängen FK | 2:48.00 | 14 |

Försök 2

| | | | | Tot | |
|---|-------------------------|----|---------------|---------|----|
| 1 | Elmer Larsson | 11 | Västerås FK | 2:26.34 | 7 |
| 2 | Oscar Mattsson Åkerlund | 11 | Estuna IF | 2:29.09 | 9 |
| 3 | Elmer Hallgren | 11 | Enköpings AI | 2:42.31 | 13 |
| 4 | Arvid Öryd | 11 | Vallentuna FK | 2:48.82 | 15 |
| - | Max Gunnarsson | 11 | Västerås FK | DNS | - |
| - | Alfred Häggmark | 11 | Bålsta IK | DNF | - |

Försök 3

| | | | | Tot | |
|---|-------------------|----|--------------|---------|----|
| 1 | Love Ahlepil | 11 | Turebergs FK | 2:10.34 | 2 |
| 2 | Emil Wallberg | 11 | Högbo GIF | 2:15.88 | 3 |
| 3 | Sven Tholén | 11 | Alingsås IF | 2:17.43 | 4 |
| 4 | Jonatan Alin | 11 | IFK Mora FIK | 2:17.98 | 5 |
| 5 | Sven Jansson | 11 | Enköpings AI | 2:34.33 | 11 |
| 6 | Julius Dahlberg | 11 | Västerås FK | 2:34.88 | 12 |
| 7 | Leo Von Liewen | 11 | Västerås FK | 3:06.10 | 16 |
| - | Alexander Harning | 11 | Estuna IF | DNF | - |

Results

P9 Höjd

2020-01-18

| | | | | Tot | | |
|----|-------------------------|----|--------------------|-----|----|----|
| 1 | Alexander Harning | 11 | Estuna IF | 112 | 1 | PB |
| 2 | Didrik Petrén | 11 | Västerås FK | 109 | 2 | |
| 3 | Olle Egeland | 11 | Katrineholms SK | 106 | 3 | |
| 4 | Emil Wallberg | 11 | Högbo GIF | 101 | 4 | |
| 4 | Henry Aronsson | 11 | Västerås FK | 101 | 4 | |
| 6 | Sven Jansson | 11 | Enköpings AI | 101 | 6 | |
| 7 | Love Ahlepil | 11 | Turebergs FK | 101 | 7 | |
| 8 | Elmer Larsson | 11 | Västerås FK | 101 | 8 | |
| 9 | Sven Tholén | 11 | Alingsås IF | 96 | 9 | |
| 9 | Neo Modig | 11 | Västerås FK | 96 | 9 | |
| 11 | Oscar Mattsson Åkerlund | 11 | Estuna IF | 96 | 11 | |
| 12 | Julius Dahlberg | 11 | Västerås FK | 91 | 12 | |
| 13 | Elmer Hallgren | 11 | Enköpings AI | 91 | 13 | |
| 14 | Jonatan Alin | 11 | IFK Mora FIK | 86 | 14 | |
| 15 | Shayan Majed | 11 | Västerås FK | 86 | 15 | |
| 16 | Theo Narvåg Ahlsén | 11 | Bålsta IK | 81 | 16 | |
| 17 | Leo Von Liewen | 11 | Västerås FK | 81 | 17 | |
| 18 | Ludvig Frisk | 11 | Bålsta IK | 76 | 18 | |
| 19 | Oliwer Markianos | 11 | Västerås FK | 76 | 19 | |
| - | Viktor Engqvist | 12 | Trosa-Vagnhärad SK | - | - | |

| | 71 | 76 | 81 | 86 | 91 | 96 | 101 | 106 | 109 | 112 | 114 |
|--------------------|-----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| E. Hallgren | o | o | o | o | xo | xxx | | | | | |
| E. Larsson | o | o | o | o | xo | o | xxo | xxx | | | |
| A. Harning | o | o | o | o | o | o | o | xo | o | o | xxx |
| S. Tholén | o | o | o | o | o | o | xxx | | | | |
| V. Engqvist | | | | | | | | | | | |
| J. Alin | o | xo | o | o | xxx | | | | | | |
| L. Von Liewen | o | o | xo | | | | | | | | |
| O. Egeland | o | o | xo | o | o | xo | o | o | xxx | | |
| S. Jansson | o | o | o | o | o | xo | o | xxx | | | |
| O. Markianos | xxo | o | xxx | | | | | | | | |
| L. Frisk | o | o | xxx | | | | | | | | |
| T. Ahlsén | o | xo | o | xxx | | | | | | | |
| H. Aronsson | o | o | o | o | o | o | o | xxx | | | |
| O. Mattsson Åkerlu | o | o | o | xo | o | o | xxx | | | | |
| J. Dahlberg | o | o | o | o | o | xxx | | | | | |
| E. Wallberg | | | | | o | o | o | xxx | | | |
| L. Ahlepil | o | o | o | o | o | o | xxo | xxx | | | |
| S. Majed | xxo | o | xo | o | xxx | | | | | | |
| N. Modig | o | o | o | o | o | o | xxx | | | | |
| D. Petrén | o | | o | o | o | o | o | o | o | xxx | |

Results

P9 Längd

zon

2020-01-18

| | | | | | | Tot |
|----------------------|-------------------------|------|-----------------|------|--|------|
| 1 | Emil Wallberg | 11 | Högbo GIF | 3.35 | | 1 |
| 2 | Jonatan Alin | 11 | IFK Mora FIK | 3.32 | | 2 |
| 3 | Vilgot Levander | 11 | Kungsängen FK | 3.26 | | 3 PB |
| 4 | Sven Tholén | 11 | Alingsås IF | 3.18 | | 4 SB |
| 5 | Olle Egeland | 11 | Katrineholms SK | 3.17 | | 5 |
| 6 | Sven Jansson | 11 | Enköpings AI | 3.14 | | 6 |
| 7 | Theo Narvåg Ahlsén | 11 | Bålsta IK | 3.14 | | 7 |
| 8 | Love Ahlepil | 11 | Turebergs FK | 3.10 | | 8 PB |
| 9 | Henry Aronsson | 11 | Västerås FK | 3.08 | | 9 |
| 10 | Alexander Harning | 11 | Estuna IF | 3.02 | | 10 |
| 11 | Mikael Fannberg | 11 | Åkersberga SK | 2.95 | | 11 |
| 12 | Herman Anderson | 11 | Västerås FK | 2.76 | | 12 |
| 13 | Neo Modig | 11 | Västerås FK | 2.76 | | 13 |
| 14 | Troy Johansson | 11 | Kungsängen FK | 2.74 | | 14 |
| 15 | Leo Von Liewen | 11 | Västerås FK | 2.64 | | 15 |
| 16 | Ludvig Frisk | 11 | Bålsta IK | 2.53 | | 16 |
| 17 | Max Gunnarsson | 11 | Västerås FK | 2.50 | | 17 |
| 18 | Julius Dahlberg | 11 | Västerås FK | 2.43 | | 18 |
| 19 | Sebastian Ryttberg | 11 | Åkersberga SK | 2.40 | | 19 |
| 20 | Sigge Svartström | 11 | Västerås FK | 2.38 | | 20 |
| 21 | Alfred Häggmark | 11 | Bålsta IK | 2.37 | | 21 |
| 22 | Shayan Majed | 11 | Västerås FK | 2.37 | | 22 |
| 23 | Noel Eriksson | 11 | Västerås FK | 2.25 | | 23 |
| 24 | Oscar Mattsson Åkerlund | 11 | Estuna IF | 2.20 | | 24 |
| 25 | Elmer Hallgren | 11 | Enköpings AI | 2.14 | | 25 |
| - | Oskar Liljenberg | 11 | KFUM Örebro | DNS | | - |
| H. Aronsson | 2.77 | x | 3.08 | 2.82 | | |
| O. Mattsson Åkerlund | x | x | 2.20 | x | | |
| E. Hallgren | 2.14 | 2.06 | 2.04 | 2.00 | | |
| T. Ahlsén | 3.14 | 2.67 | 2.33 | 2.70 | | |
| O. Egeland | 3.17 | 2.99 | 3.09 | 3.05 | | |
| N. Modig | 2.71 | 2.76 | 2.62 | 2.42 | | |
| M. Gunnarsson | 2.46 | 2.38 | 2.50 | 2.08 | | |
| S. Majed | x | 2.37 | 2.24 | 2.23 | | |
| J. Dahlberg | 2.43 | 2.24 | 2.31 | 2.31 | | |
| T. Johansson | 2.66 | x | 2.74 | 2.57 | | |
| E. Wallberg | 3.35 | 3.34 | 3.23 | 3.19 | | |
| L. Ahlepil | 3.10 | 2.84 | 3.04 | 3.00 | | |
| N. Eriksson | 2.13 | 1.88 | 2.25 | 1.84 | | |
| S. Jansson | 2.78 | 3.11 | 2.92 | 3.14 | | |
| A. Häggmark | 2.33 | x | 2.23 | 2.37 | | |
| S. Ryttberg | 2.40 | 2.34 | 2.30 | 2.07 | | |
| S. Svartström | 2.24 | 2.23 | 2.19 | 2.38 | | |
| A. Harning | 3.02 | x | 3.02 | 2.99 | | |
| O. Liljenberg | | | | | | |
| J. Alin | 2.81 | 3.03 | 3.02 | 3.32 | | |
| L. Von Liewen | 2.22 | 2.38 | 2.43 | 2.64 | | |
| M. Fannberg | 2.92 | 2.83 | 2.71 | 2.95 | | |
| L. Frisk | 2.53 | 2.48 | 2.35 | 2.41 | | |
| V. Levander | 3.26 | 3.14 | 3.02 | 3.16 | | |
| H. Anderson | 2.62 | 2.76 | 2.63 | 2.74 | | |
| S. Tholén | 3.17 | 3.01 | 3.06 | 3.18 | | |

Results

P9 Kula

2.0kg

2020-01-18

| | | | | Tot | |
|----------------------|-------------------------|------|--------------------|------|------|
| 1 | Emil Wallberg | 11 | Högbo GIF | 5.65 | 1 |
| 2 | Jonatan Alin | 11 | IFK Mora FIK | 5.63 | 2 |
| 3 | Alexander Harning | 11 | Estuna IF | 5.53 | 3 |
| 4 | Florian Lindberg | 12 | Turebergs FK | 5.32 | 4 |
| 5 | Theo Narvåg Ahlsén | 11 | Bålsta IK | 5.18 | 5 PB |
| 6 | Love Ahlepil | 11 | Turebergs FK | 5.03 | 6 |
| 7 | Elmer Larsson | 11 | Västerås FK | 4.86 | 7 |
| 8 | Sven Tholén | 11 | Alingsås IF | 4.84 | 8 |
| 9 | Edwin Boudville | 11 | Kungsängen FK | 4.78 | 9 |
| 10 | Sven Jansson | 11 | Enköpings AI | 4.58 | 10 |
| 11 | Olle Egeland | 11 | Katrineholms SK | 4.44 | 11 |
| 12 | Mikael Fannberg | 11 | Åkersberga SK | 4.35 | 12 |
| 13 | Leo Von Liewen | 11 | Västerås FK | 4.24 | 13 |
| 14 | Oliwer Markianos | 11 | Västerås FK | 4.15 | 14 |
| 15 | Julius Dahlberg | 11 | Västerås FK | 4.07 | 15 |
| 16 | Ludvig Frisk | 11 | Bålsta IK | 4.06 | 16 |
| 17 | Vilgot Levander | 11 | Kungsängen FK | 4.04 | 17 |
| 18 | Elmer Hallgren | 11 | Enköpings AI | 3.98 | 18 |
| 19 | Vilgot Eklind | 11 | Västerås FK | 3.77 | 19 |
| 20 | Oscar Mattsson Åkerlund | 11 | Estuna IF | 3.76 | 20 |
| - | Sebastian Ryttberg | 11 | Åkersberga SK | - | - |
| - | Viktor Engqvist | 12 | Trosa-Vagnhärad SK | - | - |
| - | Oskar Liljenberg | 11 | KFUM Örebro | - | - |
| O. Mattsson Åkerlund | 3.46 | 3.76 | 3.61 | x | |
| E. Hallgren | 3.87 | 3.98 | 3.06 | 3.72 | |
| J. Alin | 5.60 | 4.90 | 5.47 | 5.63 | |
| A. Harning | 5.53 | 5.44 | 5.11 | 5.27 | |
| S. Tholén | 3.20 | 4.75 | 4.67 | 4.84 | |
| E. Boudville | 4.78 | 4.31 | 3.43 | 4.21 | |
| M. Fannberg | 4.13 | 4.07 | 3.45 | 4.35 | |
| V. Engqvist | | | | | |
| O. Markianos | 4.15 | 4.07 | 3.72 | 3.73 | |
| F. Lindberg | 4.88 | 4.81 | 4.73 | 5.32 | |
| L. Frisk | 3.77 | 4.06 | 3.83 | 3.98 | |
| V. Levander | 3.40 | 4.04 | 3.73 | x | |
| T. Ahlsén | 5.18 | x | 4.21 | 4.69 | |
| J. Dahlberg | 4.07 | 3.97 | 3.87 | 3.92 | |
| E. Wallberg | 5.53 | 5.65 | 5.03 | 4.80 | |
| L. Ahlepil | 3.26 | 4.69 | 5.03 | 4.34 | |
| E. Larsson | 4.36 | 4.60 | 4.74 | 4.86 | |
| O. Egeland | 4.44 | 3.79 | x | 3.91 | |
| S. Jansson | 3.77 | 4.03 | 4.58 | 4.08 | |
| L. Von Liewen | 4.24 | 4.21 | 3.57 | 3.76 | |
| S. Ryttberg | | | | | |
| V. Eklind | x | 3.69 | 3.77 | 3.76 | |
| O. Liljenberg | | | | | |

Results

P8 60 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|--------------------|----|---------------|---------|-----|
| 1 | Leo Mandorf | 12 | Bålsta IK | 10.84 q | 2 |
| 2 | Aron Lahti | 12 | Enköpings AI | 10.94 q | 3 |
| 3 | Neo Willer | 13 | Västerås FK | 11.28 q | 4 |
| 4 | Knut Rydfjord | 12 | Västerås FK | 11.34 q | 5 |
| 5 | Love Asp | 12 | IK Westmannia | 11.81 | 10 |
| 6 | Emil Malmberg | 12 | Enköpings AI | 11.87 | 11 |
| 7 | Charlie Hasselberg | 12 | Enköpings AI | 11.95 | 13 |
| 8 | Sebastian Persson | 12 | Västerås FK | 12.31 | 15 |

Försök 2

| | | | | | Tot |
|---|--------------------|----|--------------------|---------|-----|
| 1 | Florian Lindberg | 12 | Turebergs FK | 10.78 q | 1 |
| 2 | Harald Falk | 12 | Enköpings AI | 11.37 q | 6 |
| 3 | Oscar Samppala | 12 | Västerås FK | 11.48 q | 7 |
| 4 | Viktor Engqvist | 12 | Trosa-Vagnhärad SK | 11.73 q | 8 |
| 5 | Melvin Hertze | 12 | Västerås FK | 11.79 | 9 |
| 6 | Hannes Fredriksson | 12 | Enköpings AI | 11.89 | 12 |
| 7 | Albin Strahl | 12 | Enköpings AI | 12.29 | 14 |
| 8 | Elvis Sevelin | 13 | Katrineholms SK | 13.14 | 17 |

Försök 3

| | | | | | Tot |
|---|-----------------|----|-------------|-------|-----|
| 1 | Carl Vetterskog | 12 | Västerås FK | 12.36 | 16 |

P8 60 m

2020-01-18

Final

| | | | | | Tot |
|---|------------------|----|--------------------|-------|-----|
| 1 | Florian Lindberg | 12 | Turebergs FK | 10.65 | 1 |
| 2 | Leo Mandorf | 12 | Bålsta IK | 10.81 | 2 |
| 3 | Aron Lahti | 12 | Enköpings AI | 11.01 | 3 |
| 4 | Oscar Samppala | 12 | Västerås FK | 11.10 | 4 |
| 5 | Neo Willer | 13 | Västerås FK | 11.14 | 5 |
| 6 | Harald Falk | 12 | Enköpings AI | 11.28 | 6 |
| 7 | Knut Rydfjord | 12 | Västerås FK | 11.38 | 7 |
| 8 | Viktor Engqvist | 12 | Trosa-Vagnhärad SK | 11.39 | 8 |

P8 400 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|--------------------|----|---------------|--------|-----|
| 1 | Per Eriksson-Velén | 12 | Enköpings AI | 96.59 | 5 |
| 2 | Hannes Fredriksson | 12 | Enköpings AI | 96.89 | 6 |
| 3 | Charlie Hasselberg | 12 | Enköpings AI | 97.55 | 7 |
| 4 | Love Asp | 12 | IK Westmannia | 102.97 | 9 |
| 5 | Albin Strahl | 12 | Enköpings AI | 102.98 | 10 |
| 6 | Emil Malmberg | 12 | Enköpings AI | 107.71 | 11 |

Försök 2

| | | | | | Tot |
|---|-------------------|----|--------------------|--------|-----|
| 1 | Leo Mandorf | 12 | Bålsta IK | 83.88 | 1 |
| 2 | Florian Lindberg | 12 | Turebergs FK | 85.69 | 2 |
| 3 | Aron Lahti | 12 | Enköpings AI | 92.09 | 3 |
| 4 | Viktor Engqvist | 12 | Trosa-Vagnhärad SK | 92.10 | 4 |
| 5 | Harald Falk | 12 | Enköpings AI | 102.18 | 8 |
| 6 | Sebastian Persson | 12 | Västerås FK | 107.97 | 12 |

Results

P8 Längd

zon

2020-01-18

| | | | Tot | | | |
|----------------|--------------------|------|--------------------|------|----|------|
| 1 | Leo Mandorf | 12 | Bålsta IK | 3.20 | 1 | PB |
| 2 | Florian Lindberg | 12 | Turebergs FK | 3.06 | 2 | |
| 3 | Viktor Engqvist | 12 | Trosa-Vagnhärad SK | 2.77 | 3 | |
| 4 | Knut Rydfjord | 12 | Västerås FK | 2.76 | 4 | |
| 5 | Oscar Samppala | 12 | Västerås FK | 2.74 | 5 | |
| 6 | Melvin Hertze | 12 | Västerås FK | 2.55 | 6 | |
| 7 | Harald Falk | 12 | Enköpings AI | 2.51 | 7 | |
| 8 | Hannes Fredriksson | 12 | Enköpings AI | 2.50 | 8 | |
| 9 | Albin Strahl | 12 | Enköpings AI | 2.38 | 9 | |
| 10 | Neo Willer | 13 | Västerås FK | 2.36 | 10 | |
| 11 | Aron Lahti | 12 | Enköpings AI | 2.35 | 11 | |
| 12 | Sebastian Persson | 12 | Västerås FK | 2.34 | 12 | |
| 13 | Emil Malmberg | 12 | Enköpings AI | 2.26 | 13 | 2,18 |
| 14 | Love Asp | 12 | IK Westmannia | 2.26 | 14 | 2,08 |
| 15 | Elvis Sevelin | 13 | Katrineholms SK | 1.95 | 15 | |
| 16 | Charlie Hasselberg | 12 | Enköpings AI | 1.93 | 16 | |
| - | Svante Abrahamsson | 13 | Enköpings AI | DNS | - | |
| H. Fredriksson | 2.50 | 2.43 | 1.93 | 2.30 | | |
| V. Engqvist | 2.77 | 2.59 | 2.52 | 2.72 | | |
| N. Willer | 2.36 | 2.21 | 2.27 | 2.36 | | |
| H. Falk | 2.48 | 2.43 | 2.25 | 2.51 | | |
| F. Lindberg | 2.90 | 3.05 | 2.99 | 3.06 | | |
| L. Mandorf | 3.02 | 2.88 | 3.10 | 3.20 | | |
| S. Persson | 2.34 | 2.15 | 2.18 | x | | |
| S. Abrahamsson | | | | | | |
| A. Strahl | 2.38 | 2.34 | 2.20 | 2.22 | | |
| L. Asp | 2.26 | 1.98 | 2.08 | 2.01 | | |
| C. Hasselberg | 1.73 | 1.91 | 1.75 | 1.93 | | |
| A. Lahti | 2.21 | 2.35 | 2.22 | 2.32 | | |
| M. Hertze | 2.55 | 2.48 | 2.27 | 2.51 | | |
| O. Samppala | 2.47 | 2.74 | 2.30 | 2.36 | | |
| E. Sevelin | 1.95 | 1.78 | 1.86 | 1.93 | | |
| E. Malmberg | 2.17 | 2.26 | 2.18 | 2.17 | | |
| K. Rydfjord | 2.75 | 2.76 | 2.46 | 2.67 | | |

K 60 m

2020-01-19

Försök 1

| | | | | Tot | |
|---|--------------------|----|------------------|--------|----|
| 1 | Emily Capobianco | 01 | KFUM Örebro | 8.26 q | 1 |
| 2 | Ebba Lindblom | 02 | Alunda SK | 8.57 q | 7 |
| 3 | Caroline Andersson | 92 | IF Göta Karlstad | 8.66 q | 8 |
| 4 | Sofia Bertilsson | 02 | Eskilstuna FI | 8.71 | 9 |
| 5 | Johanna Hedberg | 91 | Söderhamns IF | 8.76 | 10 |
| 6 | Primrose Ulegård | 76 | Västerås FK | 8.80 | 11 |

Försök 2

| | | | | Tot | |
|---|------------------|----|---------------------|--------|----|
| 1 | Sofia Carlberg | 01 | Stocksätters IF | 8.32 q | 2 |
| 2 | Linnea Hård | 96 | Karlskoga Friidrott | 8.41 q | 3 |
| 3 | Astrid Eggersjö | 01 | Västerås FK | 8.43 q | 4 |
| 4 | Denise Sandell | 94 | KFUM Örebro | 8.44 q | 5 |
| 5 | Fannie Pousette | 01 | Gefle IF | 8.55 q | 6 |
| 6 | Ingrid Holmquist | 00 | KFUM Örebro | 8.89 | 12 |

Results

K 60 m

2020-01-19

Final

| | | | | | Tot |
|---|--------------------|----|---------------------|------|-----|
| 1 | Sofia Carlberg | 01 | Stocksätters IF | 8.25 | 1 |
| 2 | Emily Capobianco | 01 | KFUM Örebro | 8.32 | 2 |
| 3 | Astrid Eggersjö | 01 | Västerås FK | 8.38 | 3 |
| 4 | Denise Sandell | 94 | KFUM Örebro | 8.47 | 4 |
| 5 | Linnea Hård | 96 | Karlskoga Friidrott | 8.47 | 5 |
| 6 | Fannie Pousette | 01 | Gefle IF | 8.47 | 6 |
| 7 | Ebba Lindblom | 02 | Alunda SK | 8.63 | 7 |
| 8 | Caroline Andersson | 92 | IF Göta Karlstad | 8.70 | 8 |

K 200 m

2020-01-19

Försök 1

| | | | | | Tot |
|---|------------------|----|---------------|-------|-----|
| 1 | Agnes With | 03 | Västerås FK | 28.16 | 4 |
| 2 | Matilda Junkrans | 03 | Västerås FK | 31.35 | 11 |
| 3 | Dia Kamal | 02 | Eskilstuna FI | 32.11 | 12 |

Försök 2

| | | | | | Tot |
|---|----------------|----|--------------|-------|-----|
| 1 | Ida Palmqvist | 03 | Västerås FK | 29.28 | 7 |
| 2 | Ella Bennett | 04 | Hanvikens SK | 29.35 | 8 |
| 3 | Izabella Lukic | 03 | Västerås FK | 29.94 | 10 |

Försök 3

| | | | | | Tot |
|---|--------------------|----|------------------|-------|-----|
| 1 | Emelina Wirebro | 99 | Motala AIF | 27.79 | 2 |
| 2 | Alva Lindblom | 04 | Alunda SK | 28.20 | 5 |
| 3 | Rebecka Essman | 03 | Råby-Rekarne FI | 29.51 | 9 |
| - | Caroline Andersson | 92 | IF Göta Karlstad | DNF | - |

Försök 4

| | | | | | Tot |
|---|-----------------|----|-----------------|-------|-----|
| 1 | Maja Åskag | 02 | Råby-Rekarne FI | 25.81 | 1 |
| 2 | Jenny Åkervall | 72 | Spårvägens FK | 27.81 | 3 |
| 3 | Thea Katsoulaki | 04 | Hanvikens SK | 28.52 | 6 |
| - | Alva Nordvarg | 04 | Uppsala IF | DNS | - |

K 400 m

2020-01-19

Försök 1

| | | | | | Tot |
|---|----------------------|----|---------------|-------|-----|
| 1 | Alice Magnell-Millan | 05 | Eskilstuna FI | 59.56 | 2 |
| 2 | Fanny Dusabimana | 93 | Eskilstuna FI | 60.96 | 3 |
| - | Jenny Åkervall | 72 | Spårvägens FK | DNS | - |

Försök 2

| | | | | | Tot |
|---|-----------------|----|------------------|-------|-----|
| 1 | Rebecca Högberg | 84 | KFUM Örebro | 56.70 | 1 |
| 2 | Lovisa Ellström | 00 | IF Göta Karlstad | 61.95 | 4 |

K 800 m

2020-01-19

Försök

| | | | | | Tot |
|---|-------------------|----|-------------|---------|-----|
| 1 | Emilia Larson | 01 | Täby IS | 2:33.68 | 1 |
| 2 | Betti Lukic | 74 | Västerås FK | 2:45.26 | 2 |
| 3 | Elisabeth Mandorf | 76 | Bålsta IK | 2:48.84 | 3 |

Results

K 3000 m

2020-01-19

Försök (tillsammans med M 3000m)

| | | | | | Tot | |
|---|------------------|----|-------------|----------|-----|----|
| 1 | Moa Rothman | 96 | Västerås FK | 9:49.46 | 1 | |
| 1 | Elsa Wallenius | 01 | Västerås FK | 9:49.46 | 1 | |
| 3 | Pernilla Elmgren | 91 | Ärla IF | 10:35.37 | 3 | PB |

K Höjd

2020-01-19

| | | | | | Tot | |
|---|---------------|----|------------------|-----|-----|--|
| 1 | Emma Stenman | 02 | KFUM Örebro | 156 | 1 | |
| 2 | Vendela Öst | 02 | Bollnäs FIK | 156 | 2 | |
| 3 | Maja Karlsson | 01 | IF Göta Karlstad | 146 | 3 | |

141 146 151 156 161

E. Stenman xO xO xO xxx
V. Öst o o xxO xxx
M. Karlsson o xxO xxx

K Stav

2020-01-19

| | | | | | Tot | |
|---|-----------------|----|-------------------|-----|-----|--|
| 1 | Hilma Hindsberg | 02 | Kvarnsvedens GOLF | 360 | 1 | |
| 2 | Emma Johansson | 02 | Stocksätters IF | 313 | 2 | |
| - | Linn Jansson | 02 | Falu IK | | - | |

303 313 323 333 353 360 371

H. Hindsberg xO o xxO xxx
E. Johansson xxO xxO xxx
L. Jansson

Results

K Längd

2020-01-19

| | | | | | Tot | |
|-------------------------|-----------------------------|------|------------------|------|------|------|
| 1 | Olivia Österling Strömstedt | 01 | IF Göta Karlstad | 5.51 | 1 | |
| 2 | Anna Lennman | 98 | Falu IK | 5.49 | 2 | |
| 3 | Denise Sandell | 94 | KFUM Örebro | 5.23 | 3 | |
| 4 | Emily Capobianco | 01 | KFUM Örebro | 5.15 | 4 | |
| 5 | Johanna Hedberg | 91 | Söderhamns IF | 5.11 | 5 | SB |
| 6 | Maja Karlsson | 01 | IF Göta Karlstad | 5.09 | 6 | |
| 7 | Emmy Nyström Jansson | 02 | IF Göta Karlstad | 4.83 | 7 | |
| 8 | Sofia Bertilsson | 02 | Eskilstuna FI | 4.79 | 8 | 4,79 |
| 9 | Ebba Lindblom | 02 | Alunda SK | 4.79 | 9 | 4,63 |
| 10 | Liv Andersson | 02 | Alunda SK | 4.67 | 10 | |
| 11 | Ingrid Holmquist | 00 | KFUM Örebro | 4.59 | 11 | |
| 12 | Sofie Fransson | 02 | KFUM Örebro | 4.54 | 12 | |
| 13 | Sara Kiesbye | 77 | Bålsta IK | 3.60 | 13 | |
| 14 | Kristina Glantz Nilsson | 75 | Bålsta IK | 3.48 | 14 | |
| - | Sofia Carlberg | 01 | Stocksätters IF | DNS | - | |
| D. Sandell | x | 5.08 | 4.95 | 3.77 | 5.23 | 5.10 |
| E. Nyström Jansson | 4.83 | 4.68 | 4.60 | x | 4.64 | 4.68 |
| I. Holmquist | x | 4.59 | 4.47 | | | |
| K. Glantz Nilsson | x | 3.48 | 3.43 | | | |
| S. Bertilsson | 4.79 | x | 4.69 | 4.79 | 3.92 | x |
| S. Fransson | 4.47 | 4.51 | 4.54 | | | |
| S. Kiesbye | 3.57 | 3.60 | 3.33 | | | |
| O. Österling Strömstedt | x | 3.24 | 5.40 | 1.94 | x | 5.51 |
| E. Capobianco | x | 5.15 | 5.00 | x | - | - |
| A. Lennman | 5.48 | 5.39 | x | x | x | 5.49 |
| E. Lindblom | 4.63 | 4.79 | x | | | |
| J. Hedberg | 5.10 | 5.10 | 5.11 | x | x | x |
| L. Andersson | x | 4.67 | 4.44 | | | |
| M. Karlsson | 4.79 | 5.09 | 4.85 | 4.91 | 4.82 | |
| S. Carlberg | | | | | | |

K Tresteg

2020-01-19

| | | | | | Tot | |
|------------|-------------------|-------|-----------------|-------|-------|-------|
| 1 | Maja Åskag | 02 | Råby-Rekarne FI | 12.46 | 1 | |
| 2 | Emelina Wirebro | 99 | Motala AIF | 11.03 | 2 | |
| 3 | Denise Sandell | 94 | KFUM Örebro | 10.46 | 3 | |
| 4 | Wilma Engberg | 00 | Uppsala IF | 10.20 | 4 | |
| - | Madeleine Nilsson | 91 | Gefle IF | DNS | - | |
| M. Åskag | 12.46 | x | 12.32 | 12.42 | x | x |
| D. Sandell | x | 10.28 | 10.32 | 10.23 | 10.32 | 10.46 |
| E. Wirebro | x | 10.50 | 10.97 | 11.03 | 10.80 | x |
| M. Nilsson | | | | | | |
| W. Engberg | 10.20 | 10.15 | 10.01 | x | 9.97 | x |

K Kula

4.0kg

2020-01-19

| | | | | | Tot | |
|-------------------|-------------------------|-------|-------------|-------|-----|-------|
| 1 | Amanda Lejros | 99 | Hässelby SK | 13.53 | 1 | |
| 2 | Primrose Ulegård | 76 | Västerås FK | 9.43 | 2 | |
| 3 | Kristina Glantz Nilsson | 75 | Bålsta IK | 8.21 | 3 | |
| 4 | Sara Kiesbye | 77 | Bålsta IK | 6.92 | 4 | |
| S. Kiesbye | 6.44 | x | 6.92 | - | - | - |
| K. Glantz Nilsson | 7.96 | 8.07 | 8.21 | 7.87 | - | - |
| A. Lejros | 12.61 | 13.00 | x | 13.53 | x | 12.96 |
| P. Ulegård | 9.43 | x | 9.35 | x | x | 9.42 |

Results

F19 400 m

2020-01-19

Försök (tillsammans med K 400m heat 1)

Tot

| | | | | | |
|---|-------------|----|-----------|-------|---|
| 1 | Tyra Morell | 02 | Upsala IF | 66.17 | 1 |
|---|-------------|----|-----------|-------|---|

F19 1500 m

2020-01-19

Försök

Tot

| | | | | | |
|---|---------------|----|---------------|---------|---|
| 1 | Elin Ekengren | 02 | Eskilstuna FI | 4:55.92 | 1 |
| 2 | Hanna Åberg | 02 | Spårvägens FK | 5:22.70 | 2 |

F19 Kula

4.0kg

2020-01-19

Tot

| | | | | | |
|---|---------------------------|----|------------------|-------|---|
| 1 | Linn Gabrielli Gustafsson | 03 | Råby-Rekarne FI | 11.78 | 1 |
| 2 | Hannah Hilding | 02 | Spårvägens FK | 11.61 | 2 |
| 3 | Amanda Fridberg | 02 | IF Göta Karlstad | 10.75 | 3 |
| 4 | Maja Nilsson | 02 | KFUM Örebro | 9.07 | 4 |

| | | | | | | |
|-------------------------|-------|-------|-------|-------|-------|-------|
| H. Hilding | x | 11.61 | x | 11.49 | 11.06 | 11.13 |
| A. Fridberg | 9.92 | 10.22 | 10.75 | 10.21 | 10.36 | 10.05 |
| L. Gabrielli Gustafsson | 11.61 | x | 11.20 | 11.78 | 11.63 | x |
| M. Nilsson | x | 9.07 | 8.20 | 8.51 | x | x |

F19 Vikt

9.08kg

2020-01-19

Tot

| | | | | | |
|---|-------------------------|----|------------------|-------|---|
| 1 | Hillevi Carlsson | 02 | Hässelby SK | 16.70 | 1 |
| 2 | Jennifer Andersson | 01 | Västerås FK | 15.88 | 2 |
| 3 | Anna Götberg | 01 | Västerås FK | 15.86 | 3 |
| 4 | Hannah Hilding | 02 | Spårvägens FK | 14.71 | 4 |
| 5 | Amanda Fridberg | 02 | IF Göta Karlstad | 13.82 | 5 |
| 6 | Maja Åkerblom | 02 | Västerås FK | 13.24 | 6 |
| 7 | Alexandra Nilsson | 02 | Götlunda IF | 13.23 | 7 |
| 8 | Elin Jansson | 02 | Västerås FK | 10.34 | 8 |
| - | Kristina Andersson | 91 | Råby-Rekarne FI | 16.09 | - |
| - | Ebba Lind | 04 | Hanvikens SK | 17.21 | - |
| - | Kristina Glantz Nilsson | 75 | Bålsta IK | 8.51 | - |
| - | Ella Nilsson | 03 | Hanvikens SK | 12.86 | - |
| - | Hannah Luxemburg | 03 | Turebergs FK | - | - |

| | | | | | | |
|-------------------|-------|-------|-------|-------|-------|-------|
| A. Nilsson | x | 12.65 | 12.68 | 13.23 | 12.78 | 12.64 |
| H. Carlsson | 15.68 | 16.30 | x | 16.44 | 16.70 | x |
| H. Hilding | 14.32 | x | x | x | 14.71 | x |
| K. Andersson | 15.46 | 16.00 | x | 15.87 | 15.69 | 16.09 |
| E. Lind | 16.32 | 15.47 | x | x | 16.51 | 17.21 |
| A. Fridberg | 13.48 | 13.69 | x | 13.82 | x | 12.87 |
| J. Andersson | 14.95 | 15.03 | 15.88 | 15.12 | 15.23 | 15.09 |
| E. Jansson | x | 10.34 | x | 9.59 | 9.80 | 9.67 |
| K. Glantz Nilsson | 8.51 | x | 6.57 | | | |
| E. Nilsson | 11.51 | 12.33 | 12.86 | 10.05 | x | 11.54 |
| A. Götberg | x | x | 13.58 | 15.79 | 15.86 | x |
| H. Luxemburg | x | x | x | | | |
| M. Åkerblom | 13.24 | x | x | x | x | x |

Results

F17 60 m

2020-01-19

Försök 1

| | | | | | Tot |
|---|-------------------|----|---------------|--------|-----|
| 1 | Felicia Johansson | 04 | Hanvikens SK | 8.35 q | 5 |
| 2 | Smilla Gejdeman | 03 | Eskilstuna FI | 8.53 q | 8 |
| 3 | Lina Selin | 04 | IK Westmannia | 8.79 | 11 |
| 4 | Rosa Sadig Gafor | 04 | Alunda SK | 8.86 | 13 |
| 5 | Malin Dahlström | 03 | Västerås FK | 8.94 | 15 |
| 6 | Ida Åhlander | 03 | Hanvikens SK | 8.94 | 16 |

Försök 2

| | | | | | Tot |
|---|-------------------|----|-------------------|--------|-----|
| 1 | Clara Spangenberg | 04 | Uppsala IF | 8.06 q | 1 |
| 2 | Justina Esangbedo | 03 | Kvarnsvedens Golf | 8.10 q | 2 |
| 3 | Tyra Tjulander | 04 | Västerås FK | 8.50 q | 7 |
| 4 | Ida Palmqvist | 03 | Västerås FK | 8.82 | 12 |
| 5 | Alice Lind | 03 | Hanvikens SK | 8.90 | 14 |
| 6 | Deborah Ahnfeldt | 03 | Västerås FK | 9.02 | 18 |
| 7 | Filippa Gil | 04 | Hanvikens SK | 9.42 | 20 |

Försök 3

| | | | | | Tot |
|---|------------------|----|------------------|--------|-----|
| 1 | Hanna Karlsson | 03 | IF Göta Karlstad | 8.11 q | 3 |
| 2 | Matilda Eriksson | 04 | Västerås FK | 8.34 q | 4 |
| 3 | Moa Holm | 03 | Västerås FK | 8.39 q | 6 |
| 4 | Ebba Hedin | 04 | Västerås FK | 8.55 | 9 |
| 5 | Agnes With | 03 | Västerås FK | 8.57 | 10 |
| 6 | Emma Walfridsson | 04 | Hanvikens SK | 8.94 | 17 |
| 7 | Sofie Moroni | 04 | Råby-Rekarne FI | 9.04 | 19 |

F17 60 m

2020-01-19

Final

| | | | | | Tot |
|---|-------------------|----|-------------------|------|-----|
| 1 | Justina Esangbedo | 03 | Kvarnsvedens Golf | 7.96 | 1 |
| 2 | Clara Spangenberg | 04 | Uppsala IF | 8.02 | 2 |
| 3 | Hanna Karlsson | 03 | IF Göta Karlstad | 8.02 | 3 |
| 4 | Felicia Johansson | 04 | Hanvikens SK | 8.27 | 4 |
| 5 | Matilda Eriksson | 04 | Västerås FK | 8.32 | 5 |
| 6 | Moa Holm | 03 | Västerås FK | 8.36 | 6 |
| 7 | Tyra Tjulander | 04 | Västerås FK | 8.45 | 7 |
| 8 | Smilla Gejdeman | 03 | Eskilstuna FI | 8.52 | 8 |

F17 400 m

2020-01-19

Försök 1

| | | | | | Tot |
|---|------------------|----|---------------|-------|-----|
| 1 | Smilla Gejdeman | 03 | Eskilstuna FI | 65.02 | 3 |
| 2 | Deborah Ahnfeldt | 03 | Västerås FK | 72.94 | 5 |
| 3 | Alice Bone | 04 | IK Westmannia | 77.47 | 6 |

Försök 2

| | | | | | Tot |
|---|------------------|----|------------------|-------|-----|
| 1 | Hanna Karlsson | 03 | IF Göta Karlstad | 61.22 | 1 |
| 2 | Rydensjö Filippa | 04 | Eskilstuna FI | 63.31 | 2 |
| 3 | Izabella Lukic | 03 | Västerås FK | 65.36 | 4 |

Results

F17 1500 m

2020-01-19

Försök

Tot

| | | | | | |
|---|--------------|----|------------|---------|---|
| 1 | Ida Knutsson | 04 | Uppsala IF | 4:56.58 | 1 |
|---|--------------|----|------------|---------|---|

F17 Höjd

2020-01-19

Tot

| | | | | | |
|---|-------------------------|----|-------------------|-----|-----|
| 1 | Alma Uhlin | 03 | Falu IK | 167 | 1 |
| 2 | Elvira Jonsson | 03 | Västerås FK | 164 | 2 |
| 3 | Ebba Hedberg | 03 | Kvarnsvedens Golf | 164 | 3 |
| 4 | Emma Karlsson-Svedestam | 04 | Råby-Rekarne FI | 151 | 4 |
| 5 | Alice Lind | 03 | Hanvikens SK | 146 | 5 |
| 6 | Linn Stendahl | 04 | Huddinge AIS | 141 | 6 |
| 7 | Emma Walfridsson | 04 | Hanvikens SK | 136 | 7 |
| - | Felicia Johansson | 04 | Hanvikens SK | - | IGF |
| - | Ella Bennett | 04 | Hanvikens SK | - | |
| - | Klara Frykholm | 03 | Glanshammars IF | - | |
| - | Minna Silvell | 04 | Huddinge AIS | - | |

136 141 146 151 156 161 164 167 170

| | | | | | | | | |
|--------------------|----|-----|-----|-----|---|-----|-----|-----|
| L. Stendahl | o | o | xxx | | | | | |
| E. Walfridsson | o | xxx | | | | | | |
| F. Johansson | x- | | | | | | | |
| A. Uhlin | | | | o | o | xxo | o | xxx |
| E. Hedberg | | | xo | xo | o | xo | xxx | |
| A. Lind | o | xo | xxx | | | | | |
| E. Bennett | | | | | | | | |
| K. Frykholm | | | | | | | | |
| E. Karlsson-Svedes | | o | o | xxx | | | | |
| M. Silvell | | | | | | | | |
| E. Jonsson | | | | o | o | xo | xxx | |

F17 Stav

2020-01-19

Tot

| | | | | | | |
|---|--------------|----|----------------------|-----|---|----|
| 1 | Alva Nilsson | 04 | KFUM Örebro | 293 | 1 | PB |
| 2 | Maja Forss | 04 | Tjalve IF Norrköping | 283 | 2 | |
| 3 | Clara Bolund | 04 | Eskilstuna FI | 263 | 3 | SB |

213 233 243 253 263 273 283 293 303

| | | | | | | | | |
|------------|----|---|---|----|----|-----|----|-----|
| M. Forss | | | | xo | o | xo | xo | xxx |
| C. Bolund | xo | o | o | o | xo | xxx | | |
| A. Nilsson | | | | | o | o | xo | xxo |

Results

F17 Längd

2020-01-19

| | | | | | Tot | | |
|----------------|-------------------|------|-------------------|------|------|------|--|
| 1 | Hanna Karlsson | 03 | IF Göta Karlstad | 5.23 | 1 | | |
| 2 | Moa Gustafsson | 04 | Råby-Rekarne FI | 5.22 | 2 | | |
| 3 | Alva Nordvarg | 04 | Upsala IF | 4.96 | 3 | | |
| 4 | Saga Berg | 04 | Östhammar FI | 4.85 | 4 | | |
| 5 | Agnes With | 03 | Västerås FK | 4.82 | 5 | | |
| 6 | Justina Esangbedo | 03 | Kvarnsvedens Golf | 4.72 | 6 | | |
| 7 | Elvira Jonsson | 03 | Västerås FK | 4.64 | 7 | | |
| 8 | Clara Spangenberg | 04 | Upsala IF | 4.44 | 8 | | |
| 9 | Lina Selin | 04 | IK Westmannia | 4.43 | 9 | | |
| 10 | Rosa Sadig Gafor | 04 | Alunda SK | 4.42 | 10 | | |
| 11 | Alva Lindblom | 04 | Alunda SK | 4.31 | 11 | | |
| 12 | Malin Dahlström | 03 | Västerås FK | 4.06 | 12 | | |
| 13 | Filippa Gil | 04 | Hanvikens SK | 3.99 | 13 | SB | |
| 14 | Ima Sundberg | 04 | Alunda SK | 3.89 | 14 | | |
| 15 | Thea Katsoulaki | 04 | Hanvikens SK | 3.87 | 15 | | |
| 16 | Ebba Hedin | 04 | Västerås FK | 3.65 | 16 | | |
| 17 | Simone Adolfsson | 04 | Huddinge AIS | 3.49 | 17 | | |
| - | Frida Hjorth | 03 | Säters IF | DNS | - | | |
| - | Amanda Helgesson | 04 | Hanvikens SK | DNS | - | | |
| - | Minna Silvell | 04 | Huddinge AIS | DNS | - | | |
| E. Hedin | 3.65 | 3.12 | 2.93 | | | | |
| A. Helgesson | | | | | | | |
| F. Hjorth | | | | | | | |
| S. Berg | 4.85 | 3.32 | x | 4.72 | 4.77 | 4.75 | |
| I. Sundberg | 3.82 | 3.89 | 3.51 | | | | |
| L. Selin | 4.43 | 4.22 | 4.25 | | | | |
| M. Silvell | | | | | | | |
| A. With | 4.82 | 4.59 | 4.36 | 4.70 | x | | |
| A. Nordvarg | x | 4.91 | 4.94 | 4.96 | x | x | |
| T. Katsoulaki | 3.35 | 3.87 | x | | | | |
| J. Esangbedo | x | 4.69 | 4.54 | x | 4.72 | | |
| M. Gustafsson | 5.22 | 4.97 | 4.94 | 4.95 | x | 4.93 | |
| A. Lindblom | x | x | 4.31 | | | | |
| M. Dahlström | x | 3.96 | 4.06 | | | | |
| R. Sadig Gafor | 4.42 | 4.33 | 4.23 | | | | |
| H. Karlsson | 5.23 | 5.14 | 5.14 | x | x | x | |
| C. Spangenberg | 4.44 | x | 4.28 | 4.28 | 4.14 | 4.33 | |
| F. Gil | 3.94 | 3.72 | 3.99 | | | | |
| E. Jonsson | 4.64 | 4.41 | 4.53 | | | | |
| S. Adolfsson | 3.32 | 3.49 | 3.41 | | | | |

F17 Tresteg

2020-01-19

| | | | | | Tot | | |
|-----------------------|-------------------------|-------|-----------------|-------|-------|-------|--|
| 1 | Tindra Frykholm | 03 | Glanshammars IF | 11.24 | 1 | | |
| 2 | Saga Berg | 04 | Östhammar FI | 10.21 | 2 | | |
| 3 | Emma Karlsson-Svedestam | 04 | Råby-Rekarne FI | 9.59 | 3 | | |
| 4 | Ima Sundberg | 04 | Alunda SK | 9.12 | 4 | | |
| - | Lina Selin | 04 | IK Westmannia | DNS | - | | |
| S. Berg | 10.16 | 10.13 | x | 10.21 | x | 10.16 | |
| I. Sundberg | 8.94 | 8.90 | 8.82 | 9.06 | 8.90 | 9.12 | |
| T. Frykholm | 10.98 | 10.69 | 11.24 | 11.13 | 11.23 | 10.30 | |
| E. Karlsson-Svedestam | 9.54 | 9.25 | 9.59 | 9.32 | x | 9.28 | |
| L. Selin | | | | | | | |

Results

F17 Kula

3.0kg

2020-01-19

| | | | | Tot | | |
|----|---------------------------|----|-------------------|-------|----|----|
| 1 | Justina Esangbedo | 03 | Kvarnsvedens GoIF | 13.99 | 1 | |
| 2 | Linn Gabrielli Gustafsson | 03 | Råby-Rekarne FI | 13.88 | 2 | |
| 3 | Tilda Bernhult | 04 | KFUM Örebro | 13.37 | 3 | PB |
| 4 | Ebba Lind | 04 | Hanvikens SK | 12.56 | 4 | SB |
| 5 | Ebba Hedberg | 03 | Kvarnsvedens GoIF | 11.51 | 5 | PB |
| 6 | Victoria Wickman | 03 | Alunda SK | 11.14 | 6 | |
| 7 | Hanna Bertilsson | 04 | Eskilstuna FI | 10.51 | 7 | |
| 8 | Ella Nilsson | 03 | Hanvikens SK | 10.28 | 8 | PB |
| 9 | Saga Berg | 04 | Östhammar FI | 9.94 | 9 | |
| 10 | Natalie Persson | 03 | Katrineholms SK | 9.63 | 10 | |
| 11 | Alva Nilsson | 04 | KFUM Örebro | 9.60 | 11 | |
| 12 | Valentina Murillo | 04 | Eskilstuna FI | 9.54 | 12 | |
| 13 | Alice Lind | 03 | Hanvikens SK | 9.38 | 13 | |
| 14 | Ima Sundberg | 04 | Alunda SK | 8.57 | 14 | |
| 15 | Jennie Gregestam | 04 | Huddinge AIS | 8.44 | 15 | |
| 16 | Filippa Gil | 04 | Hanvikens SK | 8.36 | 16 | PB |
| 17 | Clara Jansson | 04 | Sätters IF | 8.30 | 17 | |
| 18 | Ida Åhlander | 03 | Hanvikens SK | 7.84 | 18 | |
| 19 | Simone Adolfsson | 04 | Huddinge AIS | 7.76 | 19 | |
| - | Felicia Eriksson | 03 | IF Göta Karlstad | DNS | - | |
| - | Hedda Lundström | 04 | Huddinge AIS | DNS | - | |
| - | Sofia Hammarwall | 03 | IFK Tumba | DNS | - | |
| - | Minna Silvell | 04 | Huddinge AIS | DNS | - | |
| - | Amanda Helgesson | 04 | Hanvikens SK | DNS | - | |
| - | Maja Martinsson | 04 | Huddinge AIS | DNS | - | |

| | | | | | | |
|-------------------------|-------|-------|-------|-------|-------|-------|
| M. Martinsson | | | | | | |
| M. Silvell | | | | | | |
| E. Lind | x | 12.30 | 11.77 | 12.56 | 12.22 | x |
| L. Gabrielli Gustafsson | 13.42 | 13.58 | 13.46 | 13.22 | 13.12 | 13.88 |
| H. Bertilsson | 9.50 | 9.78 | 10.35 | 9.51 | 10.40 | 10.51 |
| A. Lind | 9.21 | 9.33 | 9.38 | | | |
| H. Lundström | | | | | | |
| E. Nilsson | 10.05 | 9.66 | 10.28 | 9.65 | 9.32 | x |
| T. Bernhult | 12.72 | 12.95 | 13.32 | 13.07 | 13.37 | 12.76 |
| C. Jansson | 8.30 | x | x | | | |
| F. Gil | 8.36 | 7.98 | 7.75 | | | |
| E. Hedberg | 11.51 | 11.01 | 11.15 | x | 11.24 | x |
| J. Gregestam | 8.44 | x | x | | | |
| A. Nilsson | 9.60 | x | 9.29 | | | |
| S. Berg | 9.94 | x | 9.83 | | | |
| I. Åhlander | 7.79 | 7.84 | 7.76 | | | |
| S. Adolfsson | 7.76 | 7.30 | 7.70 | | | |
| I. Sundberg | 8.57 | 7.83 | 8.00 | | | |
| F. Eriksson | | | | | | |
| J. Esangbedo | 13.05 | 13.21 | - | - | 13.59 | 13.99 |
| S. Hammarwall | | | | | | |
| N. Persson | x | 8.20 | 9.63 | | | |
| A. Helgesson | | | | | | |
| V. Wickman | x | 10.41 | x | x | 10.86 | 11.14 |
| V. Murillo | x | x | 9.54 | | | |

Results

F17 Vikt

7.26kg

2020-01-19

| | | | | | Tot | |
|-------------------------|---------------------------|-------|-----------------|-------|-------|-------|
| 1 | Isabella Wiklund | 03 | Västerås FK | 17.45 | | 1 |
| 2 | Molly Skugge | 03 | Turebergs FK | 16.84 | | 2 |
| 3 | Vilma Damberg | 03 | Turebergs FK | 15.66 | | 3 |
| 4 | Saga Berg | 04 | Östhammar FI | 14.07 | | 4 |
| 5 | Matilda Eriksson | 04 | Västerås FK | 13.54 | | 5 |
| 6 | Victoria Wickman | 03 | Alunda SK | 13.01 | | 6 |
| 7 | Linn Gabrielli Gustafsson | 03 | Råby-Rekarne FI | 12.70 | | 7 |
| 8 | Rebecka Essman | 03 | Råby-Rekarne FI | 12.63 | | 8 |
| 9 | Sofia Hammarwall | 03 | IFK Tumba | 12.53 | | 9 |
| 10 | Sofie Moroni | 04 | Råby-Rekarne FI | 11.72 | | 10 |
| 11 | Jennie Gregestam | 04 | Huddinge AIS | 10.57 | | 11 |
| 12 | Maja Martinsson | 04 | Huddinge AIS | 9.92 | | 12 |
| 13 | Simone Adolfsson | 04 | Huddinge AIS | 9.40 | | 13 |
| - | Hedda Lundström | 04 | Huddinge AIS | DNS | | - |
| - | Natalie Persson | 03 | Katrineholms SK | DNS | | - |
| - | Ebba Lind | 04 | Hanvikens SK | DNS | | - |
| - | Ella Nilsson | 03 | Hanvikens SK | DNS | | - |
| M. Martinsson | x | 9.67 | 9.92 | | | |
| M. Skugge | 15.73 | 16.84 | 16.54 | x | x | 15.11 |
| M. Eriksson | 11.97 | 13.16 | x | x | 13.54 | 12.67 |
| I. Wiklund | 16.98 | 17.05 | 17.45 | 16.95 | 17.34 | 16.92 |
| V. Damberg | x | 15.03 | x | 15.66 | x | x |
| S. Hammarwall | x | 12.53 | x | | | |
| R. Essman | x | 10.10 | 12.54 | x | 12.63 | x |
| N. Persson | | | | | | |
| V. Wickman | x | 12.86 | 12.85 | 13.01 | 12.80 | 11.96 |
| H. Lundström | | | | | | |
| E. Lind | | | | | | |
| L. Gabrielli Gustafsson | 12.50 | 11.84 | 12.70 | 12.39 | x | x |
| S. Berg | 14.07 | x | x | x | x | |
| S. Moroni | 11.72 | 10.91 | 10.75 | | | |
| S. Adolfsson | 9.07 | 8.44 | 9.40 | | | |
| J. Gregestam | 9.87 | 10.57 | 10.12 | | | |
| E. Nilsson | | | | | | |

F15 60 m

2020-01-19

Försök 1

| | | | | | Tot | |
|---|-----------------|----|---------------|--------|-----|----|
| 1 | Sofia Hasler | 05 | Västerås FK | 8.36 q | | 1 |
| 2 | Sara Johansson | 05 | Åkersberga SK | 8.76 q | | 4 |
| 3 | Vilma Söderlund | 05 | Västerås FK | 8.86 q | | 6 |
| 4 | Smilla Eriksson | 05 | Alunda SK | 9.02 q | | 8 |
| 5 | Rebecka Sjöberg | 05 | Åkersberga SK | 9.11 | | 10 |
| 6 | Hannah Sjöling | 05 | Åkersberga SK | 9.31 | | 12 |
| 7 | Lisa Carlborg | 05 | Uppsala IF | 9.47 | | 13 |

Försök 2

| | | | | | Tot | |
|---|------------------|----|---------------|--------|-----|----|
| 1 | Amanda Hägg | 05 | Västerås FK | 8.44 q | | 2 |
| 2 | Linnea Boqvist | 05 | Hanvikens SK | 8.59 q | | 3 |
| 3 | Edvina Norberg | 05 | Ransäters AIS | 8.79 q | | 5 |
| 4 | Ida Tuving | 05 | Hanvikens SK | 8.88 q | | 7 |
| 5 | Alva Haglund | 05 | Uppsala IF | 9.06 | | 9 |
| 6 | Nora Åsbrink | 05 | Uppsala IF | 9.15 | | 11 |
| 7 | Isabella Rytberg | 05 | Åkersberga SK | 9.85 | | 14 |

Results

F15 60 m

2020-01-19

Final

| | | | | | Tot |
|---|-----------------|----|---------------|------|-----|
| 1 | Sofia Hasler | 05 | Västerås FK | 8.26 | 1 |
| 2 | Amanda Hägg | 05 | Västerås FK | 8.51 | 2 |
| 3 | Linnea Boqvist | 05 | Hanvikens SK | 8.68 | 3 |
| 4 | Sara Johansson | 05 | Åkersberga SK | 8.76 | 4 |
| 5 | Vilma Söderlund | 05 | Västerås FK | 8.80 | 5 |
| 6 | Edvina Norberg | 05 | Ransäters AIS | 8.81 | 6 |
| 7 | Ida Tuving | 05 | Hanvikens SK | 8.89 | 7 |
| 8 | Smilla Eriksson | 05 | Alunda SK | 9.06 | 8 |

F15 200 m

2020-01-19

Försök 1

| | | | | | Tot |
|---|-----------------|----|---------------|-------|-----|
| 1 | Rebecka Sjöberg | 05 | Åkersberga SK | 29.81 | 5 |
| 2 | Ida Tuving | 05 | Hanvikens SK | 30.06 | 6 |
| 3 | Alva Haglund | 05 | Uppsala IF | 30.56 | 7 |
| 4 | Lina Renberg | 05 | Åkersberga SK | 32.63 | 8 |

Försök 2

| | | | | | Tot |
|---|----------------|----|--------------|-------|-----|
| 1 | Sofia Hasler | 05 | Västerås FK | 27.17 | 1 |
| 2 | Amanda Hägg | 05 | Västerås FK | 27.79 | 2 |
| 3 | Emma Sjöblom | 05 | Rånäs 4H | 28.01 | 3 |
| 4 | Linnea Boqvist | 05 | Hanvikens SK | 28.66 | 4 |

F15 1000 m

2020-01-19

Försök

| | | | | | Tot |
|---|-----------------|----|--------------------|---------|-----|
| 1 | Felicia Jansson | 05 | Alunda SK | 3:19.28 | 1 |
| 2 | Emelie Lenke | 05 | Uppsala IF | 3:26.42 | 2 |
| 3 | Hanna Lahti | 05 | Västerås FK | 3:26.85 | 3 |
| 4 | Lina Renberg | 05 | Åkersberga SK | 3:26.89 | 4 |
| 5 | Ida Franzon | 05 | Uppsala IF | 3:37.81 | 5 |
| 6 | Josefin Ross | 05 | Djurmo Sifferbo IF | 3:49.56 | 6 |
| 7 | Ingrid Lundin | 05 | Uppsala IF | 3:52.86 | 7 |

F15 Höjd

2020-01-19

| | | | | | Tot |
|---|------------------|----|---------------|-----|-----|
| 1 | Celina Andersson | 05 | Västerås FK | 156 | 1 |
| 2 | Lina Bjerkestam | 05 | Huddinge AIS | 151 | 2 |
| 3 | Hilda Östergren | 05 | Visby IF Gute | 151 | 3 |
| 4 | Hannah Andersson | 05 | Falu IK | 146 | 4 |
| 5 | Nora Åsbrink | 05 | Uppsala IF | 146 | 5 |
| 6 | Edvina Norberg | 05 | Ransäters AIS | 136 | 6 |
| 7 | Alice Arbestål | 05 | Hanvikens SK | 136 | 7 |
| - | Filippa Eklund | 05 | Uppsala IF | - | - |

131 136 141 146 151 156 159

| | | | | | | | |
|---------------|----|-----|-----|-----|-----|-----|-----|
| C. Andersson | | o | o | xo | xo | xxo | xxx |
| A. Arbestål | xo | xxo | xxx | | | | |
| E. Norberg | o | xo | xxx | | | | |
| H. Andersson | | | o | xo | xxx | | |
| F. Eklund | | | | | | | |
| N. Åsbrink | o | xo | xxo | xxo | xxx | | |
| L. Bjerkestam | | | | o | o | xxx | |
| H. Östergren | | o | o | o | xo | xxx | |

Results

F15 Stav

2020-01-19

| | | | | | Tot |
|---|------------------|----|---------------|-----|-----|
| 1 | Nora Åsbrink | 05 | Upsala IF | 233 | 1 |
| 2 | Linnea Boqvist | 05 | Hanvikens SK | 223 | 2 |
| 3 | Sara Johansson | 05 | Åkersberga SK | 223 | 3 |
| 4 | Alice Arbestål | 05 | Hanvikens SK | 213 | 4 |
| 5 | Lina Renberg | 05 | Åkersberga SK | 193 | 5 |
| 6 | Hilda Östergren | 05 | Visby IF Gute | 173 | 6 |
| - | Emilia Johansson | 05 | Rånäs 4H | - | - |

153 173 193 203 213 223 233 243

| | | | | | | | |
|--------------|-----|----|-----|-----|-----|-----|-----|
| L. Boqvist | o | o | o | o | o | o | xxx |
| S. Johansson | o | o | o | xo | o | o | xxx |
| A. Arbestål | | o | o | o | xxo | xxx | |
| E. Johansson | | | | | | xxx | |
| N. Åsbrink | | | | | o | xxo | xxx |
| H. Östergren | o | o | xxx | | | | |
| L. Renberg | xxo | xo | o | xxx | | | |

F15 Längd

2020-01-19

| | | | | | Tot | |
|----|------------------|----|---------------|------|-----|-----------|
| 1 | Agnes Jansson | 05 | Hammarby IF | 5.01 | 1 | |
| 2 | Sofia Hasler | 05 | Västerås FK | 4.88 | 2 | |
| 3 | Ida Tuving | 05 | Hanvikens SK | 4.68 | 3 | |
| 4 | Sara Johansson | 05 | Åkersberga SK | 4.59 | 4 | |
| 5 | Lina Bjerkestam | 05 | Huddinge AIS | 4.50 | 5 | 4,47 4,44 |
| 6 | Hilda Östergren | 05 | Visby IF Gute | 4.50 | 6 | 4,47 4,40 |
| 7 | Malin Garbell | 05 | Östhammar FI | 4.38 | 7 | |
| 8 | Rebecka Sjöberg | 05 | Åkersberga SK | 4.34 | 8 | |
| 9 | Vilma Söderlund | 05 | Västerås FK | 4.12 | 9 | |
| 10 | Hannah Sjöling | 05 | Åkersberga SK | 3.59 | 10 | |
| 11 | Lina Renberg | 05 | Åkersberga SK | 3.58 | 11 | |
| 12 | Isabella Rytberg | 05 | Åkersberga SK | 3.53 | 12 | |
| - | Melina Lidberg | 05 | Hammarby IF | DNS | - | |
| - | Filippa Eklund | 05 | Upsala IF | DNS | - | |

| | | | | | | |
|---------------|------|------|------|------|------|------|
| L. Bjerkestam | 4.32 | 4.47 | 4.50 | 4.44 | x | - |
| I. Rytberg | 3.45 | 3.53 | 3.38 | | | |
| M. Garbell | 4.28 | 4.38 | 4.20 | 3.88 | 3.84 | x |
| M. Lidberg | | | | | | |
| H. Östergren | x | 4.40 | 4.50 | 4.47 | 4.31 | - |
| V. Söderlund | x | 4.12 | x | | | |
| R. Sjöberg | 4.12 | 4.03 | 4.34 | 4.10 | 4.15 | 4.01 |
| A. Jansson | 3.62 | 5.01 | 5.00 | 4.88 | 4.94 | 4.95 |
| H. Sjöling | x | x | 3.59 | | | |
| L. Renberg | 3.47 | 3.58 | 3.54 | | | |
| I. Tuving | 4.68 | 4.18 | - | - | x | 4.16 |
| S. Hasler | 3.65 | 3.68 | 4.53 | 4.76 | 4.77 | 4.88 |
| F. Eklund | | | | | | |
| S. Johansson | 4.27 | x | 4.59 | 4.49 | 3.31 | |

Results

F15 Tresteg

2020-01-19

| | | | | | Tot | | |
|--------------|------------------|-------|---------------|-------|-------|-------|--|
| 1 | Melina Lidberg | 05 | Hammarby IF | 11.30 | 1 | | |
| 2 | Agnes Jansson | 05 | Hammarby IF | 10.58 | 2 | | |
| 3 | Emma Sjöblom | 05 | Rånäs 4H | 10.16 | 3 | | |
| 4 | Hilda Östergren | 05 | Visby IF Gute | 9.87 | 4 | | |
| 5 | Hannah Andersson | 05 | Falu IK | 9.81 | 5 | | |
| 6 | Lisa Carlborg | 05 | Uppsala IF | 9.67 | 6 | PB | |
| 7 | Smilla Eriksson | 05 | Alunda SK | 9.03 | 7 | | |
| - | Ruth Eklöf | 05 | Alunda SK | - | - | | |
| A. Jansson | 10.23 | 10.23 | - | 10.38 | - | 10.58 | |
| H. Östergren | 9.82 | 9.61 | 9.74 | x | - | 9.87 | |
| E. Sjöblom | x | 10.16 | x | x | x | 9.98 | |
| M. Lidberg | 11.30 | 10.16 | x | - | 10.69 | 10.72 | |
| L. Carlborg | 9.12 | 9.67 | 9.27 | 9.41 | 9.46 | 9.26 | |
| H. Andersson | x | x | 9.38 | 9.48 | 9.81 | x | |
| S. Eriksson | x | x | x | - | 9.03 | - | |
| R. Eklöf | x | - | - | - | - | - | |

F15 Kula

3.0kg

2020-01-19

| | | | | | Tot | | |
|---------------|-------------------|-------|----------------|-------|-------|-------|--|
| 1 | Edvina Norberg | 05 | Ransätters AIS | 12.34 | 1 | | |
| 2 | Malin Garbell | 05 | Östhammar FI | 11.04 | 2 | | |
| 3 | Hannah Andersson | 05 | Falu IK | 9.89 | 3 | | |
| 4 | Smilla Eriksson | 05 | Alunda SK | 9.87 | 4 | | |
| 5 | Emilia Johansson | 05 | Rånäs 4H | 9.43 | 5 | | |
| 6 | Ruth Eklöf | 05 | Alunda SK | 8.66 | 6 | | |
| 7 | Rebecka Sjöberg | 05 | Åkersberga SK | 8.39 | 7 | | |
| 8 | Lina Bjerkestam | 05 | Huddinge AIS | 7.70 | 8 | | |
| 9 | Linnea Backlund | 05 | Ösmo Nynäs FK | 7.69 | 9 | | |
| 10 | Isabella Ryttberg | 05 | Åkersberga SK | 7.65 | 10 | | |
| 11 | Hannah Sjöling | 05 | Åkersberga SK | 7.42 | 11 | | |
| - | Olivia Ellgren | 05 | Turebergs FK | DNS | - | | |
| - | Johanna Schlyter | 05 | Huddinge AIS | DNS | - | | |
| E. Johansson | 8.15 | 9.06 | 9.43 | 8.98 | x | x | |
| E. Norberg | 12.12 | 10.94 | 11.30 | 11.30 | 12.34 | x | |
| H. Sjöling | 7.42 | x | 6.87 | | | | |
| H. Andersson | 9.71 | x | x | 9.68 | 9.89 | x | |
| R. Sjöberg | 7.93 | 7.26 | 8.02 | 8.26 | 7.41 | 8.39 | |
| L. Backlund | x | 7.45 | 7.69 | | | | |
| L. Bjerkestam | 7.70 | 7.31 | 6.87 | - | - | - | |
| I. Ryttberg | 6.70 | 7.34 | 7.65 | | | | |
| M. Garbell | 11.04 | x | x | 10.97 | 10.22 | 10.84 | |
| R. Eklöf | 7.89 | 7.43 | x | x | 7.72 | 8.66 | |
| O. Ellgren | | | | | | | |
| S. Eriksson | 9.12 | 7.81 | 9.87 | x | 9.43 | - | |
| J. Schlyter | | | | | | | |

Results

F15 Vikt

7.26kg

2020-01-19

| | | | | Tot | |
|----|----------------------------|----|-----------------|-------|----|
| 1 | Malin Garbell | 05 | Östhammar FI | 13.77 | 1 |
| 2 | Edvina Norberg | 05 | Ransäters AIS | 13.51 | 2 |
| 3 | Olivia Ellgren | 05 | Turebergs FK | 13.05 | 3 |
| 4 | Desiree Essman | 06 | Råby-Rekarne FI | 11.74 | 4 |
| 5 | Hanna Gabrielli Gustafsson | 06 | Råby-Rekarne FI | 11.66 | 5 |
| 6 | Elise Angsten | 06 | Uppsala IF | 10.00 | 6 |
| 7 | Emilia Johansson | 05 | Rånäs 4H | 9.97 | 7 |
| 8 | Kajsa Berg | 06 | Östhammar FI | 9.92 | 8 |
| 9 | Lovisa Ridderstråle | 05 | Bålsta IK | 9.09 | 9 |
| 10 | Isabella Rytberg | 05 | Åkersberga SK | 6.12 | 10 |
| 11 | Hannah Sjöling | 05 | Åkersberga SK | 5.18 | 11 |
| 12 | Lovis Markström | 06 | Åkersberga SK | 3.13 | 12 |
| - | Hilda Östergren | 05 | Visby IF Gute | DNS | - |
| - | Johanna Schlyter | 05 | Huddinge AIS | DNS | - |
| - | Ruth Eklöf | 05 | Alunda SK | DNS | - |
| - | Tova Erlandsson | 06 | Åkersberga SK | | - |

| | | | | | | |
|-------------------------|-------|-------|-------|-------|-------|-------|
| H. Östergren | | | | | | |
| K. Berg | 9.92 | x | 9.90 | 9.46 | 9.33 | x |
| J. Schlyter | | | | | | |
| D. Essman | x | 11.01 | 11.72 | 10.53 | 11.74 | 10.66 |
| H. Sjöling | 4.75 | 4.59 | 5.18 | | | |
| E. Johansson | 9.38 | x | x | x | 9.97 | x |
| E. Norberg | 12.99 | 13.51 | 12.88 | x | x | 12.03 |
| H. Gabrielli Gustafsson | x | 11.66 | x | x | x | x |
| R. Eklöf | | | | | | |
| L. Ridderstråle | 7.51 | 8.26 | 9.09 | | | |
| O. Ellgren | 11.92 | x | x | 11.98 | 12.89 | 13.05 |
| L. Markström | 3.13 | x | x | | | |
| E. Angsten | x | 9.85 | x | 10.00 | x | 9.92 |
| T. Erlandsson | x | x | x | | | |
| M. Garbell | 13.77 | x | 12.12 | 11.77 | 13.18 | 12.26 |
| I. Rytberg | 5.76 | 5.29 | 6.12 | | | |

Results

F14 60 m

2020-01-19

Försök 1

| | | | | | Tot |
|---|------------------------|----|---------------------|--------|-----|
| 1 | Clara Knutsson | 06 | Upsala IF | 8.62 q | 2 |
| 2 | Linnea Skoglund | 06 | Karlskoga Friidrott | 8.77 q | 5 |
| 3 | Emma Fogdö | 06 | Hanvikens SK | 9.02 | 9 |
| 4 | Clara Jansson | 06 | Västerås FK | 9.17 | 13 |
| 5 | Elvira Elenäs | 06 | Alunda SK | 9.29 | 16 |
| 6 | Elin Eriksson Stockman | 06 | Åkersberga SK | 9.73 | 17 |

Försök 2

| | | | | | Tot |
|---|-----------------|----|---------------|--------|-----|
| 1 | Leona Widell | 06 | Bålsta IK | 8.63 q | 3 |
| 2 | Alice Enetjärn | 06 | Nyköpings BIS | 8.73 q | 4 |
| 3 | Ella Grimheden | 06 | Västerås FK | 8.95 q | 8 |
| 4 | Emilia Nielsen | 06 | Turebergs FK | 9.14 | 11 |
| 5 | Alice Arvidsson | 06 | Hanvikens SK | 9.18 | 14 |
| 6 | Rashel Yoosef | 06 | Eskilstuna FI | 10.00 | 18 |

Försök 3

| | | | | | Tot |
|---|--------------------|----|----------------------|--------|-----|
| 1 | Ida Fogdeson | 06 | Tjalve IF Norrköping | 8.62 q | 1 |
| 2 | Maya Swedin | 06 | IFK Lidingö | 8.86 q | 6 |
| 3 | Felicia Renman | 06 | Hanvikens SK | 8.93 q | 7 |
| 4 | Ebba Hållén | 06 | Eskilstuna FI | 9.04 | 10 |
| 5 | Lovisa Blomsten | 06 | Rånäs 4H | 9.15 | 12 |
| 6 | Emelie Hammarqvist | 06 | Bålsta IK | 9.23 | 15 |
| - | Altea Mellberg | 06 | Västerås FK | DNS | - |

F14 60 m

2020-01-19

Final

| | | | | | Tot |
|---|-----------------|----|----------------------|------|-----|
| 1 | Clara Knutsson | 06 | Upsala IF | 8.58 | 1 |
| 2 | Ida Fogdeson | 06 | Tjalve IF Norrköping | 8.60 | 2 |
| 3 | Alice Enetjärn | 06 | Nyköpings BIS | 8.62 | 3 |
| 4 | Leona Widell | 06 | Bålsta IK | 8.64 | 4 |
| 5 | Maya Swedin | 06 | IFK Lidingö | 8.69 | 5 |
| 6 | Linnea Skoglund | 06 | Karlskoga Friidrott | 8.77 | 6 |
| 7 | Felicia Renman | 06 | Hanvikens SK | 8.91 | 7 |
| 8 | Ella Grimheden | 06 | Västerås FK | 9.06 | 8 |

Results

F14 200 m

2020-01-19

Försök 1

Tot

| | | | | | |
|---|----------------|----|---------------|-------|----|
| 1 | Altea Mellberg | 06 | Västerås FK | 30.51 | 10 |
| 2 | Emma Jäderberg | 06 | Hanvikens SK | 30.61 | 12 |
| - | Rashel Yoosef | 06 | Eskilstuna FI | DQ | - |

Försök 2

Tot

| | | | | | |
|---|-----------------|----|--------------|-------|----|
| 1 | Emilia Nielsen | 06 | Turebergs FK | 29.92 | 8 |
| 2 | Elvira Elenäs | 06 | Alunda SK | 31.16 | 13 |
| 3 | Lovisa Blomsten | 06 | Rånäs 4H | 31.69 | 15 |

Försök 3

Tot

| | | | | | |
|---|------------------------|----|---------------|-------|----|
| 1 | Clara Jansson | 06 | Västerås FK | 30.56 | 11 |
| 2 | Emelie Hammarqvist | 06 | Bålsta IK | 31.56 | 14 |
| 3 | Alice Arvidsson | 06 | Hanvikens SK | 32.46 | 16 |
| - | Elin Eriksson Stockman | 06 | Åkersberga SK | DNS | - |

Försök 4

Tot

| | | | | | |
|---|------------------|----|---------------|-------|---|
| 1 | Johanna Fernberg | 06 | IK Westmannia | 28.44 | 4 |
| 2 | Felicia Renman | 06 | Hanvikens SK | 29.24 | 6 |
| 3 | Leona Widell | 06 | Bålsta IK | 29.75 | 7 |
| 4 | Emma Fogdö | 06 | Hanvikens SK | 30.16 | 9 |

Försök 5

Tot

| | | | | | |
|---|-----------------|----|---------------|-------|---|
| 1 | Alice Enetjärn | 06 | Nyköpings BIS | 28.11 | 1 |
| 2 | Clara Knutsson | 06 | Uppsala IF | 28.34 | 2 |
| 3 | Hannah Kinane | 06 | Hässelby SK | 28.36 | 3 |
| 4 | Annie Grindange | 06 | Turebergs FK | 29.05 | 5 |

F14 1000 m

2020-01-19

Försök

Tot

| | | | | | |
|---|-------------------|----|---------------|---------|---|
| 1 | Evelina Swärdborn | 06 | Nyköpings BIS | 3:20.30 | 1 |
| 2 | Maya Swedin | 06 | IFK Lidingö | 3:22.20 | 2 |
| 3 | Astrid Wallenius | 08 | Västerås FK | 3:22.32 | 3 |
| 4 | Lovis Markström | 06 | Åkersberga SK | 3:26.02 | 4 |
| 5 | Emma Eriksson | 06 | IK Westmannia | 3:31.07 | 5 |

Results

F14 Längd

2020-01-19

| | | | | | Tot | | |
|----------------------|------------------------|------|----------------------|------|------|------|--|
| 1 | Ida Fogdeson | 06 | Tjalve IF Norrköping | 4.83 | 1 | | |
| 2 | Johanna Fernberg | 06 | IK Westmannia | 4.51 | 2 | | |
| 3 | Emma Eriksson | 06 | IK Westmannia | 4.47 | 3 | | |
| 4 | Clara Knutsson | 06 | Upsala IF | 4.42 | 4 | | |
| 5 | Emilia Nielsen | 06 | Turebergs FK | 4.39 | 5 | PB | |
| 6 | Clara Jansson | 06 | Västerås FK | 4.25 | 6 | | |
| 7 | Elvira Elenäs | 06 | Alunda SK | 4.21 | 7 | | |
| 8 | Ebba Hållén | 06 | Eskilstuna FI | 4.08 | 8 | | |
| 9 | Annie Grindange | 06 | Turebergs FK | 4.06 | 9 | | |
| 10 | Emma Fogdö | 06 | Hanvikens SK | 3.99 | 10 | | |
| 11 | Kajsa Berg | 06 | Östhammar FI | 3.97 | 11 | | |
| 12 | Emma Jäderberg | 06 | Hanvikens SK | 3.96 | 12 | | |
| 13 | Ella Grimheden | 06 | Västerås FK | 3.95 | 13 | 3,90 | |
| 14 | Alice Arvidsson | 06 | Hanvikens SK | 3.95 | 14 | 3,71 | |
| 15 | Elsa Engblom | 06 | Västerås FK | 3.85 | 15 | | |
| 16 | Emelie Hammarqvist | 06 | Bålsta IK | 3.84 | 16 | | |
| 17 | Elin Eriksson Stockman | 06 | Åkersberga SK | 3.76 | 17 | | |
| 18 | Tova Erlandsson | 06 | Åkersberga SK | 3.74 | 18 | | |
| 19 | Felicia Renman | 06 | Hanvikens SK | 3.73 | 19 | PB | |
| 20 | Rashel Yoosef | 06 | Eskilstuna FI | 3.10 | 20 | | |
| - | Elsa Hagman | 06 | Åkersberga SK | | - | igf | |
| - | Maya Swedin | 06 | IFK Lidingö | DNS | - | | |
| - | Linnea Skoglund | 06 | Karlskoga Friidrott | DNS | - | | |
| - | Judith Nielsén | 07 | Mälarhöjdens IK | DNS | - | | |
| J. Nielsén | | | | | | | |
| C. Knutsson | 4.42 | 4.18 | 4.29 | x | 4.34 | 4.32 | |
| L. Skoglund | | | | | | | |
| I. Fogdeson | 4.01 | 4.83 | 4.81 | 4.60 | 4.59 | 4.63 | |
| C. Jansson | 4.07 | 3.73 | 3.89 | 4.05 | 4.10 | 4.25 | |
| E. Hammarqvist | 3.51 | 3.76 | 3.84 | | | | |
| E. Jäderberg | 3.75 | 3.96 | 3.95 | | | | |
| T. Erlandsson | x | 3.35 | 3.74 | | | | |
| E. Nielsen | 4.23 | 4.39 | 4.15 | 4.11 | 4.06 | x | |
| E. Fogdö | 3.33 | 3.99 | 3.95 | | | | |
| E. Eriksson Stockman | 3.76 | x | 3.32 | | | | |
| J. Fernberg | 4.51 | 4.33 | 4.26 | 4.21 | 4.35 | 4.36 | |
| A. Arvidsson | 3.95 | x | 3.71 | | | | |
| E. Hållén | 4.08 | 3.76 | 3.91 | 3.96 | 3.84 | 4.00 | |
| E. Hagman | x | x | x | | | | |
| E. Engblom | 3.85 | 3.67 | x | | | | |
| M. Swedin | | | | | | | |
| R. Yoosef | 2.87 | 3.10 | x | | | | |
| F. Renman | 3.73 | 3.45 | 3.57 | | | | |
| E. Grimheden | 3.90 | 3.95 | x | | | | |
| E. Eriksson | 4.42 | 4.29 | 4.15 | 4.21 | 4.47 | 4.40 | |
| K. Berg | 3.84 | 3.97 | 3.87 | | | | |
| E. Elenäs | x | 4.16 | 3.83 | 4.21 | x | 4.05 | |
| A. Grindange | 4.06 | | | | | | |

Results

F14 Tresteg

2020-01-19

| | | | | | Tot |
|----|--------------------|----|----------------------|-------|-----|
| 1 | Alice Enetjärn | 06 | Nyköpings BIS | 10.35 | 1 |
| 2 | Alva Back | 06 | Turebergs FK | 10.09 | 2 |
| 3 | Ida Fogdeson | 06 | Tjalve IF Norrköping | 10.06 | 3 |
| 4 | Clara Knutsson | 06 | Upsala IF | 9.55 | 4 |
| 5 | Emmie Wedin | 07 | Turebergs FK | 9.49 | 5 |
| 6 | Annie Grindange | 06 | Turebergs FK | 9.40 | 6 |
| 7 | Elvira Elenäs | 06 | Alunda SK | 9.09 | 7 |
| 8 | Felicia Persson | 06 | Katrineholms SK | 8.96 | 8 |
| 9 | Tilde Hammarwall | 06 | IFK Tumba | 8.68 | 9 |
| 10 | Elsa Engblom | 06 | Västerås FK | 8.43 | 10 |
| 11 | Ella Grimheden | 06 | Västerås FK | 8.34 | 11 |
| 12 | Emelie Hammarqvist | 06 | Bålsta IK | 8.00 | 12 |
| 13 | Carolina Nyblom | 06 | Västerås FK | 7.76 | 13 |
| - | Tilde Andersson | 06 | IF Göta Karlstad | DNS | - |

| | | | | | | |
|----------------|-------|-------|-------|-------|-------|-------|
| I. Fogdeson | x | 10.06 | 10.05 | 10.01 | 9.96 | x |
| A. Enetjärn | 10.23 | 10.15 | 10.04 | 9.77 | 10.29 | 10.35 |
| E. Wedin | 9.32 | 8.71 | 8.38 | 8.60 | x | 9.49 |
| A. Back | 9.96 | x | 9.76 | x | 10.09 | x |
| A. Grindange | 9.40 | 9.28 | 9.14 | 9.28 | - | - |
| T. Hammarwall | 8.68 | 7.82 | 8.32 | | | |
| F. Persson | 8.96 | 8.82 | 8.76 | 8.16 | 8.83 | 8.53 |
| C. Nyblom | 7.47 | 7.76 | 7.24 | | | |
| C. Knutsson | x | 9.55 | 8.85 | 9.06 | x | x |
| E. Grimheden | 8.34 | 7.63 | 7.53 | | | |
| T. Andersson | | | | | | |
| E. Hammarqvist | 7.72 | 7.84 | 8.00 | | | |
| E. Elenäs | 9.07 | 8.58 | 8.65 | x | 8.85 | 9.09 |
| E. Engblom | 8.43 | 8.32 | 8.19 | | | |

F14 Kula

3.0kg

2020-01-19

| | | | | | Tot |
|----|----------------------------|----|-----------------|------|-----|
| 1 | Desiree Essman | 06 | Råby-Rekarne FI | 9.82 | 1 |
| 2 | Elise Angsten | 06 | Upsala IF | 9.77 | 2 |
| 3 | Felicia Persson | 06 | Katrineholms SK | 8.81 | 3 |
| 4 | Kajsa Berg | 06 | Östhammar FI | 8.50 | 4 |
| 5 | Leona Widell | 06 | Bålsta IK | 8.26 | 5 |
| 6 | Carolina Nyblom | 06 | Västerås FK | 7.72 | 6 |
| 7 | Lovis Markström | 06 | Åkersberga SK | 7.14 | 7 |
| 8 | Elsa Hagman | 06 | Åkersberga SK | 5.83 | 8 |
| 9 | Tova Erlandsson | 06 | Åkersberga SK | 5.55 | 9 |
| 10 | Elin Eriksson Stockman | 06 | Åkersberga SK | 4.21 | 10 |
| - | Emelie Hammarqvist | 06 | Bålsta IK | DNS | - |
| - | Hanna Gabrielli Gustafsson | 06 | Råby-Rekarne FI | DNS | - |
| - | Johanna Fernberg | 06 | IK Westmannia | DNS | - |

| | | | | | | |
|-------------------------|------|------|------|------|------|------|
| E. Hagman | 5.75 | 5.31 | 5.83 | 4.75 | 5.45 | 5.78 |
| E. Hammarqvist | | | | | | |
| K. Berg | 8.50 | x | 8.09 | 8.14 | 8.48 | 8.48 |
| D. Essman | 9.22 | 8.76 | 8.94 | 9.24 | 8.68 | 9.82 |
| F. Persson | 8.25 | 6.86 | 8.53 | 8.73 | 8.81 | 7.64 |
| H. Gabrielli Gustafsson | | | | | | |
| L. Markström | 6.44 | 6.25 | 6.04 | x | 6.71 | 7.14 |
| L. Widell | 7.28 | 7.44 | 8.26 | 7.63 | 7.95 | 7.78 |
| J. Fernberg | | | | | | |
| T. Erlandsson | 5.55 | 4.90 | 5.43 | | | |
| C. Nyblom | 7.01 | 7.59 | 6.66 | 7.72 | 7.14 | 7.22 |
| E. Eriksson Stockman | 4.21 | 3.22 | 4.21 | | | |
| E. Angsten | 9.23 | x | 9.01 | 9.77 | x | 9.47 |

Results

F13 60 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|------------------|----|-----------------|--------|-----|
| 1 | Wilda Runeborg | 07 | Råby-Rekarne FI | 8.58 q | 2 |
| 2 | Maja Röding | 07 | Flens FS | 8.93 q | 5 |
| 3 | Ebba Holmström | 07 | Gefle IF | 9.09 q | 8 |
| 4 | Tea Noreland | 07 | Södertälje IF | 9.23 q | 13 |
| 5 | Amanda Cederberg | 07 | Åkersberga SK | 9.25 q | 14 |
| 6 | Linnéa Wigstrand | 07 | Ludvika FFI | 10.14 | 24 |
| 7 | Irma Lagerstrand | 07 | Bålsta IK | 10.22 | 26 |
| - | Ebba Persson | 07 | Södertälje IF | DQ | - |

Försök 2

| | | | | | Tot |
|---|------------------|----|-----------------|--------|-----|
| 1 | Isolde Väinölä | 07 | IK Westmannia | 8.63 q | 3 |
| 2 | Emmie Wedin | 07 | Turebergs FK | 9.07 q | 6 |
| 3 | Nilla Eklund | 07 | Gefle IF | 9.19 q | 11 |
| 4 | Nellie Andersson | 07 | Råby-Rekarne FI | 9.34 q | 16 |
| 5 | Tilde Norrbrand | 07 | Kungsängen FK | 9.43 | 17 |
| 6 | Nathalie Nielsen | 07 | Enköpings AI | 9.52 | 18 |
| 7 | Ida Malmberg | 07 | Enköpings AI | 9.74 | 22 |
| 8 | Lano Salih | 07 | Kungsängen FK | 11.79 | 30 |

Försök 3

| | | | | | Tot |
|---|-------------------|----|-----------------|--------|-----|
| 1 | Agnes Bergström | 07 | Uppsala IF | 8.58 q | 1 |
| 2 | Freja Lannerfors | 07 | Västerås FK | 9.15 q | 9 |
| 3 | Filippa Kopparhed | 07 | Kungsängen FK | 9.16 q | 10 |
| 4 | Alvi Svärdhammar | 07 | Estuna IF | 9.34 q | 15 |
| 5 | Ida Bonow | 07 | Kungsängen FK | 9.62 | 19 |
| 6 | Vanja Johansson | 07 | Bålsta IK | 9.74 | 21 |
| 7 | Amanda Lilja | 07 | Estuna IF | 10.15 | 25 |
| 8 | Almira Yaman | 07 | Råby-Rekarne FI | 10.51 | 28 |

Försök 4

| | | | | | Tot |
|---|----------------------------|----|---------------|--------|-----|
| 1 | Beate Pott | 07 | Turebergs FK | 8.73 q | 4 |
| 2 | Hedda Mossberg | 07 | Gefle IF | 9.09 q | 7 |
| 3 | Vendela Eriksson | 07 | Gefle IF | 9.22 q | 12 |
| 4 | Evelina Lång | 07 | Bålsta IK | 9.62 | 20 |
| 5 | Ellen Gustavsson | 07 | Flens FS | 9.87 | 23 |
| 6 | Elvira Alfredsson Mattsson | 07 | Estuna IF | 10.25 | 27 |
| 7 | Abigayle Hinga | 07 | Kungsängen FK | 10.93 | 29 |

Results

F13 60 m

2020-01-18

Final 1

| | | | | Tot | |
|---|-------------------|----|-----------------|------|----|
| 1 | Nilla Eklund | 07 | Gefle IF | 9.05 | 7 |
| 2 | Freja Lannerfors | 07 | Västerås FK | 9.09 | 8 |
| 3 | Vendela Eriksson | 07 | Gefle IF | 9.18 | 11 |
| 4 | Tea Noreland | 07 | Södertälje IF | 9.37 | 12 |
| 5 | Alvi Svärddhammar | 07 | Estuna IF | 9.40 | 13 |
| - | Filippa Kopparhed | 07 | Kungsängen FK | DNS | - |
| - | Amanda Cederberg | 07 | Åkersberga SK | DNS | - |
| - | Nellie Andersson | 07 | Råby-Rekarne FI | DNS | - |

Final 2

| | | | | Tot | |
|---|-----------------|----|-----------------|------|---|
| 1 | Beate Pott | 07 | Turebergs FK | 8.42 | 1 |
| 2 | Wilda Runeborg | 07 | Råby-Rekarne FI | 8.46 | 2 |
| 3 | Agnes Bergström | 07 | Upsala IF | 8.55 | 3 |
| 4 | Isolde Väinölä | 07 | IK Westmannia | 8.70 | 4 |
| 5 | Ebba Holmström | 07 | Gefle IF | 9.02 | 5 |
| 6 | Maja Röding | 07 | Flens FS | 9.03 | 6 |
| 7 | Emmie Wedin | 07 | Turebergs FK | 9.13 | 9 |
| 7 | Hedda Mossberg | 07 | Gefle IF | 9.13 | 9 |

F13 800 m

2020-01-18

Försök 1

| | | | | Tot | |
|---|------------------|----|---------------|---------|---|
| 1 | Ebba Holmström | 07 | Gefle IF | 2:30.58 | 1 |
| 2 | Mina Hägglund | 07 | Hässelby SK | 2:34.20 | 2 |
| 3 | Evelina Lång | 07 | Bålsta IK | 2:46.29 | 3 |
| 4 | Lina Garbell | 07 | Östhammar FI | 2:48.25 | 4 |
| 5 | Tilde Norrbrand | 07 | Kungsängen FK | 2:50.21 | 5 |
| 6 | Tea Noreland | 07 | Södertälje IF | 3:08.20 | 6 |
| 7 | Ebba Persson | 07 | Södertälje IF | 3:08.65 | 7 |
| 8 | Ellen Gustavsson | 07 | Flens FS | 3:23.43 | 8 |
| 9 | Nathalie Nielsen | 07 | Enköpings AI | 3:29.30 | 9 |
| - | Lano Salih | 07 | Kungsängen FK | DNS | - |

Results

F13 Höjd

2020-01-18

| | | | | | Tot | | |
|----|-------------------|----|-----------------|-----|-----|----|--|
| 1 | Isolde Väinölä | 07 | IK Westmannia | 155 | 1 | | |
| 2 | Tilde Norrbrand | 07 | Kungsängen FK | 140 | 2 | PB | |
| 3 | Hilma Sevelin | 07 | Katrineholms SK | 137 | 3 | PB | |
| 4 | Ebba Holmström | 07 | Gefle IF | 137 | 4 | | |
| 5 | Alvi Svärdhammar | 07 | Estuna IF | 134 | 5 | | |
| 6 | Tea Noreland | 07 | Södertälje IF | 134 | 6 | | |
| 6 | Vendela Eriksson | 07 | Gefle IF | 134 | 6 | | |
| 8 | Maja Röding | 07 | Flens FS | 134 | 8 | | |
| 9 | Agnes Eriksson | 07 | Gefle IF | 131 | 9 | | |
| 10 | Lina Garbell | 07 | Östhammar FI | 131 | 10 | | |
| 11 | Ida Malmberg | 07 | Enköpings AI | 131 | 11 | | |
| 12 | Freja Lannerfors | 07 | Västerås FK | 126 | 12 | | |
| 13 | Irma Lagerstrand | 07 | Bålsta IK | 126 | 13 | PB | |
| 13 | Nellie Andersson | 07 | Råby-Rekarne FI | 126 | 13 | | |
| 15 | Filippa Kopparhed | 07 | Kungsängen FK | 126 | 15 | | |
| 16 | Ida Bonow | 07 | Kungsängen FK | 121 | 16 | | |
| 16 | Amanda Lilja | 07 | Estuna IF | 121 | 16 | | |
| 16 | Evelina Lång | 07 | Bålsta IK | 121 | 16 | | |
| 19 | Linnéa Wigstrand | 07 | Ludvika FFI | 121 | 19 | | |
| 19 | Ellen Gustavsson | 07 | Flens FS | 121 | 19 | | |
| - | Judith Nielsén | 07 | Mälarhöjdens IK | | - | | |
| - | Emmie Wedin | 07 | Turebergs FK | | - | | |
| - | Beate Pott | 07 | Turebergs FK | | - | | |

106 111 116 121 126 131 134 137 140 143 147 151 153 155 157

| | | | | | | | | | | | | | | | | | |
|----------------|---|---|----|-----|-----|-----|-----|-----|-----|-----|---|---|----|-----|---|-----|--|
| H. Sevelin | | | o | o | o | o | o | o | | | | | | | | | |
| A. Eriksson | | o | o | o | o | xo | xxx | | | | | | | | | | |
| T. Noreland | o | o | o | o | o | o | xo | xxx | | | | | | | | | |
| E. Lång | o | o | o | o | xxx | | | | | | | | | | | | |
| T. Norrbrand | | | | o | o | o | o | xo | o | xxx | | | | | | | |
| B. Pott | | | | | | | | | | | | | | | | | |
| E. Holmström | | | o | xxo | o | o | xxo | o | xxx | | | | | | | | |
| E. Wedin | | | | | | | | | | | | | | | | | |
| E. Gustavsson | o | o | o | xo | xxx | | | | | | | | | | | | |
| I. Lagerstrand | o | o | o | o | xo | xxx | | | | | | | | | | | |
| A. Svärdhammar | | o | o | o | o | o | o | xxx | | | | | | | | | |
| F. Lannerfors | o | o | o | o | o | xxx | | | | | | | | | | | |
| J. Nielsén | | | | | | | | | | | | | | | | | |
| I. Väinölä | | | | | | | o | o | o | o | o | o | xo | xxo | o | xxx | |
| L. Wigstrand | o | o | o | xo | xxx | | | | | | | | | | | | |
| I. Malmberg | o | o | o | o | xxo | xxo | xxx | | | | | | | | | | |
| I. Bonow | | o | o | o | xxx | | | | | | | | | | | | |
| V. Eriksson | | o | o | o | o | o | xo | xxx | | | | | | | | | |
| A. Lilja | o | o | o | o | xxx | | | | | | | | | | | | |
| L. Garbell | | | o | o | xxo | xo | xxx | | | | | | | | | | |
| M. Röding | | | o | o | o | xo | xo | xxx | | | | | | | | | |
| N. Andersson | | | o | o | xo | xxx | | | | | | | | | | | |
| F. Kopparhed | o | o | xo | xxo | x | | | | | | | | | | | | |

F13 Längd

zon

2020-01-18

Results

| | | | | | Tot | |
|-----------------|-------------------|------|-----------------|------|------|------|
| 1 | Wilda Runeborg | 07 | Råby-Rekarne FI | 5.10 | 1 | |
| 2 | Beate Pott | 07 | Turebergs FK | 4.98 | 2 | |
| 3 | Agnes Bergström | 07 | Upsala IF | 4.71 | 3 | |
| 4 | Ebba Holmström | 07 | Gefle IF | 4.66 | 4 | |
| 5 | Vendela Eriksson | 07 | Gefle IF | 4.60 | 5 | |
| 6 | Maja Röding | 07 | Flens FS | 4.57 | 6 | |
| 7 | Emmie Wedin | 07 | Turebergs FK | 4.46 | 7 | |
| 8 | Tilde Norrbrand | 07 | Kungsängen FK | 4.42 | 8 | |
| 9 | Hedda Mossberg | 07 | Gefle IF | 4.28 | 9 | 4,24 |
| 10 | Tea Noreland | 07 | Södertälje IF | 4.28 | 10 | 4,12 |
| 11 | Filippa Kopparhed | 07 | Kungsängen FK | 4.27 | 11 | |
| 12 | Nellie Andersson | 07 | Råby-Rekarne FI | 4.23 | 12 | |
| 13 | Amanda Cederberg | 07 | Åkersberga SK | 4.11 | 13 | |
| 14 | Elsa Harrysson | 07 | Enköpings AI | 4.07 | 14 | PB |
| 15 | Alvi Svärddhammar | 07 | Estuna IF | 3.99 | 15 | 3,96 |
| 16 | Agnes Eriksson | 07 | Gefle IF | 3.99 | 16 | 3,84 |
| 17 | Hilma Sevelin | 07 | Katrineholms SK | 3.92 | 17 | |
| 18 | Nilla Eklund | 07 | Gefle IF | 3.87 | 18 | |
| 19 | Evelina Lång | 07 | Bålsta IK | 3.76 | 19 | |
| 20 | Lina Garbell | 07 | Östhammar FI | 3.73 | 20 | |
| 21 | Ida Bonow | 07 | Kungsängen FK | 3.71 | 21 | 3,69 |
| 22 | Ebba Persson | 07 | Södertälje IF | 3.71 | 22 | 3,54 |
| 23 | Amanda Lilja | 07 | Estuna IF | 3.69 | 23 | |
| 24 | Molly Åkerblom | 07 | Västerås FK | 3.68 | 24 | |
| 25 | Linnéa Wigstrand | 07 | Ludvika FFI | 3.51 | 25 | |
| 26 | Nathalie Nielsen | 07 | Enköpings AI | 3.41 | 26 | |
| 27 | Irma Lagerstrand | 07 | Bålsta IK | 3.38 | 27 | PB |
| 28 | Abigayle Hinga | 07 | Kungsängen FK | 2.99 | 28 | |
| 29 | Lano Salih | 07 | Kungsängen FK | 2.79 | 29 | |
| - | Isolde Väinölä | 07 | IK Westmannia | DNS | - | |
| - | Filippa Engström | 07 | Västerås FK | DNS | - | |
| - | Vanja Johansson | 07 | Bålsta IK | | - | igf |
| I. Lagerstrand | 3.38 | 3.13 | 3.22 | | | |
| N. Nielsen | 3.32 | 3.37 | 3.41 | | | |
| E. Harrysson | 4.03 | 4.07 | 3.94 | | | |
| T. Noreland | 4.28 | 4.12 | 4.06 | | | |
| V. Johansson | - | - | - | | | |
| H. Sevelin | 3.92 | 3.61 | 3.86 | | | |
| F. Kopparhed | 4.22 | 4.27 | 4.16 | | | |
| N. Eklund | 3.87 | 3.82 | 3.72 | | | |
| L. Salih | 2.61 | 2.41 | 2.79 | | | |
| M. Röding | 4.41 | 4.57 | 4.52 | 4.54 | 4.45 | 4.51 |
| A. Eriksson | 3.77 | 3.84 | 3.99 | | | |
| F. Engström | | | | | | |
| E. Persson | x | 3.54 | 3.71 | | | |
| B. Pott | 4.63 | 4.71 | 4.81 | 4.92 | 4.92 | 4.98 |
| E. Holmström | 4.43 | 4.48 | 4.66 | 4.25 | 4.48 | |
| E. Wedin | 4.37 | 4.14 | 4.46 | 4.24 | 4.27 | 4.35 |
| E. Lång | 3.70 | 3.53 | 3.76 | | | |
| T. Norrbrand | 4.20 | 4.42 | 4.35 | 4.32 | 4.28 | 4.27 |
| I. Väinölä | | | | | | |
| M. Åkerblom | 3.66 | 3.68 | 3.59 | | | |
| A. Bergström | 4.64 | 4.61 | 4.71 | 4.64 | 4.65 | 4.52 |
| A. Svärddhammar | 3.99 | 3.95 | 3.96 | | | |
| L. Wigstrand | 3.51 | x | 3.44 | | | |
| W. Runeborg | 4.83 | 4.92 | 4.89 | 4.90 | 5.10 | 5.06 |
| H. Mossberg | 4.28 | 4.12 | 4.24 | | | |
| A. Hinga | 2.99 | 2.81 | 2.98 | | | |
| N. Andersson | 4.20 | 4.23 | 4.19 | | | |
| I. Bonow | 3.52 | 3.71 | 3.69 | | | |
| V. Eriksson | 4.55 | 4.40 | 4.45 | 4.26 | 4.38 | 4.60 |
| A. Lilja | 3.69 | 3.39 | 3.65 | | | |
| A. Cederberg | x | 4.11 | 4.05 | | | |
| L. Garbell | 3.67 | 3.59 | 3.73 | | | |

Results

F13 Kula

2.0kg

2020-01-18

| | | | | Tot | | |
|-----------------|-------------------|-------|-----------------|-------|------|-------|
| 1 | Wilda Runeborg | 07 | Råby-Rekarne FI | 11.12 | 1 | |
| 2 | Freja Lannerfors | 07 | Västerås FK | 9.60 | 2 | |
| 3 | Isolde Väinölä | 07 | IK Westmannia | 9.52 | 3 | |
| 4 | Vendela Eriksson | 07 | Gefle IF | 8.59 | 4 | |
| 5 | Molly Åkerblom | 07 | Västerås FK | 8.26 | 5 | |
| 6 | Hilma Sevelin | 07 | Katrineholms SK | 8.06 | 6 | |
| 7 | Hedda Mossberg | 07 | Gefle IF | 7.97 | 7 | |
| 8 | Alvi Svärddhammar | 07 | Estuna IF | 7.95 | 8 | |
| 9 | Linnéa Wigstrand | 07 | Ludvika FFI | 7.42 | 9 | |
| 10 | Ida Bonow | 07 | Kungsängen FK | 7.26 | 10 | PB |
| 11 | Evelina Lång | 07 | Bålsta IK | 6.86 | 11 | |
| 12 | Julia Silverhult | 07 | Västerås FK | 6.84 | 12 | |
| 13 | Tilde Norrbrand | 07 | Kungsängen FK | 6.81 | 13 | |
| 14 | Vanja Johansson | 07 | Bålsta IK | 6.72 | 14 | |
| 15 | Irma Lagerstrand | 07 | Bålsta IK | 6.64 | 15 | |
| 16 | Tea Noreland | 07 | Södertälje IF | 6.37 | 16 | |
| 17 | Ellen Gustavsson | 07 | Flens FS | 6.25 | 17 | |
| 18 | Ebba Persson | 07 | Södertälje IF | 5.93 | 18 | |
| - | Beate Pott | 07 | Turebergs FK | DNS | - | |
| - | Filippa Kopparhed | 07 | Kungsängen FK | DNS | - | |
| F. Kopparhed | | | | | | |
| E. Lång | 5.35 | 6.62 | 6.86 | | | |
| H. Sevelin | 7.78 | 7.68 | 7.56 | 7.42 | 8.06 | 7.29 |
| B. Pott | | | | | | |
| I. Väinölä | 9.24 | 9.52 | 9.10 | 9.23 | 9.34 | 9.01 |
| M. Åkerblom | 7.42 | 7.92 | 7.53 | 7.83 | 7.36 | 8.26 |
| A. Svärddhammar | 7.09 | 7.95 | 6.90 | 6.92 | 7.55 | 7.58 |
| F. Lannerfors | 9.60 | 8.49 | 8.52 | 8.13 | 7.77 | 7.90 |
| T. Norrbrand | 6.10 | x | 6.81 | | | |
| J. Silverhult | 6.84 | x | x | | | |
| E. Gustavsson | 6.05 | 5.58 | 6.25 | | | |
| H. Mossberg | 6.95 | 7.88 | 6.92 | 7.04 | 7.30 | 7.97 |
| I. Lagerstrand | 6.22 | 6.12 | 6.64 | | | |
| E. Persson | 5.93 | 5.65 | x | | | |
| L. Wigstrand | 7.42 | 7.03 | 7.19 | | | |
| W. Runeborg | 11.12 | 10.18 | 9.97 | 9.93 | x | 10.81 |
| T. Noreland | 6.37 | 6.06 | 6.16 | | | |
| V. Johansson | 5.58 | 6.42 | 6.72 | | | |
| I. Bonow | 6.67 | 7.26 | 6.11 | | | |
| V. Eriksson | 8.14 | 7.77 | 8.01 | 7.90 | 8.59 | 8.13 |

Results

F12 60 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|---------------------------|----|---------------|--------|-----|
| 1 | Emelie Lundqvist | 08 | Kungsängen FK | 8.95 q | 1 |
| 2 | Stella Thörner Vidinghoff | 08 | Upsala IF | 9.00 q | 2 |
| 3 | Milla Dalivin | 08 | Ösmo Nynäs FK | 9.87 | 13 |
| 4 | Stephanie Thoren | 08 | Åkersberga SK | 9.92 | 14 |
| 5 | Elsa Nord | 08 | Bålsta IK | 10.06 | 17 |
| 6 | Alicia Örell | 08 | Bålsta IK | 10.24 | 19 |
| 7 | Elin Lund | 08 | Flens FS | 10.30 | 20 |
| 8 | Wilma Löf | 08 | Alunda SK | 10.43 | 21 |

Försök 2

| | | | | | Tot |
|---|-----------------|----|-----------------|--------|-----|
| 1 | Johanna Sunden | 08 | Västerås FK | 9.24 q | 4 |
| 2 | Elsa Eriksson | 08 | Rånäs 4H | 9.74 q | 8 |
| 3 | Midea Allard | 08 | Västerås FK | 9.83 | 11 |
| 4 | Lina Lerwall | 08 | Enköpings AI | 9.93 | 15 |
| 5 | Juni Sahlin | 08 | Högbo GIF | 10.05 | 16 |
| 6 | Alice Malmgren | 08 | Råby-Rekarne FI | 10.09 | 18 |
| 7 | Hedvig Järnemar | 08 | Ösmo Nynäs FK | 10.57 | 23 |
| 8 | Vanessa Harish | 08 | Kungsängen FK | 11.75 | 24 |

Försök 3

| | | | | | Tot |
|---|--------------------|----|---------------|--------|-----|
| 1 | Matilda Israelsson | 08 | Eskilstuna FI | 9.22 q | 3 |
| 2 | Ella Östblom | 08 | Gefle IF | 9.36 q | 5 |
| 3 | Klara Engkvist | 08 | Upsala IF | 9.56 q | 6 |
| 4 | Wilma Frank | 08 | Västerås FK | 9.70 q | 7 |
| 5 | Zelda Eckers | 08 | Åkersberga SK | 9.76 | 9 |
| 6 | Svea Enghag | 08 | Bålsta IK | 9.83 | 10 |
| 7 | Tove Andersson | 08 | Leksands FIK | 9.85 | 12 |
| 8 | Ida Andersson | 08 | Alunda SK | 10.47 | 22 |

F12 60 m

2020-01-18

Final

| | | | | | Tot |
|---|---------------------------|----|---------------|------|-----|
| 1 | Emelie Lundqvist | 08 | Kungsängen FK | 9.05 | 1 |
| 2 | Stella Thörner Vidinghoff | 08 | Upsala IF | 9.22 | 2 |
| 3 | Ella Östblom | 08 | Gefle IF | 9.32 | 3 |
| 4 | Matilda Israelsson | 08 | Eskilstuna FI | 9.37 | 4 |
| 5 | Johanna Sunden | 08 | Västerås FK | 9.41 | 5 |
| 6 | Klara Engkvist | 08 | Upsala IF | 9.67 | 6 |
| 7 | Wilma Frank | 08 | Västerås FK | 9.75 | 7 |
| 8 | Elsa Eriksson | 08 | Rånäs 4H | 9.86 | 8 |

F12 800 m

2020-01-18

Försök

| | | | | | Tot |
|---|------------------|----|--------------|---------|-----|
| 1 | Ella Östblom | 08 | Gefle IF | 2:35.65 | 1 |
| 2 | Astrid Wallenius | 08 | Västerås FK | 2:35.68 | 2 |
| 3 | Elsa Eriksson | 08 | Rånäs 4H | 3:00.56 | 3 |
| 4 | Lina Lerwall | 08 | Enköpings AI | 3:08.07 | 4 |
| 5 | Elsa Nord | 08 | Bålsta IK | 3:31.07 | 5 |

Results

F12 Höjd

2020-01-18

| | | | | | Tot |
|----|---------------------------|----|---------------|-----|-----|
| 1 | Zelda Eckers | 08 | Åkersberga SK | 146 | 1 |
| 2 | Lova Svärdhammar | 08 | Estuna IF | 138 | 2 |
| 3 | Midea Allard | 08 | Västerås FK | 135 | 3 |
| 4 | Johanna Sunden | 08 | Västerås FK | 135 | 4 |
| 5 | Olivia Backlund | 08 | Ösmo Nynäs FK | 129 | 5 |
| 6 | Juni Sahlin | 08 | Högbo GIF | 126 | 6 |
| 7 | Elsa Eriksson | 08 | Rånäs 4H | 121 | 7 |
| 8 | Alexandra Fernberg | 08 | IK Westmannia | 121 | 8 |
| 9 | Wilma Löf | 08 | Alunda SK | 121 | 9 |
| 9 | Lina Lerwall | 08 | Enköpings AI | 121 | 9 |
| 11 | Ella Östblom | 08 | Gefle IF | 116 | 11 |
| 11 | Ida Andersson | 08 | Alunda SK | 116 | 11 |
| 13 | Alicia Örell | 08 | Bålsta IK | 116 | 13 |
| 14 | Stephanie Thoren | 08 | Åkersberga SK | 111 | 14 |
| - | Maya Alfredsson | 08 | Estuna IF | - | - |
| - | Svea Enghag | 08 | Bålsta IK | - | - |
| - | Stella Thörner Vidinghoff | 08 | Upsala IF | - | igf |

101 106 111 116 121 126 129 132 135 138 141 144 146

| | | | | | | | | | | | | | | | |
|--------------------|---|-----|----|-----|-----|-----|-----|-----|----|-----|-----|---|---|--|--|
| S. Thörner Vidingh | | xxx | | | | | | | | | | | | | |
| A. Fernberg | | o | o | o | xxo | xxx | | | | | | | | | |
| E. Östblom | | | o | o | xxx | | | | | | | | | | |
| O. Backlund | | | | o | o | o | o | xxx | | | | | | | |
| Z. Eckers | | o | o | o | o | o | xo | o | xo | o | o | o | o | | |
| W. Löf | o | xo | xo | o | xxo | xxx | | | | | | | | | |
| I. Andersson | o | o | o | o | xxx | | | | | | | | | | |
| S. Thoren | o | xo | xo | xxx | | | | | | | | | | | |
| J. Sunden | | | | o | o | xo | o | xo | xo | xxx | | | | | |
| A. Örell | o | o | o | xxo | xxx | | | | | | | | | | |
| M. Alfredsson | | | | | | | | | | | | | | | |
| J. Sahlin | | o | o | o | o | o | xxx | | | | | | | | |
| M. Allard | | | | | o | o | o | xo | xo | xxx | | | | | |
| L. Lerwall | | o | o | xxo | xxo | xxx | | | | | | | | | |
| S. Enghag | | | | | | | | | | | | | | | |
| L. Svärdhammar | | o | o | o | o | o | o | xo | xo | xo | xxx | | | | |
| E. Eriksson | | | o | o | o | xxx | | | | | | | | | |

Results

F12 Längd

zon

2020-01-18

| | | | | | Tot | |
|-----------------------|---------------------------|------|-----------------|------|------|------|
| 1 | Ella Östblom | 08 | Gefle IF | 4.37 | 1 | |
| 2 | Matilda Israelsson | 08 | Eskilstuna FI | 4.25 | 2 | |
| 3 | Stella Thörner Vidinghoff | 08 | Upsala IF | 4.10 | 3 | PB |
| 4 | Johanna Sunden | 08 | Västerås FK | 4.05 | 4 | |
| 5 | Midea Allard | 08 | Västerås FK | 3.97 | 5 | |
| 6 | Emelie Lundqvist | 08 | Kungsängen FK | 3.95 | 6 | |
| 7 | Elsa Eriksson | 08 | Rånäs 4H | 3.89 | 7 | |
| 8 | Alexandra Fernberg | 08 | IK Westmannia | 3.85 | 8 | |
| 9 | Tove Andersson | 08 | Leksands FIK | 3.70 | 9 | |
| 10 | Wilma Frank | 08 | Västerås FK | 3.65 | 10 | 3,55 |
| 11 | Klara Engkvist | 08 | Upsala IF | 3.65 | 11 | 3,54 |
| 12 | Lina Lerwall | 08 | Enköpings AI | 3.65 | 12 | 3,48 |
| 13 | Svea Enghag | 08 | Bålsta IK | 3.58 | 13 | |
| 14 | Zelda Eckers | 08 | Åkersberga SK | 3.52 | 14 | |
| 15 | Juni Sahlin | 08 | Högbo GIF | 3.50 | 15 | |
| 16 | Stephanie Thoren | 08 | Åkersberga SK | 3.49 | 16 | |
| 17 | Lova Svårdhammar | 08 | Estuna IF | 3.43 | 17 | 3,32 |
| 18 | Ida Andersson | 08 | Alunda SK | 3.43 | 18 | 3,30 |
| 19 | Elsa Nord | 08 | Bålsta IK | 3.40 | 19 | |
| 20 | Alice Malmgren | 08 | Råby-Rekarne FI | 3.35 | 20 | 3,33 |
| 21 | Wilma Löf | 08 | Alunda SK | 3.35 | 21 | 3,30 |
| 22 | Milla Dalivin | 08 | Ösmo Nynäs FK | 3.34 | 22 | |
| 23 | Alicia Örell | 08 | Bålsta IK | 3.29 | 23 | |
| 24 | Elin Lund | 08 | Flens FS | 3.10 | 24 | |
| 25 | Hedvig Järnemar | 08 | Ösmo Nynäs FK | 2.98 | 25 | |
| 26 | Maja Nilsson | 08 | Estuna IF | 2.55 | 26 | |
| 27 | Emilia Glans | 08 | Åkersberga SK | 2.50 | 27 | |
| 28 | Vanessa Harish | 08 | Kungsängen FK | 1.92 | 28 | |
| - | Maya Alfredsson | 08 | Estuna IF | DNS | - | |
| - | Alva Edin | 08 | Götlunda IF | DNS | - | |
| J. Sunden | 3.91 | 3.86 | 4.05 | 3.69 | 3.73 | 3.84 |
| A. Örell | 3.29 | 3.29 | x | | | |
| J. Sahlin | 3.50 | 3.33 | 3.47 | | | |
| E. Glans | - | 2.48 | 2.50 | | | |
| M. Alfredsson | | | | | | |
| M. Nilsson | 2.55 | x | 2.55 | | | |
| W. Frank | 3.65 | x | 3.55 | | | |
| E. Lund | 3.01 | 3.10 | 2.99 | | | |
| E. Eriksson | 3.81 | 3.70 | 3.72 | 3.52 | 3.65 | 3.89 |
| W. Löf | 3.35 | 3.30 | 3.30 | | | |
| A. Malmgren | 3.35 | 3.33 | 3.22 | | | |
| M. Dalivin | 3.22 | 3.22 | 3.34 | | | |
| S. Thoren | 3.49 | 3.29 | 3.38 | | | |
| L. Svårdhammar | 3.43 | 3.26 | 3.32 | | | |
| E. Lundqvist | 3.90 | 3.95 | 3.95 | 3.75 | - | - |
| M. Israelsson | 4.21 | 4.22 | 4.12 | 4.22 | 4.25 | 4.19 |
| H. Järnemar | 2.83 | 2.98 | 2.89 | | | |
| A. Edin | | | | | | |
| E. Nord | 3.40 | 3.25 | x | | | |
| S. Thörner Vidinghoff | 3.97 | 4.10 | 4.09 | 3.90 | 4.08 | 4.06 |
| I. Andersson | 3.30 | 3.30 | 3.43 | | | |
| E. Östblom | 4.37 | 4.16 | 4.19 | 4.10 | 4.31 | 4.32 |
| T. Andersson | 3.62 | 3.53 | 3.70 | | | |
| A. Fernberg | 3.75 | 3.84 | 3.85 | 3.70 | 3.70 | 3.80 |
| S. Enghag | 3.22 | 3.58 | 3.31 | | | |
| V. Harish | 1.92 | 1.83 | 1.89 | | | |
| M. Allard | 3.83 | 3.97 | 3.86 | 3.66 | 3.82 | x |
| L. Lerwall | 3.48 | 3.44 | 3.65 | | | |
| Z. Eckers | 3.28 | 3.52 | 3.43 | | | |
| K. Engkvist | 3.65 | 3.54 | x | | | |

Results

F12 Kula

2.0kg

2020-01-18

| | | | | Tot | | | |
|-----------------------|---------------------------|------|-----------------|------|------|------|--|
| 1 | Midea Allard | 08 | Västerås FK | 9.25 | 1 | | |
| 2 | Stella Thörner Vidinghoff | 08 | Upsala IF | 8.31 | 2 | PB | |
| 3 | Olivia Backlund | 08 | Ösmo Nynäs FK | 7.64 | 3 | | |
| 4 | Lova Svärdhammar | 08 | Estuna IF | 7.47 | 4 | | |
| 5 | Juni Sahlin | 08 | Högbo GIF | 7.32 | 5 | | |
| 6 | Svea Enghag | 08 | Bålsta IK | 7.27 | 6 | PB | |
| 7 | Emelie Lundqvist | 08 | Kungsängen FK | 7.26 | 7 | | |
| 8 | Alicia Örell | 08 | Bålsta IK | 7.12 | 8 | PB | |
| 9 | Stephanie Thoren | 08 | Åkersberga SK | 6.47 | 9 | PB | |
| 10 | Maja Nilsson | 08 | Estuna IF | 6.40 | 10 | | |
| 11 | Zelda Eckers | 08 | Åkersberga SK | 6.39 | 11 | | |
| 12 | Alexandra Fernberg | 08 | IK Westmannia | 6.08 | 12 | | |
| 13 | Milla Dalivin | 08 | Ösmo Nynäs FK | 6.03 | 13 | | |
| 14 | Elsa Eriksson | 08 | Rånäs 4H | 6.01 | 14 | | |
| 15 | Klara Engkvist | 08 | Upsala IF | 5.99 | 15 | | |
| 16 | Wilma Löf | 08 | Alunda SK | 5.87 | 16 | | |
| 17 | Elsa Nord | 08 | Bålsta IK | 5.69 | 17 | PB | |
| 18 | Tove Andersson | 08 | Leksands FIK | 5.64 | 18 | | |
| 19 | Hedvig Järnemar | 08 | Ösmo Nynäs FK | 5.39 | 19 | | |
| 20 | Elin Lund | 08 | Flens FS | 5.30 | 20 | | |
| 21 | Alice Malmgren | 08 | Råby-Rekarne FI | 5.15 | 21 | | |
| 22 | Ida Andersson | 08 | Alunda SK | 4.23 | 22 | | |
| 23 | Rakel Sundberg | 08 | Enköpings AI | 3.71 | 23 | | |
| R. Sundberg | 3.71 | 2.92 | 2.83 | | | | |
| A. Malmgren | 5.15 | 4.86 | 4.82 | | | | |
| S. Thörner Vidinghoff | 8.31 | 7.83 | 8.27 | x | 8.04 | 7.69 | |
| A. Fernberg | 5.97 | 6.08 | 5.45 | | | | |
| J. Sahlin | 6.93 | x | 6.35 | 6.62 | 7.23 | 7.32 | |
| K. Engkvist | 5.68 | 5.99 | 5.76 | | | | |
| M. Nilsson | 5.77 | 6.40 | 5.66 | | | | |
| M. Allard | 8.78 | 8.44 | 8.55 | 8.65 | 9.25 | 8.37 | |
| E. Nord | 5.69 | 5.31 | x | | | | |
| E. Lund | 5.30 | 5.10 | 4.08 | | | | |
| E. Eriksson | 5.77 | 6.01 | 5.00 | | | | |
| W. Löf | 5.43 | 5.41 | 5.87 | | | | |
| A. Örell | 6.59 | 7.12 | 6.77 | 6.73 | 6.93 | 6.94 | |
| M. Dalivin | 6.03 | 5.33 | 5.33 | | | | |
| S. Thoren | 6.28 | 6.47 | x | | | | |
| O. Backlund | 7.64 | 7.42 | x | 6.62 | 7.20 | 7.39 | |
| I. Andersson | 3.59 | x | 4.23 | | | | |
| T. Andersson | 5.54 | 5.64 | 5.24 | | | | |
| E. Lundqvist | 7.14 | 7.26 | 7.20 | 6.53 | x | 5.53 | |
| H. Järnemar | 5.39 | 5.32 | 4.89 | | | | |
| Z. Eckers | 6.39 | 6.04 | 5.73 | | | | |
| S. Enghag | 7.27 | 6.97 | 6.78 | 6.59 | 6.79 | 7.07 | |
| L. Svärdhammar | 6.92 | 5.37 | 7.39 | 6.62 | 7.47 | x | |

Results

F11 60 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|-----------------------|----|--------------|--------|-----|
| 1 | Malva Lönn | 09 | Hammarby IF | 8.90 q | 1 |
| 2 | Moa Kjöraas | 09 | Bålsta IK | 9.51 q | 9 |
| 3 | Stella Rajala Styrman | 09 | Bromma IF | 9.66 q | 12 |
| 4 | Ebba Wärn | 09 | IFK Lidingö | 9.70 q | 13 |
| 5 | Tyra Svensson | 09 | Västerås FK | 10.04 | 18 |
| 6 | Freja Wilén | 09 | KFUM Örebro | 10.22 | 21 |
| 7 | Joela Lind | 09 | Enköpings AI | 11.50 | 30 |

Försök 2

| | | | | | Tot |
|---|------------------------------|----|-----------------|--------|-----|
| 1 | Elise Hallner | 09 | IFK Lidingö | 9.12 q | 3 |
| 2 | Nora Forsberg | 09 | Västerås FK | 9.37 q | 7 |
| 3 | Cajsa Persson | 09 | Estuna IF | 9.99 q | 16 |
| 4 | Elvira Larsson | 09 | Alunda SK | 9.99 | 17 |
| 5 | Esmeralda Karlsson Evertsson | 09 | Råby-Rekarne FI | 10.12 | 19 |
| 6 | Ella Norrby | 09 | Upsala IF | 10.49 | 26 |
| 7 | Klara Gunnarsson | 09 | Alunda SK | 10.74 | 28 |
| - | Tova Beijer | 09 | Enköpings AI | DNS | - |

Försök 3

| | | | | | Tot |
|---|------------------|----|-----------------|--------|-----|
| 1 | Molly Envall | 09 | Turebergs FK | 9.07 q | 2 |
| 2 | Nellie Garmland | 09 | Katrineholms SK | 9.28 q | 5 |
| 3 | Lisen Röding | 09 | Flens FS | 9.48 q | 8 |
| 4 | Tilde Kruse | 09 | Bålsta IK | 9.60 q | 11 |
| 5 | Livia Pettersson | 09 | Råby-Rekarne FI | 9.89 q | 14 |
| 6 | Elsa Silow | 09 | Åkersberga SK | 9.89 q | 15 |
| 7 | Esther Hellman | 09 | Leksands FIK | 10.21 | 20 |
| 8 | Freja Ahlepil | 09 | Turebergs FK | 10.52 | 27 |

Försök 4

| | | | | | Tot |
|---|----------------------|----|----------------------|--------|-----|
| 1 | Leah Ssempasa | 09 | Turebergs FK | 9.22 q | 4 |
| 2 | Ebba Hammarstrand | 09 | Tjalve IF Norrköping | 9.28 q | 6 |
| 3 | Cornelia Cedergren | 09 | Kungsängen FK | 9.54 q | 10 |
| 4 | Emelie Milani | 09 | Turebergs FK | 10.24 | 22 |
| 5 | Tuva Seveborn | 09 | Alunda SK | 10.30 | 23 |
| 6 | Signe Malm Tedebrand | 09 | Råby-Rekarne FI | 10.39 | 24 |
| 7 | Cecilia Melander | 09 | Turebergs FK | 10.42 | 25 |
| 8 | Fredrika Nyblom | 09 | Västerås FK | 10.86 | 29 |

Results

F11 60 m

2020-01-18

Final 1

| | | | | Tot | |
|---|-----------------------|----|-----------------|-------|----|
| 1 | Moa Kjöraas | 09 | Bålsta IK | 9.51 | 7 |
| 2 | Cornelia Cedergren | 09 | Kungsängen FK | 9.57 | 8 |
| 3 | Ebba Wärn | 09 | IFK Lidingö | 9.58 | 9 |
| 4 | Tilde Kruse | 09 | Bålsta IK | 9.71 | 10 |
| 5 | Stella Rajala Styrman | 09 | Bromma IF | 9.76 | 12 |
| 6 | Livia Pettersson | 09 | Råby-Rekarne FI | 9.98 | 13 |
| 7 | Elsa Silow | 09 | Åkersberga SK | 10.05 | 14 |
| 8 | Cajsa Persson | 09 | Estuna IF | 10.13 | 15 |

Final 2

| | | | | Tot | |
|---|-------------------|----|----------------------|------|----|
| 1 | Malva Lönn | 09 | Hammarby IF | 8.77 | 1 |
| 2 | Molly Envall | 09 | Turebergs FK | 8.82 | 2 |
| 3 | Elise Hallner | 09 | IFK Lidingö | 9.13 | 3 |
| 4 | Nellie Garmland | 09 | Katrineholms SK | 9.30 | 4 |
| 5 | Nora Forsberg | 09 | Västerås FK | 9.34 | 5 |
| 6 | Ebba Hammarstrand | 09 | Tjalve IF Norrköping | 9.38 | 6 |
| 7 | Lisen Röding | 09 | Flens FS | 9.72 | 11 |
| - | Leah Ssempasa | 09 | Turebergs FK | DNS | - |

F11 600 m

2020-01-18

Försök 1

| | | | | Tot | |
|---|-----------------------|----|----------------------|---------|----|
| 1 | Livia Pettersson | 09 | Råby-Rekarne FI | 2:17.11 | 7 |
| 2 | Tyra Svensson | 09 | Västerås FK | 2:17.94 | 8 |
| 3 | Esther Hellman | 09 | Leksands FIK | 2:20.54 | 9 |
| 4 | Emilia Svanberg | 09 | Västerås FK | 2:21.57 | 11 |
| - | Ebba Hammarstrand | 09 | Tjalve IF Norrköping | DNS | - |
| - | Stella Rajala Styrman | 09 | Bromma IF | DNS | - |
| - | Joela Lind | 09 | Enköpings AI | DNS | - |
| - | Klara Gunnarsson | 09 | Alunda SK | DNS | - |

Försök 2

| | | | | Tot | |
|---|-----------------|----|-----------------|---------|----|
| 1 | Malva Lönn | 09 | Hammarby IF | 1:54.00 | 1 |
| 2 | Elvira Larsson | 09 | Alunda SK | 2:01.93 | 2 |
| 3 | Freja Ahlepil | 09 | Turebergs FK | 2:02.04 | 3 |
| 4 | Moa Kjöraas | 09 | Bålsta IK | 2:02.10 | 4 |
| 5 | Zelda Lukic | 09 | Västerås FK | 2:07.43 | 5 |
| 6 | Ebba Wärn | 09 | IFK Lidingö | 2:16.62 | 6 |
| 7 | Cajsa Persson | 09 | Estuna IF | 2:20.60 | 10 |
| 8 | Juni Westerdahl | 09 | Katrineholms SK | 2:23.33 | 12 |
| - | Leah Ssempasa | 09 | Turebergs FK | DNS | - |

Results

F11 Höjd

2020-01-18

| | | | | | Tot | |
|----|-----------------------|----|----------------------|-----|-----|----|
| 1 | Nellie Garmland | 09 | Katrineholms SK | 127 | 1 | |
| 1 | Elvira Larsson | 09 | Alunda SK | 127 | 1 | |
| 3 | Molly Envall | 09 | Turebergs FK | 124 | 3 | |
| 4 | Ebba Wärn | 09 | IFK Lidingö | 116 | 4 | |
| 4 | Moa Kjöraas | 09 | Bålsta IK | 116 | 4 | |
| 6 | Lisen Röding | 09 | Flens FS | 116 | 6 | |
| 7 | Tyra Svensson | 09 | Västerås FK | 116 | 7 | |
| 8 | Klara Gunnarsson | 09 | Alunda SK | 116 | 8 | PB |
| 9 | Stella Rajala Styrman | 09 | Bromma IF | 111 | 9 | |
| 9 | Livia Pettersson | 09 | Råby-Rekarne FI | 111 | 9 | |
| 11 | Ebba Hammarstrand | 09 | Tjalve IF Norrköping | 111 | 11 | |
| 12 | Signe Malm Tedebrand | 09 | Råby-Rekarne FI | 111 | 12 | |
| 12 | Nelly Boquist | 09 | Tjalve IF Norrköping | 111 | 12 | |
| 14 | Juni Westerdahl | 09 | Katrineholms SK | 111 | 14 | |
| 15 | Elsa Silow | 09 | Åkersberga SK | 106 | 15 | |
| 15 | Cecilia Melander | 09 | Turebergs FK | 106 | 15 | |
| 17 | Freja Wilén | 09 | KFUM Örebro | 106 | 17 | |
| 18 | Emelie Milani | 09 | Turebergs FK | 106 | 18 | |
| 19 | Joela Lind | 09 | Enköpings AI | 96 | 19 | |
| - | Freja Ahlepil | 09 | Turebergs FK | | - | |
| - | Molly Eriksson | 09 | Västerås FK | | - | |
| - | Malva Lönn | 09 | Hammarby IF | | - | |
| - | Leah Ssempasa | 09 | Turebergs FK | | - | |

96 101 106 111 116 121 124 127 130

| | | | | | | | | | |
|-------------------|-----|-----|-----|-----|-----|-----|---|----|-----|
| T. Svensson | o | o | o | xo | xo | xxx | | | |
| L. Ssempasa | | | | | | | | | |
| C. Melander | o | o | o | xxx | | | | | |
| M. Lönn | | | | | | | | | |
| E. Silow | o | o | o | xxx | | | | | |
| E. Hammarstrand | o | o | xxo | o | xxx | | | | |
| S. Rajala Styrman | o | o | o | o | xxx | | | | |
| E. Wärn | o | o | o | o | o | xxx | | | |
| K. Gunnarsson | o | o | o | o | xxo | xxx | | | |
| M. Envall | o | o | o | o | xo | xo | o | xx | |
| E. Milani | o | o | xxo | xxx | | | | | |
| N. Garmland | | o | o | o | o | o | o | o | xxx |
| S. Malm Tedebrand | | o | o | xo | xxx | | | | |
| E. Larsson | o | o | o | o | o | o | o | o | xxx |
| M. Eriksson | | | | | | | | | |
| J. Lind | xo | xxx | | | | | | | |
| J. Westerdahl | | xo | o | xxo | xxx | | | | |
| F. Wilén | | xo | o | xxx | | | | | |
| L. Röding | o | o | o | o | xo | xxx | | | |
| N. Boquist | | o | o | xo | xxx | | | | |
| L. Pettersson | o | o | o | o | xxx | | | | |
| F. Ahlepil | xxx | | | | | | | | |
| M. Kjöraas | o | o | o | o | o | xxx | | | |

F11 Längd

zon

2020-01-18

| | | | | | Tot | |
|---|-----------------|----|-----------------|------|-----|----|
| 1 | Malva Lönn | 09 | Hammarby IF | 4.54 | 1 | |
| 2 | Nellie Garmland | 09 | Katrineholms SK | 4.42 | 2 | |
| 3 | Nora Forsberg | 09 | Västerås FK | 4.26 | 3 | |
| 4 | Molly Envall | 09 | Turebergs FK | 4.19 | 4 | |
| 5 | Leah Ssempasa | 09 | Turebergs FK | 4.04 | 5 | |
| 6 | Elise Hallner | 09 | IFK Lidingö | 4.00 | 6 | PB |

Results

| | | | | | Tot | | |
|-------------------|-----------------------|------|----------------------|------|-----|------|--|
| 7 | Moa Kjöraas | 09 | Bålsta IK | 3.99 | 7 | | |
| 8 | Stella Rajala Styrman | 09 | Bromma IF | 3.78 | 8 | | |
| 9 | Ebba Hammarstrand | 09 | Tjalve IF Norrköping | 3.67 | 9 | PB | |
| 10 | Ebba Wärn | 09 | IFK Lidingö | 3.66 | 10 | PB | |
| 11 | Tilde Kruse | 09 | Bålsta IK | 3.64 | 11 | | |
| 12 | Emelie Milani | 09 | Turebergs FK | 3.61 | 12 | 3,60 | |
| 13 | Tuva Seveborn | 09 | Alunda SK | 3.61 | 13 | 3,59 | |
| 14 | Cajsa Persson | 09 | Estuna IF | 3.59 | 14 | | |
| 15 | Nelly Boquist | 09 | Tjalve IF Norrköping | 3.57 | 15 | PB | |
| 16 | Elvira Larsson | 09 | Alunda SK | 3.56 | 16 | | |
| 17 | Cornelia Cedergren | 09 | Kungsängen FK | 3.53 | 17 | PB | |
| 18 | Tyra Svensson | 09 | Västerås FK | 3.51 | 18 | | |
| 19 | Elsa Silow | 09 | Åkersberga SK | 3.50 | 19 | | |
| 20 | Signe Malm Tedebrand | 09 | Råby-Rekarne FI | 3.39 | 20 | | |
| 21 | Esther Hellman | 09 | Leksands FIK | 3.37 | 21 | SB | |
| 22 | Livia Pettersson | 09 | Råby-Rekarne FI | 3.36 | 22 | | |
| 23 | Klara Gunnarsson | 09 | Alunda SK | 3.32 | 23 | PB | |
| 24 | Cecilia Melander | 09 | Turebergs FK | 3.25 | 24 | | |
| 25 | Juni Westerdahl | 09 | Katrineholms SK | 3.21 | 25 | | |
| 26 | Ella Norrby | 09 | Uppsala IF | 3.18 | 26 | | |
| 27 | Freja Ahlepil | 09 | Turebergs FK | 3.12 | 27 | | |
| 28 | Lisen Röding | 09 | Flens FS | 3.02 | 28 | | |
| 29 | Fredrika Nyblom | 09 | Västerås FK | 2.97 | 29 | | |
| 30 | Joela Lind | 09 | Enköpings AI | 2.38 | 30 | | |
| - | Molly Eriksson | 09 | Västerås FK | - | - | | |
| - | Tova Beijer | 09 | Enköpings AI | - | - | | |
| - | Emilia Svanberg | 09 | Västerås FK | - | - | PB | |
| E. Norrby | 3.11 | 3.00 | 3.18 | 3.01 | | | |
| K. Gunnarsson | 3.25 | 3.32 | 3.27 | 3.25 | | | |
| N. Boquist | 3.57 | 3.21 | 3.49 | 3.02 | | | |
| E. Hellman | 3.37 | 3.27 | 3.23 | 3.02 | | | |
| E. Svanberg | - | - | - | - | | | |
| N. Garmland | 4.42 | 4.40 | 4.29 | 4.42 | | | |
| S. Malm Tedebrand | 3.34 | 3.10 | 3.39 | 3.36 | | | |
| L. Röding | - | 2.87 | 2.92 | 3.02 | | | |
| N. Forsberg | 4.26 | 4.12 | 4.19 | 4.14 | | | |
| C. Persson | 3.48 | 3.55 | 3.59 | 3.54 | | | |
| E. Hammarstrand | 3.67 | 3.15 | 3.39 | 3.44 | | | |
| S. Rajala Styrman | 3.51 | 3.43 | 3.44 | 3.78 | | | |
| E. Larsson | 3.52 | 3.50 | 3.39 | 3.56 | | | |
| M. Eriksson | - | - | - | - | | | |
| M. Envall | 4.16 | 4.06 | 4.16 | 4.19 | | | |
| E. Silow | 3.50 | 3.48 | 2.88 | 3.39 | | | |
| C. Cedergren | x | x | 3.53 | 3.47 | | | |
| F. Ahlepil | x | x | 3.12 | - | | | |
| M. Kjöraas | 3.98 | 3.99 | 3.83 | 3.80 | | | |
| E. Hallner | 4.00 | 3.77 | 3.53 | 3.83 | | | |
| J. Lind | 2.33 | 2.38 | 2.19 | 2.30 | | | |
| L. Pettersson | 3.29 | 3.32 | 3.36 | 3.34 | | | |
| T. Beijer | - | - | - | - | | | |
| L. Ssempasa | 3.90 | 3.75 | 4.04 | 3.81 | | | |
| T. Seveborn | 3.59 | 3.51 | 3.61 | 3.59 | | | |
| T. Kruse | 3.57 | 3.50 | x | 3.64 | | | |
| F. Nyblom | 2.93 | 2.96 | 2.95 | 2.97 | | | |
| T. Svensson | 3.36 | 3.37 | 3.36 | 3.51 | | | |
| E. Wärn | 3.09 | 3.20 | 3.66 | 3.48 | | | |
| C. Melander | 3.02 | 3.12 | 3.25 | 3.11 | | | |
| M. Lönn | 4.24 | 4.54 | x | 4.44 | | | |
| J. Westerdahl | 3.20 | 3.21 | 3.13 | 3.19 | | | |
| E. Milani | 3.40 | 3.60 | 3.32 | 3.61 | | | |

Results

F11 Kula

2.0kg

2020-01-18

| | | | | Tot | | |
|----|------------------------------|----|----------------------|------|-----|----|
| 1 | Malva Lönn | 09 | Hammarby IF | 7.64 | 1 | |
| 2 | Vendela Dekreon | 09 | Eskilstuna FI | 7.03 | 2 | |
| 3 | Nellie Garmland | 09 | Katrineholms SK | 6.71 | 3 | |
| 4 | Esmeralda Karlsson Evertsson | 09 | Råby-Rekarne FI | 6.27 | 4 | |
| 5 | Cornelia Cedergren | 09 | Kungsängen FK | 6.26 | 5 | PB |
| 6 | Stella Rajala Styrman | 09 | Bromma IF | 6.13 | 6 | |
| 7 | Livia Pettersson | 09 | Råby-Rekarne FI | 6.00 | 7 | |
| 8 | Ebba Hammarstrand | 09 | Tjalve IF Norrköping | 5.88 | 8 | PB |
| 9 | Tilde Kruse | 09 | Bålsta IK | 5.83 | 9 | |
| 10 | Nelly Boquist | 09 | Tjalve IF Norrköping | 5.81 | 10 | |
| 11 | Esther Hellman | 09 | Leksands FIK | 5.61 | 11 | PB |
| 12 | Ella Norrby | 09 | Uppsala IF | 5.57 | 12 | |
| 13 | Lisen Röding | 09 | Flens FS | 5.26 | 13 | |
| 14 | Tuva Seveborn | 09 | Alunda SK | 4.98 | 14 | |
| 15 | Juni Westerdahl | 09 | Katrineholms SK | 4.60 | 15 | |
| 16 | Fredrika Nyblom | 09 | Västerås FK | 4.47 | 16 | |
| - | Nora Forsberg | 09 | Västerås FK | - | - | |
| - | Klara Gunnarsson | 09 | Alunda SK | DNS | - | |
| - | Signe Malm Tedebrand | 09 | Råby-Rekarne FI | DNS | - | |
| - | Joela Lind | 09 | Enköpings AI | - | igr | |
| - | Molly Eriksson | 09 | Västerås FK | - | - | |
| - | Molly Envall | 09 | Turebergs FK | - | - | |

| | | | | |
|-----------------------|------|------|------|------|
| N. Forsberg | | | | |
| N. Boquist | 5.62 | 5.69 | 5.61 | 5.81 |
| V. Dekreon | 6.51 | x | 7.03 | 7.03 |
| E. Hammarstrand | 5.40 | 5.88 | 5.85 | 5.42 |
| S. Rajala Styrman | 6.13 | 5.39 | 5.09 | 5.87 |
| J. Lind | x | | | |
| C. Cedergren | 6.26 | 6.15 | 6.01 | 5.97 |
| N. Garmland | 6.65 | 6.71 | 5.13 | 5.82 |
| S. Malm Tedebrand | | | | |
| L. Röding | 5.26 | 5.14 | 4.93 | 4.36 |
| E. Hellman | 5.35 | 5.29 | 4.86 | 5.61 |
| M. Eriksson | | | | |
| M. Lönn | 7.07 | 7.64 | 7.54 | 6.88 |
| T. Seveborn | 4.55 | 4.60 | 4.98 | x |
| T. Kruse | 4.98 | 5.07 | 5.25 | 5.83 |
| F. Nyblom | 4.47 | 4.35 | 3.88 | 4.21 |
| E. Norrby | 5.36 | 5.57 | 5.35 | 5.33 |
| E. Karlsson Evertsson | 6.27 | 6.08 | 5.05 | 6.16 |
| L. Pettersson | 5.96 | 5.06 | 6.00 | 5.69 |
| J. Westerdahl | 4.54 | 4.60 | 3.94 | 4.20 |
| K. Gunnarsson | | | | |
| M. Envall | | | | |

Results

F10 60 m

2020-01-18

Försök 1

| | | | | Tot |
|---|-------------------|----|--------------|------------|
| 1 | Emma Håkansson | 10 | Turebergs FK | 9.76 q 3 |
| 2 | Matilda Folkesson | 10 | Västerås FK | 10.20 q 6 |
| 3 | Maja Lundin | 10 | Västerås FK | 10.74 q 14 |
| 4 | Disa Mandorf | 10 | Bålsta IK | 10.75 q 15 |
| 5 | Emma Andersson | 10 | Alunda SK | 10.79 17 |
| 6 | Lycka Gustavsson | 10 | Flens FS | 10.88 20 |

Försök 2

| | | | | Tot |
|---|--------------------|----|-----------------|------------|
| 1 | Maja Sevelin | 10 | Katrineholms SK | 9.96 q 5 |
| 2 | Alva Hedblad | 10 | Västerås FK | 10.31 q 9 |
| 3 | Moa Ekblad Haarala | 10 | IK Westmannia | 10.55 q 12 |
| 4 | Nellie Willer | 10 | Västerås FK | 10.84 18 |
| 5 | Thilde Lundman | 10 | Estuna IF | 11.23 24 |
| 6 | Aviva Kolberg | 10 | Enköpings AI | 11.87 26 |
| 7 | My Seveborn | 10 | Alunda SK | 12.32 27 |

Försök 3

| | | | | Tot |
|---|-------------------------|----|-----------------|------------|
| 1 | Ebba Forslund Ekberg | 10 | KFUM Örebro | 9.47 q 1 |
| 2 | Agnes Anderbro | 10 | Västerås FK | 10.31 q 8 |
| 3 | Ellen Littorin-Pousette | 10 | Alunda SK | 10.52 q 11 |
| 4 | Agnes Nilsson | 10 | Råby-Rekarne FI | 10.76 q 16 |
| 5 | Jolin Lind | 10 | Enköpings AI | 10.91 21 |
| 6 | Elvira Löwdin | 10 | IK Westmannia | 11.05 23 |
| 7 | Melinda Frögren | 10 | Kungsängen FK | 11.54 25 |

Försök 4

| | | | | Tot |
|---|------------------|----|---------------|------------|
| 1 | Elsa Andersson | 10 | Gefle IF | 9.51 q 2 |
| 2 | Wilma Hermansson | 10 | Åkersberga SK | 9.86 q 4 |
| 3 | Olivia Richter | 10 | Västerås FK | 10.23 q 7 |
| 4 | Maya Löf | 10 | Alunda SK | 10.35 q 10 |
| 5 | Livia Hjertström | 10 | Västerås FK | 10.66 q 13 |
| 6 | Viola Rystedt | 10 | Alunda SK | 10.88 19 |
| 7 | Ebba Von Liewen | 10 | Västerås FK | 11.00 22 |
| - | Laura Karlsson | 10 | Västerås FK | DNS - |

Results

F10 60 m

2020-01-18

Final 1

| | | | | | Tot |
|---|-------------------------|----|-----------------|-------|-----|
| 1 | Alva Hedblad | 10 | Västerås FK | 10.24 | 7 |
| 2 | Maya Löf | 10 | Alunda SK | 10.25 | 8 |
| 3 | Ellen Littorin-Pousette | 10 | Alunda SK | 10.46 | 11 |
| 4 | Moa Ekblad Haarala | 10 | IK Westmannia | 10.59 | 12 |
| 5 | Maja Lundin | 10 | Västerås FK | 10.61 | 13 |
| 6 | Livia Hjertström | 10 | Västerås FK | 10.78 | 14 |
| 7 | Agnes Nilsson | 10 | Råby-Rekarne FI | 10.78 | 15 |
| 8 | Disa Mandorf | 10 | Bålsta IK | 10.84 | 16 |

Final 2

| | | | | | Tot |
|---|----------------------|----|-----------------|-------|-----|
| 1 | Elsa Andersson | 10 | Gefle IF | 9.42 | 1 |
| 2 | Ebba Forslund Ekberg | 10 | KFUM Örebro | 9.55 | 2 |
| 3 | Emma Håkansson | 10 | Turebergs FK | 9.84 | 3 |
| 4 | Wilma Hermansson | 10 | Åkersberga SK | 9.91 | 4 |
| 5 | Maja Sevelin | 10 | Katrineholms SK | 10.14 | 5 |
| 6 | Matilda Folkesson | 10 | Västerås FK | 10.23 | 6 |
| 7 | Agnes Anderbro | 10 | Västerås FK | 10.33 | 9 |
| 8 | Olivia Richter | 10 | Västerås FK | 10.35 | 10 |

F10 600 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|-------------------|----|-----------------|---------|-----|
| 1 | Elsa Andersson | 10 | Gefle IF | 2:09.39 | 2 |
| 2 | Agnes Nilsson | 10 | Råby-Rekarne FI | 2:28.01 | 7 |
| 3 | Viola Rystedt | 10 | Alunda SK | 2:34.03 | 9 |
| 4 | Jolin Lind | 10 | Enköpings AI | 2:35.49 | 10 |
| - | Andjela Kjellberg | 10 | Västerås FK | DNS | - |
| - | Nellie Willer | 10 | Västerås FK | DNS | - |

Försök 2

| | | | | | Tot |
|---|-------------------------|----|-----------------|---------|-----|
| 1 | Wilma Hermansson | 10 | Åkersberga SK | 2:08.45 | 1 |
| 2 | Disa Mandorf | 10 | Bålsta IK | 2:11.75 | 3 |
| 3 | Maja Sevelin | 10 | Katrineholms SK | 2:17.66 | 4 |
| 4 | Ellen Littorin-Pousette | 10 | Alunda SK | 2:18.90 | 5 |
| 5 | Agnes Anderbro | 10 | Västerås FK | 2:27.09 | 6 |
| 6 | Olivia Richter | 10 | Västerås FK | 2:29.03 | 8 |
| 7 | Lycka Gustavsson | 10 | Flens FS | 2:40.18 | 11 |
| 8 | Ebba Von Liewen | 10 | Västerås FK | 2:51.69 | 12 |

Results

F10 Höjd

2020-01-18

| | | | | Tot | | |
|----|-------------------------|----|-----------------|-----|----|----|
| 1 | Maja Sevelin | 10 | Katrineholms SK | 125 | 1 | |
| 2 | Ebba Forslund Ekberg | 10 | KFUM Örebro | 125 | 2 | |
| 3 | Maya Löf | 10 | Alunda SK | 116 | 3 | |
| 4 | Elsa Andersson | 10 | Gefle IF | 116 | 4 | |
| 5 | Olivia Richter | 10 | Västerås FK | 116 | 5 | |
| 5 | Emma Håkansson | 10 | Turebergs FK | 116 | 5 | |
| 7 | Alva Hedblad | 10 | Västerås FK | 111 | 7 | PB |
| 8 | Disa Mandorf | 10 | Bålsta IK | 106 | 8 | |
| 9 | Viola Rystedt | 10 | Alunda SK | 101 | 9 | |
| 9 | Nellie Willer | 10 | Västerås FK | 101 | 9 | |
| 9 | Matilda Folkesson | 10 | Västerås FK | 101 | 9 | |
| 9 | Thilde Lundman | 10 | Estuna IF | 101 | 9 | |
| 13 | Maja Lundin | 10 | Västerås FK | 96 | 13 | |
| 13 | Agnes Anderbro | 10 | Västerås FK | 96 | 13 | |
| 15 | Aviva Kolberg | 10 | Enköpings AI | 96 | 15 | |
| 16 | Ebba Von Liewen | 10 | Västerås FK | 96 | 16 | |
| 17 | Andjela Kjellberg | 10 | Västerås FK | 91 | 17 | |
| 17 | Wilma Hermansson | 10 | Åkersberga SK | 91 | 17 | |
| 19 | Jolin Lind | 10 | Enköpings AI | 91 | 19 | |
| - | Mally Sunesson-Westcott | 10 | Örbyhus IF | - | - | |
| - | Annie Wallin | 10 | Västerås FK | - | - | |
| - | Moa Ekblad Haarala | 10 | IK Westmannia | - | - | |

91 96 101 106 111 116 119 122 125 128

| | | | | | | | | | | |
|--------------------|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|
| M. Ekblad Haarala | | | | | | | | | | |
| A. Anderbro | o | o | xxx | | | | | | | |
| A. Kolberg | o | xo | xxx | | | | | | | |
| A. Wallin | | | | | | | | | | |
| E. Andersson | o | o | o | xo | xo | o | x | | | |
| W. Hermansson | o | | | | | | | | | |
| M. Sunesson-Westco | | | | | | | | | | |
| A. Kjellberg | o | xxx | | | | | | | | |
| T. Lundman | o | o | o | x | | | | | | |
| D. Mandorf | o | xo | xo | o | xxx | | | | | |
| O. Richter | o | o | o | xo | xo | xo | xxx | | | |
| M. Sevelin | | | | | | xo | o | xo | o | xxx |
| N. Willer | o | o | o | xxx | | | | | | |
| V. Rystedt | o | o | o | xxx | | | | | | |
| E. Forslund Ekberg | | o | o | o | o | xo | xxo | o | xxo | xxx |
| M. Löf | | | o | o | o | o | xxx | | | |
| E. Von Liewen | xo | xo | xx | | | | | | | |
| M. Lundin | o | o | xxx | | | | | | | |
| E. Håkansson | | o | xxo | o | o | xo | xxx | | | |
| J. Lind | xxo | xxx | | | | | | | | |
| A. Hedblad | o | o | o | o | xxo | xxx | | | | |
| M. Folkesson | o | o | o | xxx | | | | | | |

F10 Längd

zon

2020-01-18

| | | | | Tot | | |
|---|-------------------------|----|-----------------|------|---|----|
| 1 | Elsa Andersson | 10 | Gefle IF | 4.06 | 1 | |
| 2 | Ebba Forslund Ekberg | 10 | KFUM Örebro | 3.89 | 2 | |
| 3 | Wilma Hermansson | 10 | Åkersberga SK | 3.62 | 3 | PB |
| 4 | Maja Sevelin | 10 | Katrineholms SK | 3.58 | 4 | |
| 5 | Ellen Littorin-Pousette | 10 | Alunda SK | 3.57 | 5 | |
| 6 | Emma Håkansson | 10 | Turebergs FK | 3.54 | 6 | |
| 7 | Viola Rystedt | 10 | Alunda SK | 3.49 | 7 | PB |
| 8 | Maya Löf | 10 | Alunda SK | 3.46 | 8 | |

Results

| | | | | | Tot |
|----|-------------------------|----|-----------------|------|---------|
| 9 | Agnes Anderbro | 10 | Västerås FK | 3.35 | 9 |
| 10 | Kerstin Hermansson | 10 | Västerås FK | 3.25 | 10 |
| 11 | Emma Andersson | 10 | Alunda SK | 3.24 | 11 |
| 12 | Olivia Richter | 10 | Västerås FK | 3.23 | 12 3,23 |
| 13 | Nellie Willer | 10 | Västerås FK | 3.23 | 13 3,09 |
| 14 | Agnes Nilsson | 10 | Råby-Rekarne FI | 3.21 | 14 |
| 15 | Moa Ekblad Haarala | 10 | IK Westmannia | 3.19 | 15 |
| 16 | Disa Mandorf | 10 | Bålsta IK | 3.17 | 16 |
| 17 | Maja Lundin | 10 | Västerås FK | 3.10 | 17 PB |
| 18 | Laura Karlsson | 10 | Västerås FK | 3.05 | 18 |
| 19 | Ebba Von Liewen | 10 | Västerås FK | 2.97 | 19 |
| 20 | Livia Hjertström | 10 | Västerås FK | 2.94 | 20 |
| 21 | Antonia Clavell | 10 | Västerås FK | 2.93 | 21 |
| 22 | Jolin Lind | 10 | Enköpings AI | 2.91 | 22 |
| 23 | Lycka Gustavsson | 10 | Flens FS | 2.84 | 23 |
| 24 | Melinda Frögren | 10 | Kungsängen FK | 2.79 | 24 |
| 25 | Aviva Kolberg | 10 | Enköpings AI | 2.78 | 25 |
| 26 | Matilda Folkesson | 10 | Västerås FK | 2.60 | 26 |
| 27 | Elvira Löwdin | 10 | IK Westmannia | 2.58 | 27 |
| 28 | Thilde Lundman | 10 | Estuna IF | 2.37 | 28 |
| 29 | My Seveborn | 10 | Alunda SK | 2.27 | 29 |
| - | Ellie Lundén | 10 | Västerås FK | DNS | - |
| - | Mally Sunesson-Westcott | 10 | Örbyhus IF | DNS | - |
| - | Sofia Diagos | 10 | Åkersberga SK | DNS | - |
| - | Annie Wallin | 10 | Västerås FK | DNS | - |
| - | Nicoletta Diagos | 10 | Åkersberga SK | DNS | - |
| - | Alina Meinhardt | 10 | Västerås FK | DNS | - |

| | | | | | |
|----------------------|------|------|------|------|--|
| A. Meinhardt | | | | | |
| L. Hjertström | 2.91 | 2.94 | 2.73 | 2.83 | |
| M. Folkesson | - | 2.40 | 2.54 | 2.60 | |
| A. Clavell | x | 2.93 | 2.90 | 2.88 | |
| J. Lind | 2.66 | 2.70 | 2.91 | 2.79 | |
| M. Sunesson-Westcott | | | | | |
| N. Willer | 3.23 | 3.09 | 3.03 | 3.04 | |
| S. Diagos | | | | | |
| T. Lundman | 2.32 | 2.28 | 2.20 | 2.37 | |
| E. Löwdin | 2.46 | 2.38 | 2.47 | 2.58 | |
| E. Andersson | 3.24 | 3.10 | 3.19 | 3.18 | |
| M. Lundin | 3.10 | 2.90 | 2.95 | 2.87 | |
| D. Mandorf | 3.04 | 3.04 | 3.17 | 2.92 | |
| E. Håkansson | 3.54 | 3.40 | x | 3.43 | |
| M. Seveborn | 2.25 | 2.23 | 2.27 | 2.25 | |
| E. Forslund Ekberg | 3.75 | 3.89 | 3.69 | 3.74 | |
| N. Diagos | | | | | |
| A. Nilsson | 3.16 | 3.07 | 3.00 | 3.21 | |
| E. Andersson | 3.75 | 3.86 | x | 4.06 | |
| A. Kolberg | 2.78 | 2.68 | 2.72 | 2.67 | |
| A. Wallin | | | | | |
| K. Hermansson | 2.95 | 3.25 | 3.06 | 3.07 | |
| M. Ekblad Haarala | 3.10 | 3.19 | 3.09 | 3.09 | |
| A. Anderbro | 3.05 | 3.12 | 3.34 | 3.35 | |
| E. Littorin-Pousette | 3.51 | 3.54 | 3.51 | 3.57 | |
| E. Lundén | | | | | |
| L. Gustavsson | 2.84 | 2.71 | 2.79 | 2.58 | |
| W. Hermansson | 3.37 | 3.62 | 3.39 | 3.43 | |
| O. Richter | 3.17 | 3.23 | 3.04 | 3.23 | |
| M. Sevelin | x | 3.58 | 3.48 | 3.56 | |
| M. Frögren | 2.51 | 2.46 | 2.79 | x | |
| M. Löf | 3.12 | 3.43 | 3.46 | 3.42 | |
| E. Von Liewen | 2.88 | 2.97 | 2.87 | - | |
| V. Rystedt | 3.30 | 3.46 | 3.48 | 3.49 | |
| L. Karlsson | 2.83 | 3.00 | 2.94 | 3.05 | |

Results

F10 Kula

2.0kg

2020-01-18

| | | | Tot | | | |
|----|-------------------------|----|---------------|------|----|------|
| 1 | Maya Löf | 10 | Alunda SK | 7.19 | 1 | |
| 2 | Alva Hedblad | 10 | Västerås FK | 6.02 | 2 | |
| 3 | Elsa Andersson | 10 | Gefle IF | 5.63 | 3 | |
| 4 | Ebba Forslund Ekberg | 10 | KFUM Örebro | 5.50 | 4 | |
| 5 | Viola Rystedt | 10 | Alunda SK | 5.47 | 5 | |
| 6 | Moa Ekblad Haarala | 10 | IK Westmannia | 5.22 | 6 | |
| 7 | Nellie Willer | 10 | Västerås FK | 5.11 | 7 | |
| 8 | Thilde Lundman | 10 | Estuna IF | 4.93 | 8 | |
| 9 | Wilma Hermansson | 10 | Åkersberga SK | 4.80 | 9 | PB |
| 10 | Ellen Littorin-Pousette | 10 | Alunda SK | 4.73 | 10 | |
| 11 | Ebba Von Liewen | 10 | Västerås FK | 4.68 | 11 | PB |
| 12 | Emma Andersson | 10 | Alunda SK | 4.45 | 12 | |
| 13 | Olivia Richter | 10 | Västerås FK | 4.44 | 13 | |
| 14 | Andjela Kjellberg | 10 | Västerås FK | 4.43 | 14 | 4,38 |
| 15 | Agnes Anderbro | 10 | Västerås FK | 4.43 | 15 | 4,30 |
| 16 | Aviva Kolberg | 10 | Enköpings AI | 4.38 | 16 | |
| 17 | Kerstin Hermansson | 10 | Västerås FK | 4.30 | 17 | |
| 18 | Laura Karlsson | 10 | Västerås FK | 4.18 | 18 | |
| 19 | Lycka Gustavsson | 10 | Flens FS | 4.08 | 19 | |
| 20 | Jolin Lind | 10 | Enköpings AI | 4.02 | 20 | |
| 21 | My Seveborn | 10 | Alunda SK | 3.63 | 21 | PB |
| - | Annie Wallin | 10 | Västerås FK | - | - | |
| - | Livia Hjertström | 10 | Västerås FK | - | - | |
| - | Alina Meinhardt | 10 | Västerås FK | - | - | |
| - | Mally Sunesson-Westcott | 10 | Örbyhus IF | - | - | |

| | | | | | |
|----------------------|------|------|------|------|--|
| E. Littorin-Pousette | 4.28 | 4.61 | 4.60 | 4.73 | |
| A. Meinhardt | | | | | |
| L. Hjertström | | | | | |
| M. Seveborn | 3.34 | 3.55 | 3.63 | 3.54 | |
| E. Forslund Ekberg | 5.39 | 4.86 | 5.36 | 5.50 | |
| E. Andersson | 3.93 | 4.36 | 4.04 | 4.45 | |
| K. Hermansson | 3.88 | 4.30 | 4.29 | 4.16 | |
| M. Löf | 6.77 | 7.19 | 6.77 | 7.04 | |
| E. Von Liewen | 4.48 | 4.68 | 4.65 | 4.11 | |
| W. Hermansson | 4.54 | 4.80 | 3.82 | 4.26 | |
| M. Sunesson-Westcott | | | | | |
| T. Lundman | 4.06 | 4.52 | 4.93 | 4.66 | |
| J. Lind | 2.96 | x | 3.92 | 4.02 | |
| E. Andersson | 5.28 | 5.41 | 5.41 | 5.63 | |
| M. Ekblad Haarala | 4.92 | 5.00 | 5.22 | 4.94 | |
| A. Anderbro | 4.43 | 4.10 | 4.30 | 3.20 | |
| A. Kjellberg | 4.43 | 3.85 | 3.71 | 4.38 | |
| L. Gustavsson | 3.79 | 3.62 | 4.08 | 4.02 | |
| A. Wallin | | | | | |
| O. Richter | 4.10 | 4.14 | 4.44 | 4.34 | |
| N. Willer | 4.91 | 5.11 | 4.87 | 4.72 | |
| V. Rystedt | 5.47 | 5.13 | 5.24 | 5.32 | |
| L. Karlsson | x | 4.18 | 3.74 | 3.46 | |
| A. Hedblad | 4.94 | 5.76 | 5.44 | 6.02 | |
| A. Kolberg | 3.49 | 4.38 | 3.94 | 4.01 | |

Results

F9 60 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|------------------------------|----|---------------|---------|-----|
| 1 | Hilde Andersson | 11 | Leksands FIK | 10.10 q | 4 |
| 2 | Saga Wicksell | 11 | Enköpings AI | 10.15 q | 5 |
| 3 | Elsa Lönn | 11 | Boo IF | 10.21 q | 6 |
| 4 | Moa Hedblad | 11 | Västerås FK | 10.38 q | 9 |
| 5 | Wilma Zelin Hillbom | 11 | Alunda SK | 10.73 q | 16 |
| 6 | Emma Örell | 11 | Bålsta IK | 10.81 | 17 |
| 7 | Emelie Kindblom | 11 | Västerås FK | 11.07 | 22 |
| 8 | Ann-Katrin Surovtseva Sander | 11 | Kungsängen FK | 11.67 | 26 |

Försök 2

| | | | | | Tot |
|---|----------------|----|---------------|---------|-----|
| 1 | Nellie Eiving | 11 | Åkersberga SK | 9.93 q | 2 |
| 2 | Lily Ssempasa | 11 | Turebergs FK | 10.30 q | 7 |
| 3 | Cajsa Bååttthe | 11 | Åkersberga SK | 10.41 q | 10 |
| 4 | Linn Olsson | 11 | Västerås FK | 10.72 q | 15 |
| 5 | Mija Wright | 11 | Västerås FK | 10.87 | 19 |
| 6 | Emma Lindström | 11 | Västerås FK | 10.95 | 21 |
| 7 | Emilia Bäckryd | 11 | Kungsängen FK | 11.90 | 28 |

Försök 3

| | | | | | Tot |
|---|------------------|----|---------------|---------|-----|
| 1 | Nova Westman | 11 | Ösmo Nynäs FK | 10.09 q | 3 |
| 2 | Minya Öryd | 11 | Västerås FK | 10.43 q | 11 |
| 3 | Julie Zäll | 11 | Åkersberga SK | 10.51 q | 12 |
| 4 | Tilda Bretz | 11 | Kungsängen FK | 10.89 | 20 |
| 5 | Ebba Nisbeth | 11 | Västerås FK | 11.37 | 24 |
| 6 | Tessa Pettersson | 11 | Västerås FK | 14.47 | 29 |
| - | Felicia Larsson | 11 | Alunda SK | DNS | - |

Försök 4

| | | | | | Tot |
|---|------------------|----|---------------|---------|-----|
| 1 | Maja Envall | 11 | Turebergs FK | 9.81 q | 1 |
| 2 | Joanna Osowski | 11 | Västerås FK | 10.33 q | 8 |
| 3 | Edit Nilsson | 11 | Åkersberga SK | 10.52 q | 13 |
| 4 | Elin Jansson | 11 | Kungsängen FK | 10.57 q | 14 |
| 5 | Tove Silfvast | 11 | Västerås FK | 10.82 | 18 |
| 6 | Millie Rosengren | 11 | Västerås FK | 11.19 | 23 |
| 7 | Vilma Harry | 11 | Västerås FK | 11.64 | 25 |
| 8 | Malva Karlsson | 11 | Västerås FK | 11.82 | 27 |

Results

F9 60 m

2020-01-18

Final 1

| | | | | | Tot |
|---|---------------------|----|---------------|-------|-----|
| 1 | Minya Öryd | 11 | Västerås FK | 10.33 | 9 |
| 2 | Moa Hedblad | 11 | Västerås FK | 10.60 | 10 |
| 3 | Elin Jansson | 11 | Kungsängen FK | 10.60 | 11 |
| 4 | Edit Nilsson | 11 | Åkersberga SK | 10.61 | 12 |
| 5 | Cajsa Bååtthe | 11 | Åkersberga SK | 10.68 | 13 |
| 6 | Julie Zäll | 11 | Åkersberga SK | 10.74 | 14 |
| 7 | Wilma Zelin Hillbom | 11 | Alunda SK | 10.77 | 15 |
| 8 | Linn Olsson | 11 | Västerås FK | 11.05 | 16 |

Final 2

| | | | | | Tot |
|---|-----------------|----|---------------|-------|-----|
| 1 | Maja Envall | 11 | Turebergs FK | 9.75 | 1 |
| 2 | Nellie Eiving | 11 | Åkersberga SK | 9.83 | 2 |
| 3 | Nova Westman | 11 | Ösmo Nynäs FK | 10.06 | 3 |
| 4 | Hilde Andersson | 11 | Leksands FIK | 10.13 | 4 |
| 5 | Saga Wicksell | 11 | Enköpings AI | 10.13 | 5 |
| 6 | Elsa Lönn | 11 | Boo IF | 10.25 | 6 |
| 7 | Joanna Osowski | 11 | Västerås FK | 10.26 | 7 |
| 8 | Lily Ssempera | 11 | Turebergs FK | 10.29 | 8 |

F9 600 m

2020-01-18

Försök 1

| | | | | | Tot |
|---|------------------------------|----|---------------|---------|-----|
| 1 | Saga Wicksell | 11 | Enköpings AI | 2:17.44 | 2 |
| 2 | Felicia Larsson | 11 | Alunda SK | 2:17.97 | 3 |
| 3 | Tilda Bretz | 11 | Kungsängen FK | 2:32.78 | 9 |
| 4 | Ann-Katrin Surovtseva Sander | 11 | Kungsängen FK | 2:46.21 | 11 |
| - | Siri Asph Hennerdal | 12 | Västerås FK | DNS | - |

Försök 2

| | | | | | Tot |
|---|---------------------|----|---------------|---------|-----|
| 1 | Hilde Andersson | 11 | Leksands FIK | 2:16.86 | 1 |
| 2 | Cajsa Bååtthe | 11 | Åkersberga SK | 2:19.82 | 4 |
| 3 | Nova Westman | 11 | Ösmo Nynäs FK | 2:20.01 | 5 |
| 4 | Nellie Eiving | 11 | Åkersberga SK | 2:21.38 | 6 |
| 5 | Wilma Zelin Hillbom | 11 | Alunda SK | 2:26.25 | 7 |
| 6 | Linn Olsson | 11 | Västerås FK | 2:27.06 | 8 |
| 7 | Edit Nilsson | 11 | Åkersberga SK | 2:37.76 | 10 |

Results

F9 Höjd

2020-01-18

| | | | | | Tot | |
|----|------------------------------|----|---------------|-----|-----|-----|
| 1 | Nova Westman | 11 | Ösmo Nynäs FK | 111 | 1 | |
| 2 | Elsa Lönn | 11 | Boo IF | 109 | 2 | |
| 3 | Elin Jansson | 11 | Kungsängen FK | 106 | 3 | |
| 4 | Alma Aarenstrup | 11 | Västerås FK | 106 | 4 | |
| 4 | Joanna Osowski | 11 | Västerås FK | 106 | 4 | PB |
| 6 | Lily Ssempasa | 11 | Turebergs FK | 96 | 6 | |
| 7 | Edit Nilsson | 11 | Åkersberga SK | 96 | 7 | |
| 7 | Tilda Bretz | 11 | Kungsängen FK | 96 | 7 | |
| 9 | Emelie Kindblom | 11 | Västerås FK | 91 | 9 | |
| 9 | Embla Allard | 12 | Västerås FK | 91 | 9 | |
| 9 | Emmelie Andersson | 11 | Västerås FK | 91 | 9 | |
| 12 | Cajsa Bååttthe | 11 | Åkersberga SK | 91 | 12 | |
| 13 | Vilma Harry | 11 | Västerås FK | 91 | 13 | |
| 14 | Hilde Andersson | 11 | Leksands FIK | 86 | 14 | |
| 15 | Emma Örell | 11 | Bålsta IK | 86 | 15 | |
| 15 | Elsie Wright | 11 | Västerås FK | 86 | 15 | |
| 17 | Tora Gyrulf | 11 | Estuna IF | 86 | 17 | |
| 18 | Maja Envall | 11 | Turebergs FK | 81 | 18 | |
| 19 | Matilda Berglind-Kernehed | 11 | Åkersberga SK | 81 | 19 | PB |
| 20 | Ann-Katrin Surovtseva Sander | 11 | Kungsängen FK | 81 | 20 | |
| - | Minya Öryd | 11 | Västerås FK | - | - | |
| - | Emilia Bäckryd | 11 | Kungsängen FK | - | - | igf |
| - | Cornelia Klasson | 11 | Västerås FK | - | - | |
| - | Sara Karlén | 11 | Västerås FK | - | - | |
| - | Tove Silfvast | 11 | Västerås FK | - | - | igf |
| - | Wilma Zelin Hillbom | 11 | Alunda SK | - | - | |
| - | Carolin Andersson | 11 | Västerås FK | - | - | |

| | 81 | 86 | 91 | 96 | 101 | 106 | 109 | 111 |
|----------------------|-----|-----|-----|-----|-----|-----|-----|-----|
| H. Andersson | o | o | xxx | | | | | |
| E. Kindblom | o | o | o | xxx | | | | |
| T. Silfvast | xxx | | | | | | | |
| E. Örell | xo | o | xxx | | | | | |
| V. Harry | o | o | xo | xxx | | | | |
| J. Osowski | o | o | xo | o | xo | xo | xxx | |
| E. Lönn | o | o | o | o | o | xxo | xxo | xxx |
| T. Gyrulf | xo | xo | xxx | | | | | |
| N. Westman | o | o | o | o | o | o | o | o |
| C. Klasson | | | | | | | | |
| E. Allard | | o | o | x | | | | |
| E. Bäckryd | xxx | | | | | | | |
| E. Andersson | o | o | o | xxx | | | | |
| A. Aarenstrup | o | o | xo | o | xo | xo | xxx | |
| M. Berglind-Kernehed | xo | xxx | | | | | | |
| M. Öryd | | xx | | | | | | |
| E. Jansson | o | o | o | o | xo | o | xxx | |
| T. Bretz | o | xxo | o | xxo | xxx | | | |
| M. Envall | o | xxx | | | | | | |
| E. Nilsson | o | o | xxo | xxo | xxx | | | |
| S. Karlén | | | | | | | | |
| C. Bååttthe | o | xo | o | xxx | | | | |
| L. Ssempasa | o | o | o | o | xx | | | |
| W. Zelin Hillbom | | | | | | | | |
| A. Surovtseva Sand | xxo | xxx | | | | | | |
| E. Wright | xo | o | xxx | | | | | |
| C. Andersson | xxx | | | | | | | |

Results

F9 Längd

zon

2020-01-18

| | | | Tot | | | |
|----------------------|------------------------------|------|---------------|------|----|------|
| 1 | Maja Envall | 11 | Turebergs FK | 3.50 | 1 | |
| 2 | Minya Öryd | 11 | Västerås FK | 3.49 | 2 | PB |
| 3 | Hilde Andersson | 11 | Leksands FIK | 3.45 | 3 | |
| 4 | Saga Wicksell | 11 | Enköpings AI | 3.27 | 4 | |
| 5 | Elsa Lönn | 11 | Boo IF | 3.19 | 5 | |
| 6 | Lily Ssempasa | 11 | Turebergs FK | 3.15 | 6 | PB |
| 7 | Joanna Osowski | 11 | Västerås FK | 3.14 | 7 | PB |
| 8 | Elin Jansson | 11 | Kungsängen FK | 3.11 | 8 | |
| 9 | Nellie Eiving | 11 | Åkersberga SK | 3.02 | 9 | |
| 10 | Moa Hedblad | 11 | Västerås FK | 3.00 | 10 | PB |
| 11 | Nova Westman | 11 | Ösmo Nynäs FK | 2.90 | 11 | |
| 12 | Millie Rosengren | 11 | Västerås FK | 2.89 | 12 | |
| 13 | Alma Aarenstrup | 11 | Västerås FK | 2.87 | 13 | 2,73 |
| 14 | Ebba Nisbeth | 11 | Västerås FK | 2.87 | 14 | 2,66 |
| 15 | Emma Lindström | 11 | Västerås FK | 2.86 | 15 | |
| 16 | Linn Olsson | 11 | Västerås FK | 2.80 | 16 | |
| 17 | Emelie Kindblom | 11 | Västerås FK | 2.77 | 17 | |
| 18 | Ann-Katrin Surovtseva Sander | 11 | Kungsängen FK | 2.71 | 18 | |
| 19 | Vilma Harry | 11 | Västerås FK | 2.70 | 19 | |
| 20 | Julie Zäll | 11 | Åkersberga SK | 2.65 | 20 | |
| 21 | Tilda Bretz | 11 | Kungsängen FK | 2.64 | 21 | 2,59 |
| 22 | Wilma Zelin Hillbom | 11 | Alunda SK | 2.64 | 22 | 2,55 |
| 23 | Mija Wright | 11 | Västerås FK | 2.61 | 23 | |
| 24 | Tessa Pettersson | 11 | Västerås FK | 2.56 | 24 | |
| 25 | Elsie Wright | 11 | Västerås FK | 2.53 | 25 | |
| 26 | Emma Örell | 11 | Bålsta IK | 2.43 | 26 | |
| 27 | Malva Karlsson | 11 | Västerås FK | 2.22 | 27 | |
| 28 | Tora Gyrulf | 11 | Estuna IF | 2.15 | 28 | |
| 29 | Emilia Bäckryd | 11 | Kungsängen FK | 2.13 | 29 | |
| - | Hilma Lindgren | 11 | Västerås FK | DNS | - | |
| - | Isabella Ahlgren | 11 | Västerås FK | DNS | - | |
| M. Envall | 3.35 | 3.42 | 3.50 | 3.34 | | |
| H. Andersson | 3.34 | 3.32 | 3.45 | 2.52 | | |
| M. Wright | 2.61 | 2.54 | 2.52 | 2.60 | | |
| W. Zelin Hillbom | 2.40 | 2.55 | 2.42 | 2.64 | | |
| V. Harry | 2.70 | 2.64 | 2.53 | 2.32 | | |
| T. Bretz | 2.39 | 2.59 | 2.64 | 2.33 | | |
| J. Osowski | 2.94 | 3.14 | 3.07 | 3.09 | | |
| L. Ssempasa | 3.04 | 3.15 | 3.00 | 3.08 | | |
| A. Surovtseva Sander | 1.74 | 2.71 | 2.53 | 2.33 | | |
| E. Wright | 2.53 | 2.50 | 2.40 | 2.52 | | |
| S. Wicksell | 2.69 | 2.84 | 3.14 | 3.27 | | |
| I. Ahlgren | | | | | | |
| E. Kindblom | 2.70 | 2.77 | 2.63 | 2.67 | | |
| N. Westman | 2.80 | 2.90 | 2.76 | - | | |
| M. Öryd | 3.21 | 3.39 | 3.23 | 3.49 | | |
| L. Olsson | 2.61 | 2.49 | 2.41 | 2.80 | | |
| E. Lönn | 3.19 | 3.13 | 3.13 | 3.10 | | |
| N. Eiving | 3.02 | 2.92 | 2.81 | 3.02 | | |
| A. Aarenstrup | 2.87 | 2.49 | 2.73 | 2.65 | | |
| T. Gyrulf | 2.15 | 2.06 | 2.02 | 2.08 | | |
| E. Nisbeth | 2.87 | 2.60 | 2.60 | 2.66 | | |
| T. Pettersson | 2.56 | 2.29 | 2.44 | 2.43 | | |
| J. Zäll | 2.62 | 2.65 | 2.56 | 2.52 | | |
| E. Örell | 2.43 | 2.34 | - | - | | |
| H. Lindgren | | | | | | |
| E. Jansson | 2.83 | 2.96 | 2.97 | 3.11 | | |
| E. Lindström | 2.86 | 2.69 | 2.86 | 1.75 | | |
| E. Bäckryd | 2.10 | 2.13 | 2.12 | 2.04 | | |
| M. Rosengren | 2.86 | 2.84 | 2.68 | 2.89 | | |
| M. Karlsson | 2.22 | 2.01 | 2.06 | 2.10 | | |
| M. Hedblad | 2.62 | 2.61 | 2.51 | 3.00 | | |

Results

F9 Kula

2.0kg

2020-01-18

| | | | Tot | | | |
|----|---------------------------|----|---------------|------|----|------|
| 1 | Tora Gyrulf | 11 | Estuna IF | 6.09 | 1 | |
| 2 | Emmelie Andersson | 11 | Västerås FK | 5.76 | 2 | |
| 3 | Embla Allard | 12 | Västerås FK | 5.22 | 3 | |
| 4 | Emelie Kindblom | 11 | Västerås FK | 5.21 | 4 | PB |
| 5 | Maja Envall | 11 | Turebergs FK | 4.97 | 5 | |
| 6 | Millie Rosengren | 11 | Västerås FK | 4.57 | 6 | |
| 7 | Ebba Nisbeth | 11 | Västerås FK | 4.54 | 7 | |
| 8 | Felicia Larsson | 11 | Alunda SK | 4.51 | 8 | PB |
| 9 | Wilma Zelin Hillbom | 11 | Alunda SK | 4.47 | 9 | |
| 10 | Elsa Lönn | 11 | Boo IF | 4.42 | 10 | 4,39 |
| 11 | Elin Jansson | 11 | Kungsängen FK | 4.42 | 11 | 4,20 |
| 12 | Cajsa Bååttthe | 11 | Åkersberga SK | 4.36 | 12 | |
| 13 | Vilma Harry | 11 | Västerås FK | 4.33 | 13 | |
| 14 | Nellie Eiving | 11 | Åkersberga SK | 4.27 | 14 | PB |
| 15 | Tove Silfvast | 11 | Västerås FK | 4.17 | 15 | |
| 16 | Emilia Bäckryd | 11 | Kungsängen FK | 4.13 | 16 | |
| 17 | Emma Örell | 11 | Bålsta IK | 3.98 | 17 | |
| 18 | Moa Hedblad | 11 | Västerås FK | 3.94 | 18 | |
| 19 | Lily Ssempasa | 11 | Turebergs FK | 3.89 | 19 | |
| 20 | Carolin Andersson | 11 | Västerås FK | 3.87 | 20 | |
| 21 | Tilda Bretz | 11 | Kungsängen FK | 3.52 | 21 | |
| 22 | Matilda Berglind-Kernehed | 11 | Åkersberga SK | 3.47 | 22 | |
| - | Emma Lindström | 11 | Västerås FK | - | - | |
| - | Hilma Lindgren | 11 | Västerås FK | - | - | |
| - | Hilde Andersson | 11 | Leksands FIK | - | - | |

| | | | | | |
|----------------------|------|------|------|------|--|
| E. Kindblom | 5.04 | 4.68 | 4.59 | 5.21 | |
| L. Ssempasa | 3.57 | 3.86 | 3.89 | 3.85 | |
| C. Andersson | 3.56 | 3.67 | 3.78 | 3.87 | |
| T. Silfvast | 3.67 | 4.17 | 4.08 | 4.15 | |
| E. Örell | 3.65 | 3.98 | 3.75 | 3.83 | |
| M. Envall | 4.48 | 4.97 | 4.78 | x | |
| E. Allard | 4.82 | 5.22 | 5.12 | 5.19 | |
| H. Andersson | | | | | |
| F. Larsson | 4.19 | 4.51 | 4.39 | 4.42 | |
| T. Gyrulf | 5.05 | 5.47 | 5.74 | 6.09 | |
| M. Berglind-Kernehed | x | x | 3.47 | 3.47 | |
| E. Lönn | 4.32 | 4.42 | 4.18 | 4.39 | |
| W. Zelin Hillbom | 3.86 | 3.58 | 4.16 | 4.47 | |
| M. Rosengren | 4.57 | 4.20 | 3.63 | 3.87 | |
| E. Lindström | | | | | |
| E. Bäckryd | 3.81 | 3.77 | 3.60 | 4.13 | |
| E. Nisbeth | 4.44 | 4.53 | 4.54 | 4.24 | |
| E. Andersson | 5.23 | 5.38 | 5.69 | 5.76 | |
| E. Jansson | 4.42 | 4.19 | 3.65 | 4.20 | |
| H. Lindgren | | | | | |
| N. Eiving | 4.27 | 3.79 | 3.58 | x | |
| M. Hedblad | 3.94 | 3.79 | 3.83 | x | |
| C. Bååttthe | x | 4.01 | x | 4.36 | |
| V. Harry | 4.33 | 4.30 | 3.87 | x | |
| T. Bretz | x | 3.50 | 3.52 | 3.23 | |

Results

F8 60 m

2020-01-18

Försök 1

Tot

| | | | | | |
|---|----------------------|----|---------------|---------|----|
| 1 | Astrid Nilsson White | 12 | IFK Lidingö | 10.82 q | 2 |
| 2 | Elicia Backlund | 13 | Ösmo Nynäs FK | 11.27 q | 6 |
| 3 | Hanna Gruber | 12 | Turebergs FK | 11.51 q | 8 |
| 4 | Felicia Karlsson | 12 | Västerås FK | 11.83 | 11 |
| 5 | Alva Åkesson | 12 | Åkersberga SK | 11.86 | 12 |
| 6 | Stina Persson | 12 | Estuna IF | 11.91 | 13 |
| 7 | Vera Mandorf | 14 | Bålsta IK | 14.19 | 18 |

Försök 2

Tot

| | | | | | |
|---|--------------------------|----|---------------|---------|----|
| 1 | Ida Wärn | 12 | IFK Lidingö | 11.40 q | 7 |
| 2 | Meja Kjöraas | 12 | Bålsta IK | 11.74 | 9 |
| 3 | Linn Glans | 12 | Åkersberga SK | 11.75 | 10 |
| 4 | Siri Asph Hennerdal | 12 | Västerås FK | 11.91 | 13 |
| 5 | Tindra Berglind-Kernehed | 12 | Åkersberga SK | 12.43 | 16 |
| - | Tuva Kruse | 12 | Bålsta IK | DNF | - |

Försök 3

Tot

| | | | | | |
|---|-----------------|----|-----------------|---------|----|
| 1 | Melody Wahlberg | 13 | Österhaninge IF | 10.24 q | 1 |
| 2 | Sigrid Thelin | 12 | Västerås FK | 10.89 q | 3 |
| 3 | Elise Wedin | 12 | Turebergs FK | 11.05 q | 4 |
| 4 | Embla Allard | 12 | Västerås FK | 11.07 q | 5 |
| 5 | Edith Dahlberg | 12 | Västerås FK | 11.96 | 15 |
| 6 | Selma Frisk | 13 | Bålsta IK | 12.66 | 17 |

F8 60 m

2020-01-18

Final

Tot

| | | | | | |
|---|----------------------|----|-----------------|-------|---|
| 1 | Melody Wahlberg | 13 | Österhaninge IF | 10.25 | 1 |
| 2 | Astrid Nilsson White | 12 | IFK Lidingö | 10.84 | 2 |
| 3 | Sigrid Thelin | 12 | Västerås FK | 10.94 | 3 |
| 4 | Elise Wedin | 12 | Turebergs FK | 10.96 | 4 |
| 5 | Elicia Backlund | 13 | Ösmo Nynäs FK | 11.05 | 5 |
| 6 | Embla Allard | 12 | Västerås FK | 11.18 | 6 |
| 7 | Ida Wärn | 12 | IFK Lidingö | 11.30 | 7 |
| 8 | Hanna Gruber | 12 | Turebergs FK | 11.50 | 8 |

Results

F8 400 m

2020-01-18

Försök 1

| | | | | Tot | |
|---|------------------|----|---------------|--------|----|
| 1 | Ida Wärn | 12 | IFK Lidingö | 91.63 | 4 |
| 2 | Linn Glans | 12 | Åkersberga SK | 95.16 | 5 |
| 3 | Edith Dahlberg | 12 | Västerås FK | 95.37 | 6 |
| 4 | Hanna Gruber | 12 | Turebergs FK | 101.07 | 9 |
| 5 | Selma Frisk | 13 | Bålsta IK | 110.58 | 11 |
| 6 | Felicia Karlsson | 12 | Västerås FK | 122.40 | 12 |

Försök 2

| | | | | Tot | |
|---|----------------------|----|-----------------|--------|----|
| 1 | Embla Allard | 12 | Västerås FK | 80.71 | 1 |
| 2 | Melody Wahlberg | 13 | Österhaninge IF | 89.16 | 2 |
| 3 | Meja Kjöraas | 12 | Bålsta IK | 91.00 | 3 |
| 4 | Astrid Nilsson White | 12 | IFK Lidingö | 95.88 | 7 |
| 5 | Sigrid Thelin | 12 | Västerås FK | 96.43 | 8 |
| 6 | Stina Persson | 12 | Estuna IF | 102.03 | 10 |

F8 Längd

zon

2020-01-18

| | | | | Tot | | |
|----|----------------------|----|-----------------|------|----|------|
| 1 | Melody Wahlberg | 13 | Österhaninge IF | 3.07 | 1 | |
| 2 | Sigrid Thelin | 12 | Västerås FK | 2.92 | 2 | |
| 3 | Astrid Nilsson White | 12 | IFK Lidingö | 2.89 | 3 | |
| 4 | Elicia Backlund | 13 | Ösmo Nynäs FK | 2.86 | 4 | |
| 5 | Embla Allard | 12 | Västerås FK | 2.82 | 5 | |
| 6 | Elise Wedin | 12 | Turebergs FK | 2.79 | 6 | |
| 7 | Alva Åkesson | 12 | Åkersberga SK | 2.65 | 7 | |
| 8 | Ida Wärn | 12 | IFK Lidingö | 2.60 | 8 | |
| 9 | Edith Dahlberg | 12 | Västerås FK | 2.56 | 9 | |
| 10 | Linn Glans | 12 | Åkersberga SK | 2.47 | 10 | |
| 11 | Stina Persson | 12 | Estuna IF | 2.42 | 11 | 2,33 |
| 12 | Hanna Gruber | 12 | Turebergs FK | 2.42 | 12 | 2,29 |
| 13 | Agnes Gunnarsson | 12 | Alunda SK | 2.37 | 13 | |
| 14 | Meja Kjöraas | 12 | Bålsta IK | 2.33 | 14 | |
| 15 | Siri Asph Hennerdal | 12 | Västerås FK | 2.27 | 15 | |
| 16 | Selma Frisk | 13 | Bålsta IK | 1.99 | 16 | |
| 17 | Tyra Eriksson | 13 | Rånäs 4H | 1.97 | 17 | |
| - | Tilde Lundén | 12 | Västerås FK | DNS | - | |
| - | Tuva Kruse | 12 | Bålsta IK | DNS | - | |

| | | | | |
|-------------------|------|------|------|------|
| E. Wedin | 2.66 | 2.79 | 2.73 | 2.54 |
| S. Frisk | 1.63 | 1.72 | 1.99 | 1.88 |
| T. Lundén | | | | |
| E. Dahlberg | 2.50 | 2.56 | 2.55 | 2.17 |
| E. Allard | 2.76 | 2.69 | 2.71 | 2.82 |
| A. Gunnarsson | - | 2.37 | 2.00 | 2.14 |
| A. Nilsson White | 2.89 | 2.85 | 2.89 | x |
| H. Gruber | 2.21 | 2.17 | 2.29 | 2.42 |
| A. Åkesson | 2.65 | 2.42 | 2.08 | 2.54 |
| S. Asph Hennerdal | 2.27 | 2.01 | 1.75 | 2.17 |
| M. Wahlberg | 2.98 | 2.87 | 3.07 | 2.94 |
| M. Kjöraas | 1.93 | 2.24 | 2.18 | 2.33 |
| T. Kruse | | | | |
| T. Eriksson | 1.85 | 1.84 | 1.93 | 1.97 |
| E. Backlund | 2.35 | 2.57 | 2.60 | 2.86 |
| S. Persson | 2.42 | 2.26 | 2.14 | 2.33 |
| L. Glans | 2.40 | 2.42 | 2.47 | x |
| I. Wärn | 2.49 | 2.47 | 2.44 | 2.60 |
| S. Thelin | 2.64 | 2.53 | 2.71 | 2.92 |

Results

M/Kvet 4 x 200m

2020-01-19

Försök 1

| | | | | | Tot |
|---|---------------------------|----|--------------|---------|-----|
| 1 | Hanvikens SK K Lag 2 | 00 | Hanvikens SK | 1:56.57 | 6 |
| | 1 Linnéa Boqvist | | 05 | | |
| | 2 Ella Bennett | | 03 | | |
| | 3 Alice Lind | | 03 | | |
| | 4 Emma Fogdö | | 06 | | |
| 2 | Hanvikens SK K Lag 3 | 00 | Hanvikens SK | 2:04.69 | 7 |
| | 1 Emma Walfridsson | | 04 | | |
| | 2 Alice Arvidsson | | 06 | | |
| | 3 Ella Nilsson | | 03 | | |
| | 4 Filippa Gil | | 04 | | |
| 3 | Bålsta IK K40 | 00 | Bålsta IK | 2:10.37 | 8 |
| | 1 Anna Widell | | 76 | | |
| | 2 Sara Kiesbye | | 77 | | |
| | 3 Kristina Glantz-Nilsson | | 75 | | |
| | 4 Elisabeth Mandorf | | 76 | | |

Försök 2

| | | | | | Tot |
|---|----------------------|----|-----------------|---------|-----|
| 1 | Råby-Rekarne FIF Mix | 00 | Råby-Rekarne FI | 1:43.25 | 2 |
| | 1 Rebecka Essman | | 03 | | |
| | 2 Olle Ek | | 02 | | |
| | 3 Maja Åskag | | 02 | | |
| | 4 Markus Åskag | | 02 | | |
| 2 | Hanvikens SK K Lag 1 | 00 | Hanvikens SK | 1:53.60 | 4 |
| | 1 Felicia Johansson | | 04 | | |
| | 2 Felicia Renman | | 06 | | |
| | 3 Ida Tuving | | 05 | | |
| | 4 Thea Katsoulaki | | 04 | | |
| 3 | Hanvikens SK M Lag 2 | 00 | Hanvikens SK | 1:54.86 | 5 |
| | 1 Ludvig Danielsson | | 06 | | |
| | 2 Jonathan Hurlig | | 05 | | |
| | 3 Teodor Nyman | | 05 | | |
| | 4 Ludvig Schönning | | 04 | | |

Försök 3

| | | | | | Tot |
|---|-----------------------|----|---------------|---------|-----|
| 1 | Västerås FK M | 00 | Västerås FK | 1:36.29 | 1 |
| | 1 Tim Singmandeewised | | 02 | | |
| | 2 Lucas Ulegård | | 03 | | |
| | 3 Patric Hjort | | 93 | | |
| | 4 Melker Andersson | | 00 | | |
| 2 | Hanviken SK M Lag 1 | 00 | Hanvikens SK | 1:43.56 | 3 |
| | 1 Oscar Niklasson | | 04 | | |
| | 2 Adam Eriksson | | 04 | | |
| | 3 Ali Diakite | | 06 | | |
| | 4 Linus Fondin | | 05 | | |
| - | Spårvägen FK M50 | 00 | Spårvägens FK | DQ | - |
| | 1 Peter Johansson | | 69 | | |
| | 2 Mårten Skogman | | 67 | | |
| | 3 Mattias Sunneborn | | 70 | | |
| | 4 Anssi Lehtevä | | 66 | | |

Results

M/Kvet 4 x 200m

2020-01-19

| Extra | | | | | Tot |
|-------|-------------------------|----|---------------|---------|-----|
| 1 | Västerås FK Utmanarna M | 00 | Västerås FK | 1:34.76 | 1 |
| | 1 Lucas Nordsen | | 99 | | |
| | 2 Lucas Ulegård | | 03 | | |
| | 3 Patrik Hjort | | 90 | | |
| | 4 Henrik Skoog | | 04 | | |
| 2 | Spårvägen FK M50 | 00 | Spårvägens FK | 1:37.30 | 2 |
| | 1 Peter Johanson | | 69 | | |
| | 2 Mårten Skogman | | 67 | | |
| | 3 Mattias Sunneborn | | 70 | | |
| | 4 Anssi Lehtevä | | 66 | | |